



Roma, 8 e 9 Novembre 2019

L'INTESTINO PERMEABILE: LA BARRIERA ALTERATA.

LA BARRIERA MUCOSA INTESTINALE:

**MORFOLOGIA E FUNZIONI NEL NORMALE, NELLE
ALTERAZIONI DELLA PERMEABILITA' E NEL «LEAKY GUT»**

GIOVANNI GASBARRINI

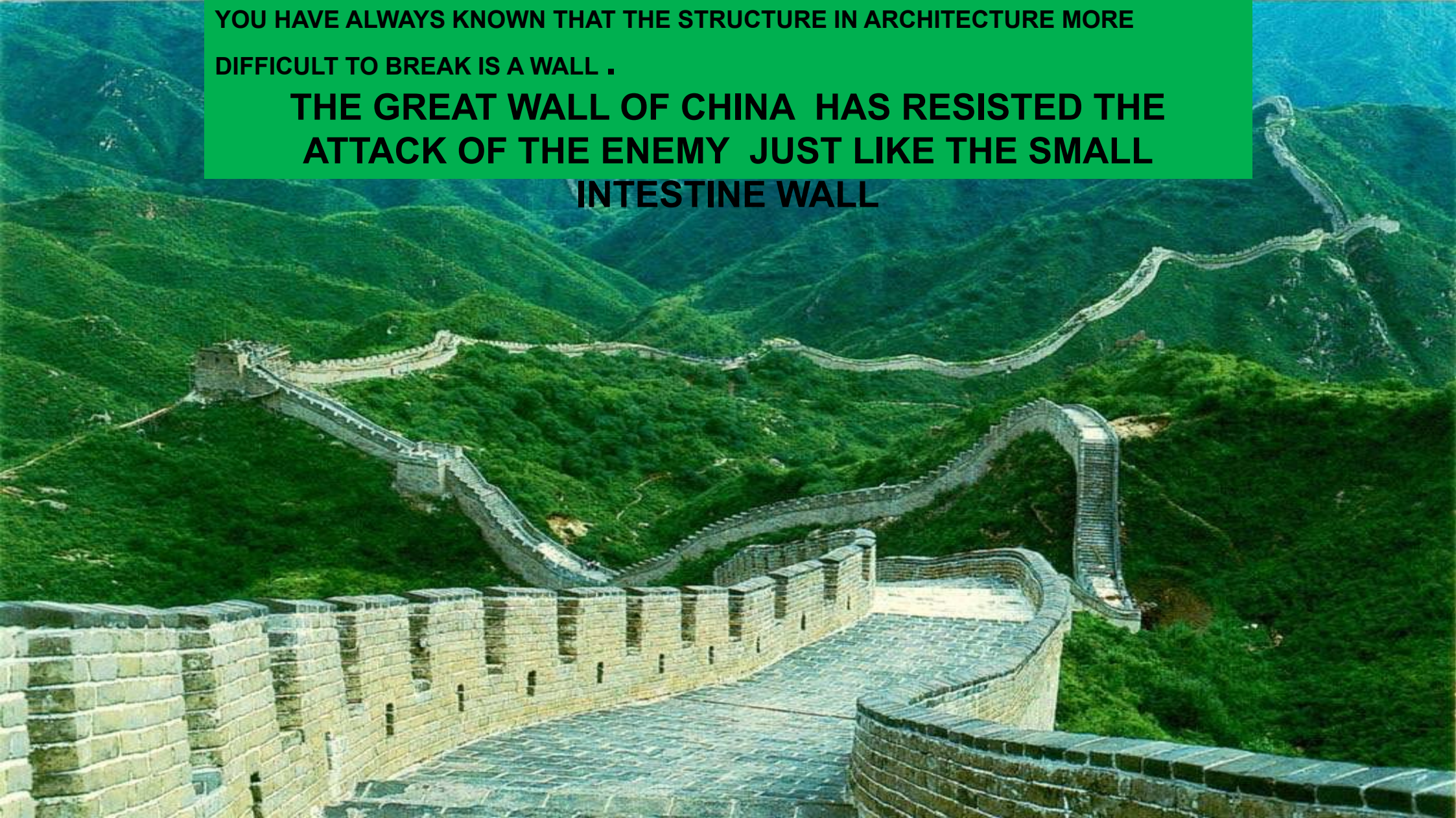
Professore Emerito di Medicina Interna, Roma



LA BARRIERA MUCOSA

**YOU HAVE ALWAYS KNOWN THAT THE STRUCTURE IN ARCHITECTURE MORE
DIFFICULT TO BREAK IS A WALL .**

**THE GREAT WALL OF CHINA HAS RESISTED THE
ATTACK OF THE ENEMY JUST LIKE THE SMALL
INTESTINE WALL**

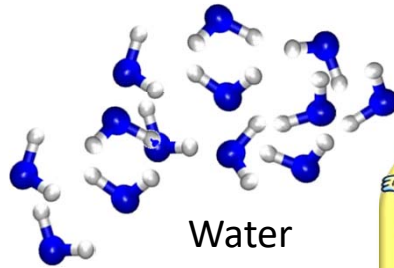




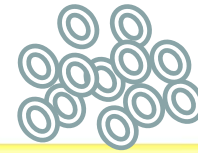
Bad bacteria



Food antigens



Water

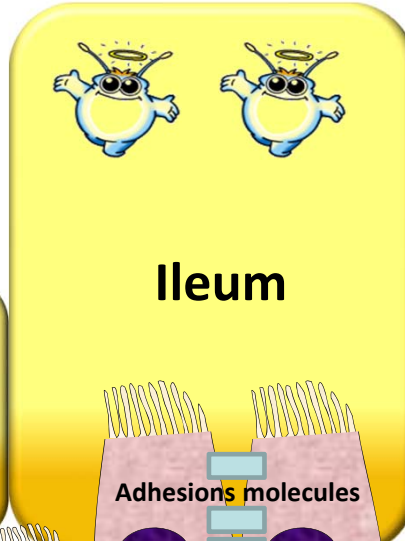


Bile acids

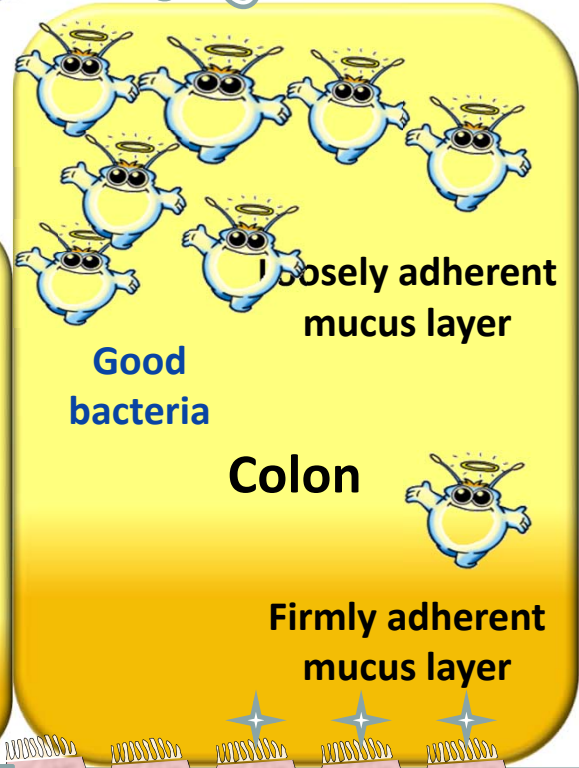
Lumen



Food antigens



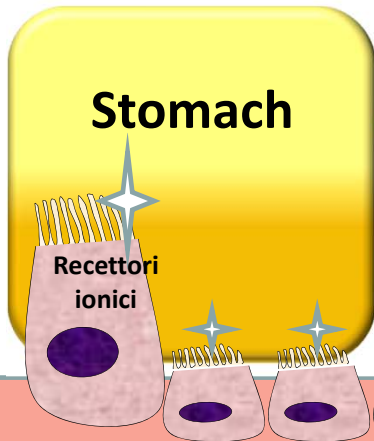
Good bacteria



Loosely adherent mucus layer

Colon

Firmly adherent mucus layer

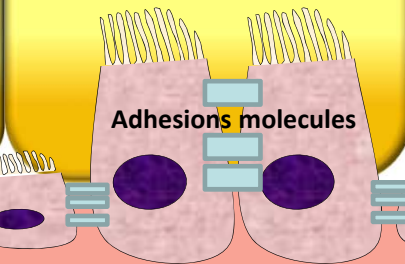


Stomach

Recettori ionici

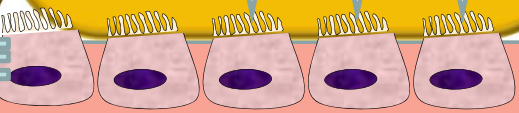


Duodenum and Jejunum



Ileum

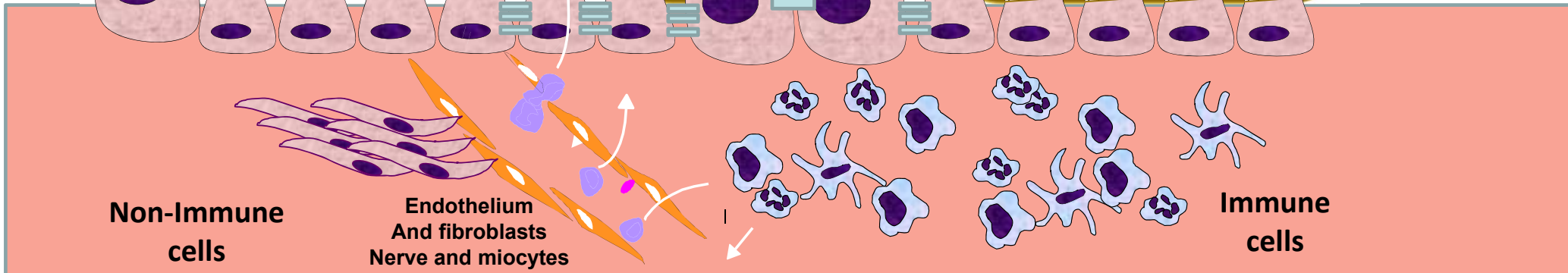
Adhesions molecules



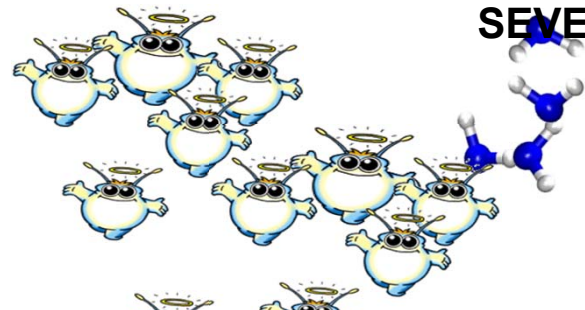
Non-Immune cells

Endothelium And fibroblasts Nerve and miocytes

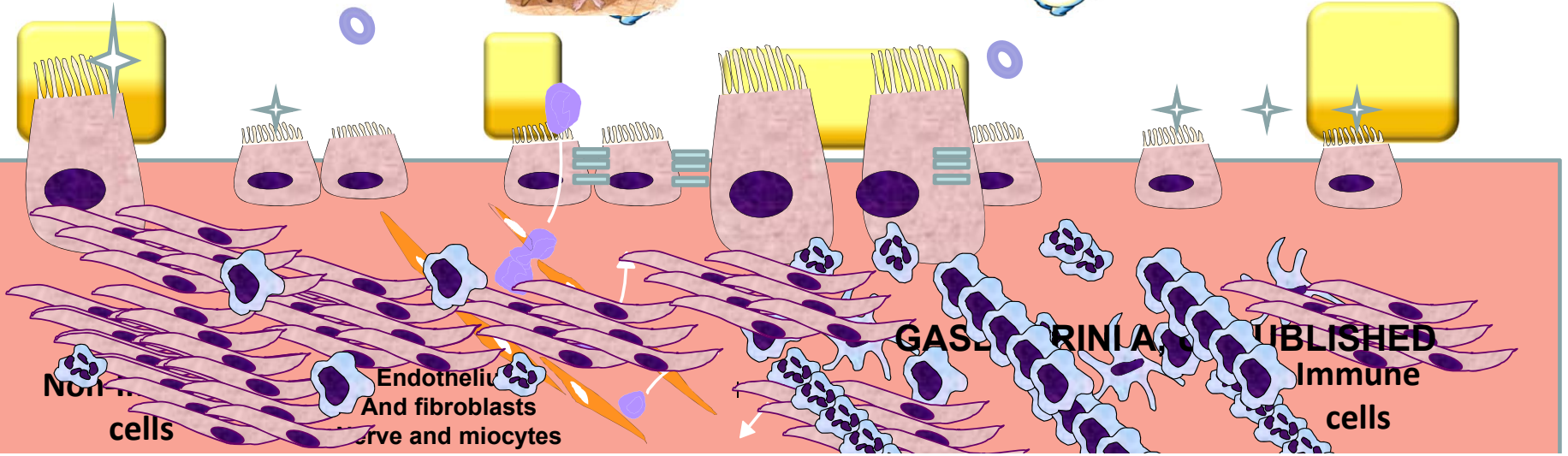
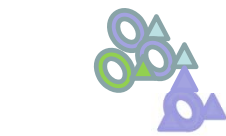
Immune cells



SEVERE LEAKY GUT AND DYSBIOSIS



Lumen



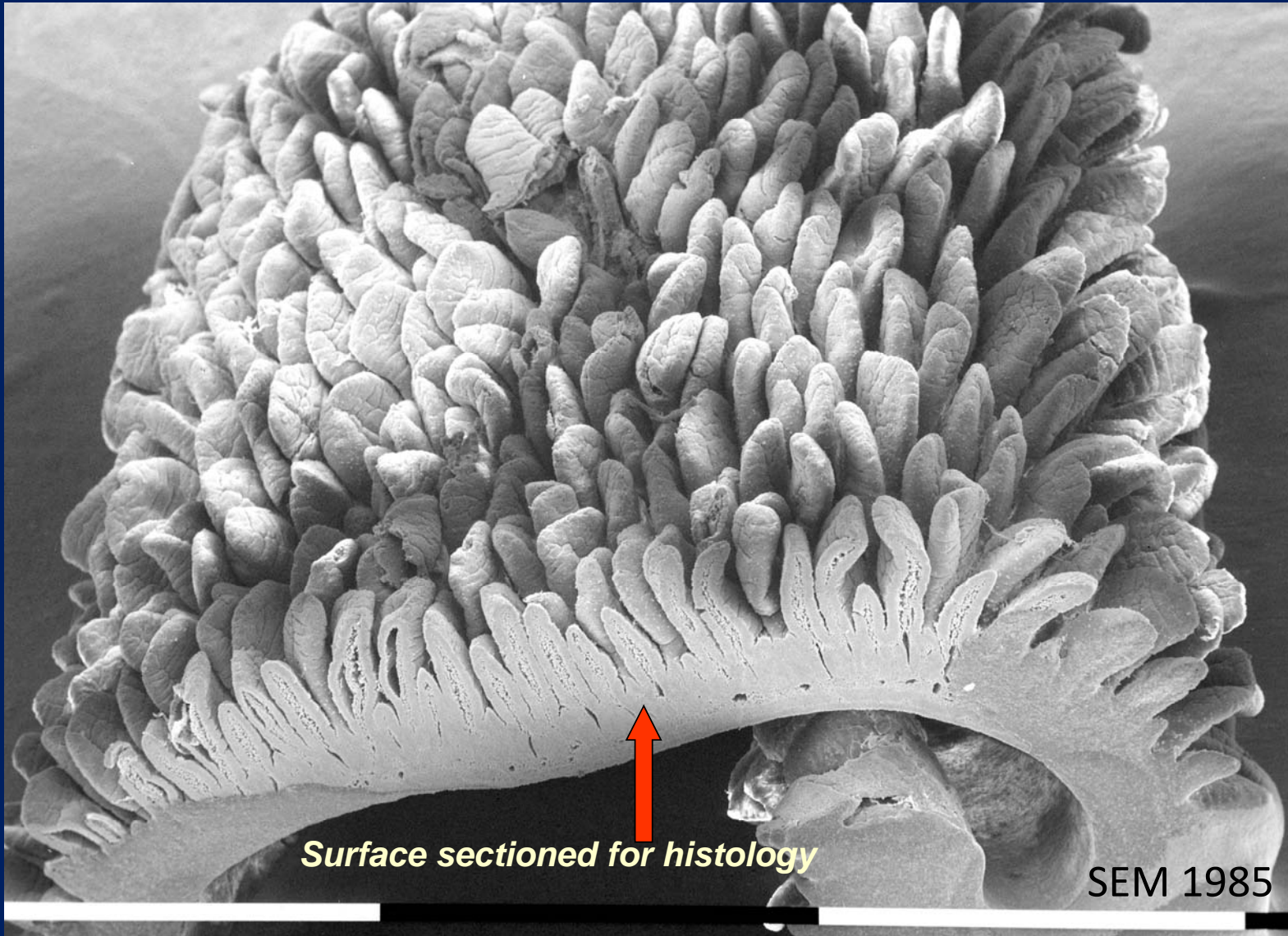
Non-epithelial cells

Endothelial cells and fibroblasts and myocytes

GASPERINIA

PUBLISHED Immune cells

L'INTESTINO TENUE



Surface sectioned for histology

SEM 1985

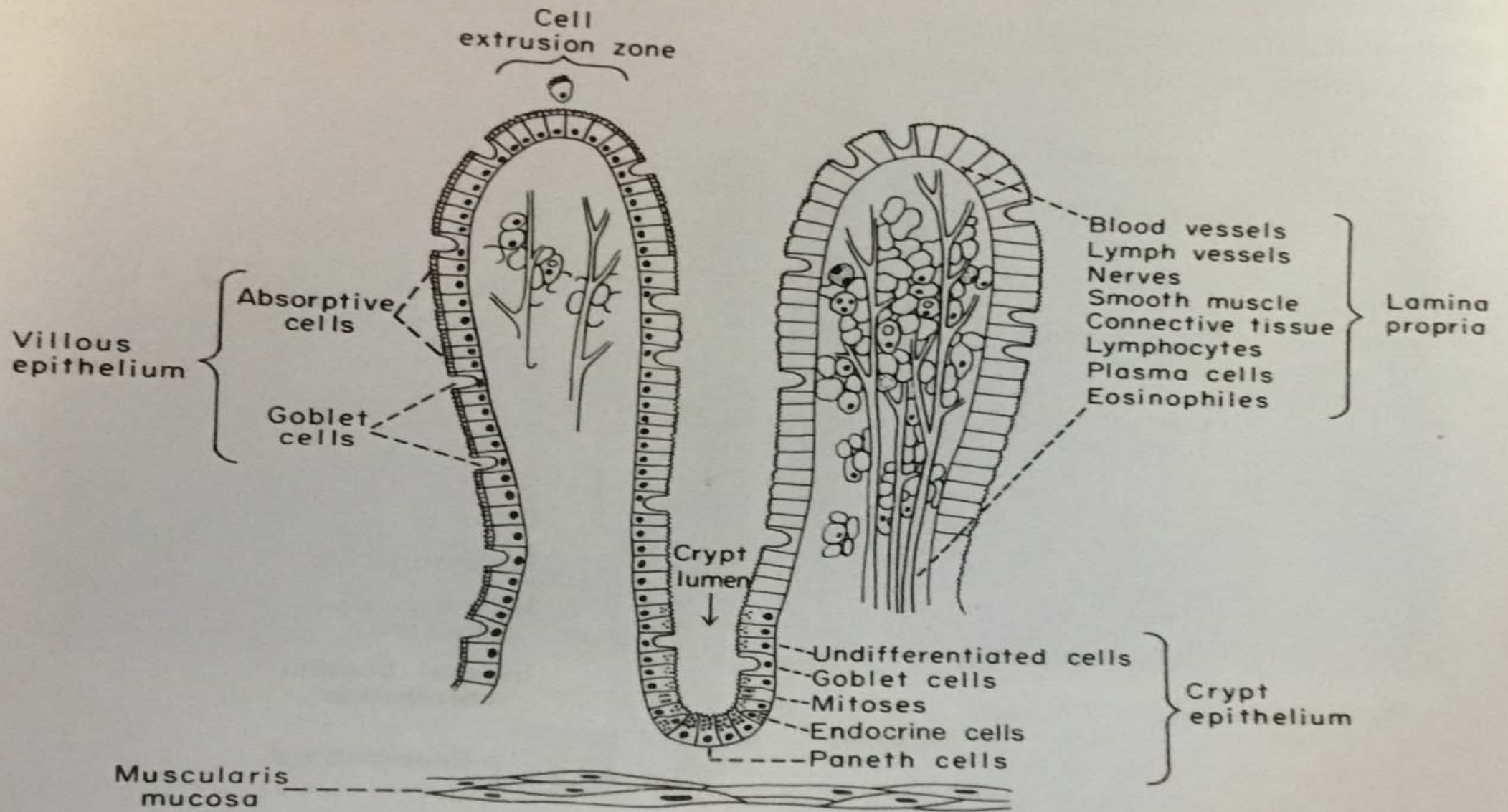


Figure 1 Schematic diagram of two sectioned villi and a crypt illustrating the histological organization of the mucosa of the small intestine.

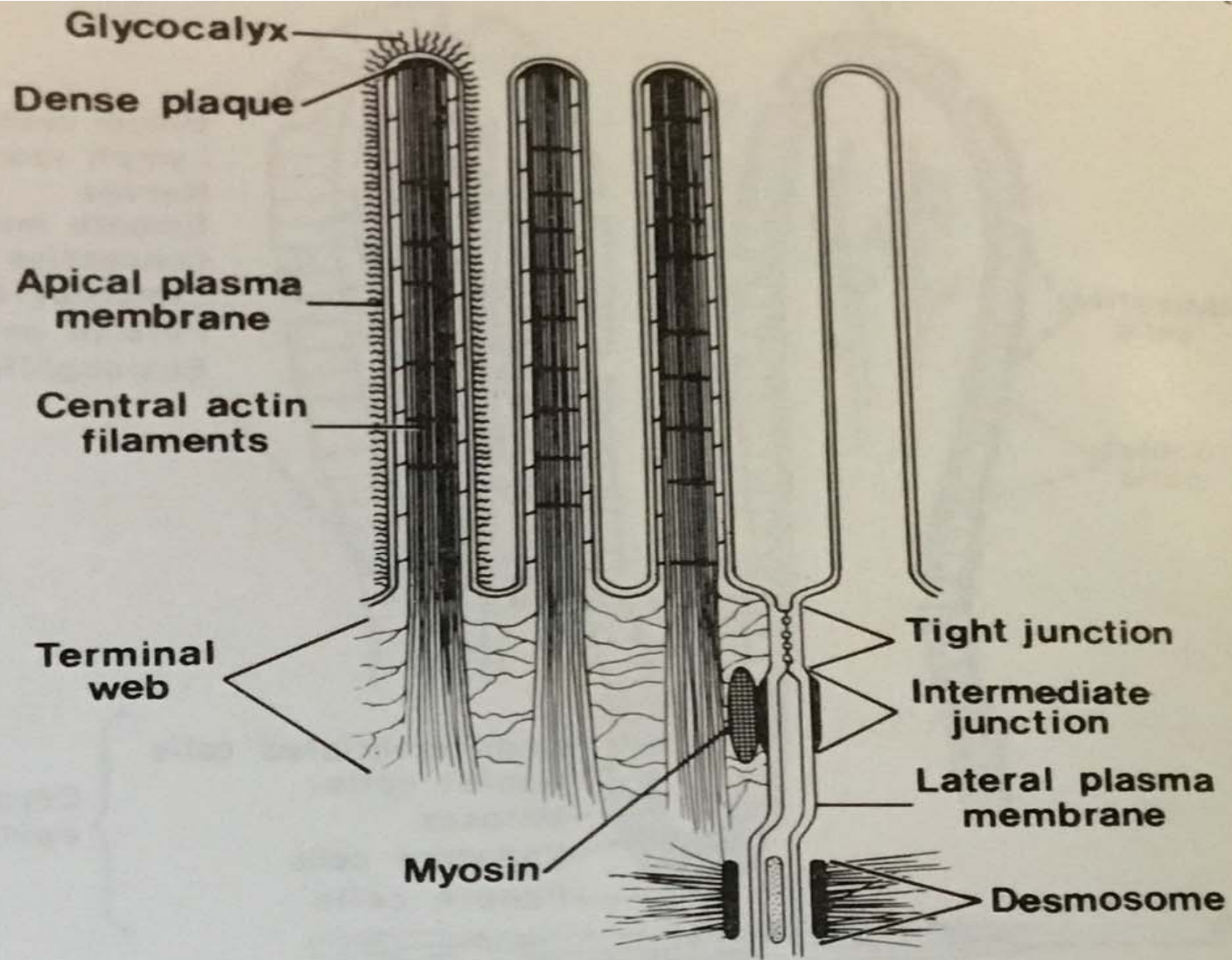


Figure 2 Schematic diagram of the structural features of the apical plasma membrane, the microvilli, the terminal web and the junctional complexes of intestinal absorptive cells.

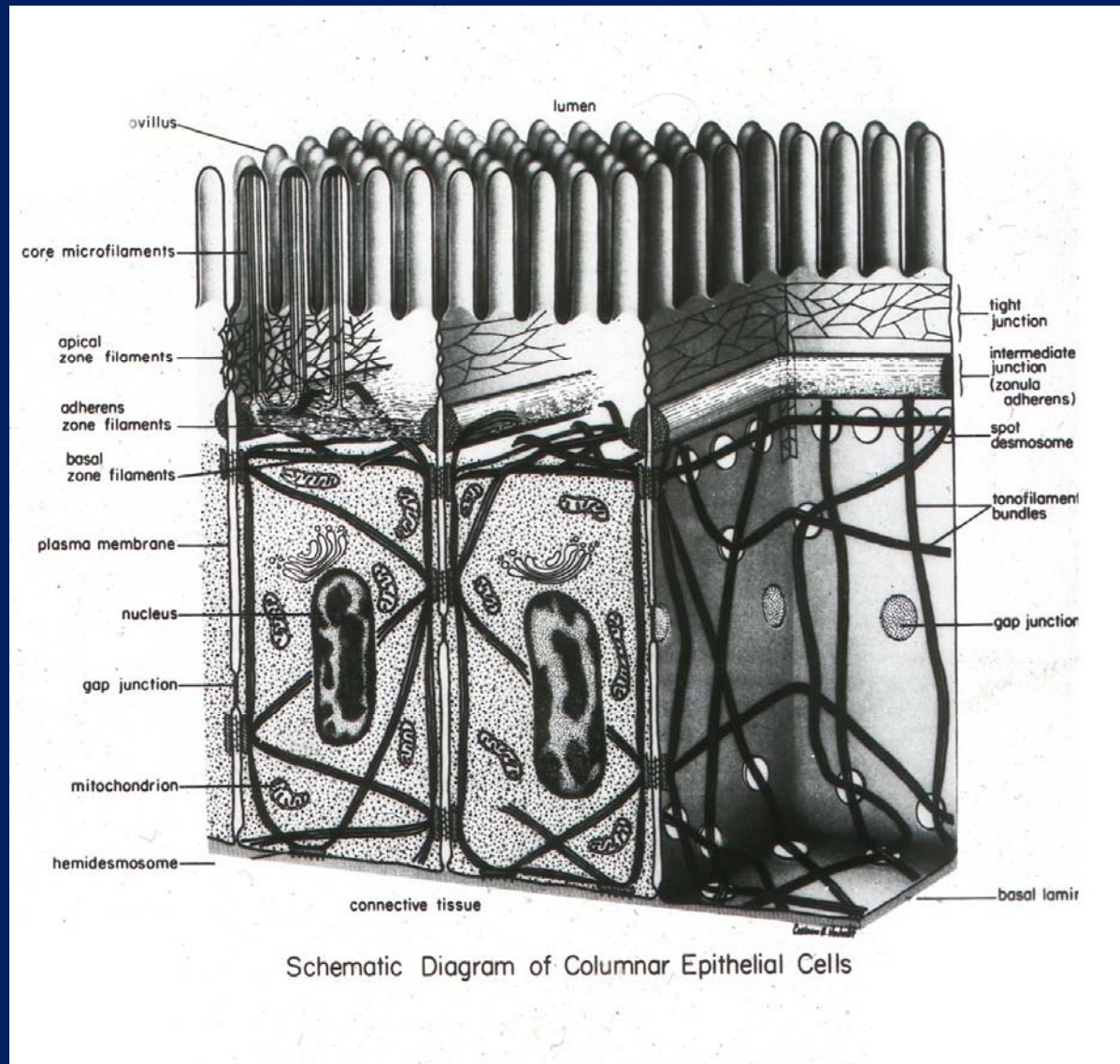


Figure 3 Freeze-fracture replicas of the apical surface of a villus absorptive cell (left) and an undifferentiated crypt cell (right). Many more intramembrane protein particles are associated with the convex protoplasmic membrane face (P) which covers the microvillus core than with the concave external membrane face (E). P face particles are more numerous in microvillus membranes of absorptive cells (left) than in those of undifferentiated crypt cells (right). E face particle density is comparable in both sites. The upper portion of the absorptive cell tight junction with its cross-linked strands is evident at the bottom of the micrograph on the left (83,000 X).

Cytoskeleton interacts with extracellular matrix, promotes :
-enterocyte plasma membrane homeostasis,
-enterocyte migration

Tight junctions promote adhesion between the enterocytes

- Actin filaments connected to apical junctional complex allow microvilli contraction
- Desmosome tonofilaments give stability to the cell



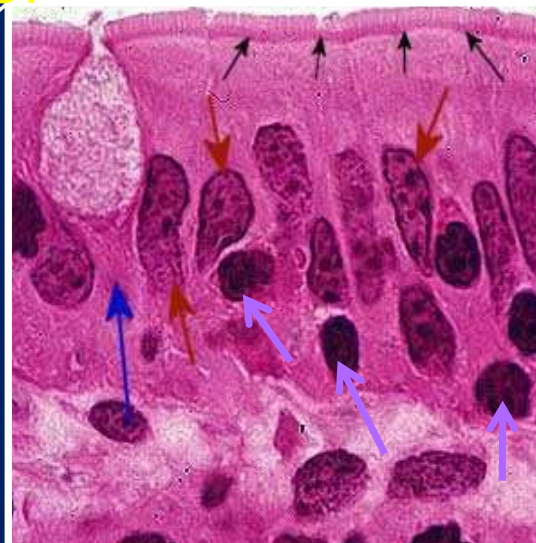
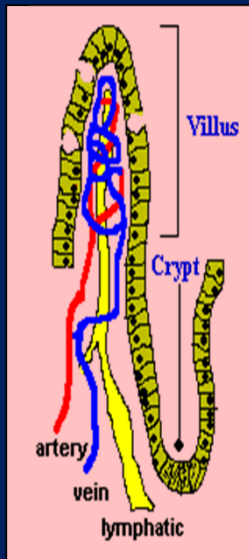
MUCOSAL BARRIER: INTEGRITY OF ENTEROCYTES AND BRUSH BORDER



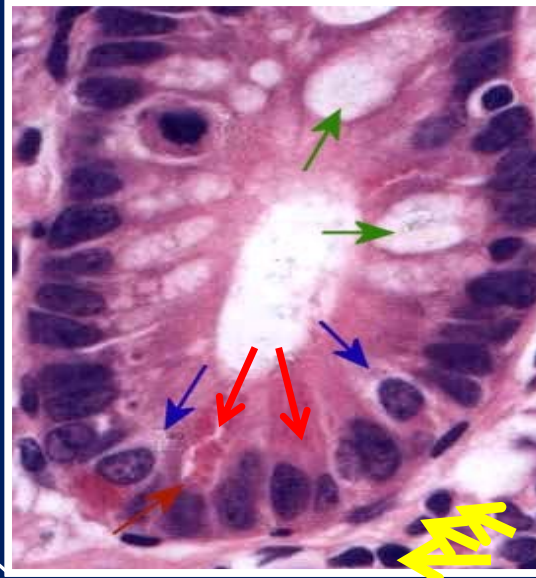


GASBARRINI G. 1966

SPECIALIZED CELLS OF VILLUS AND CRYPT

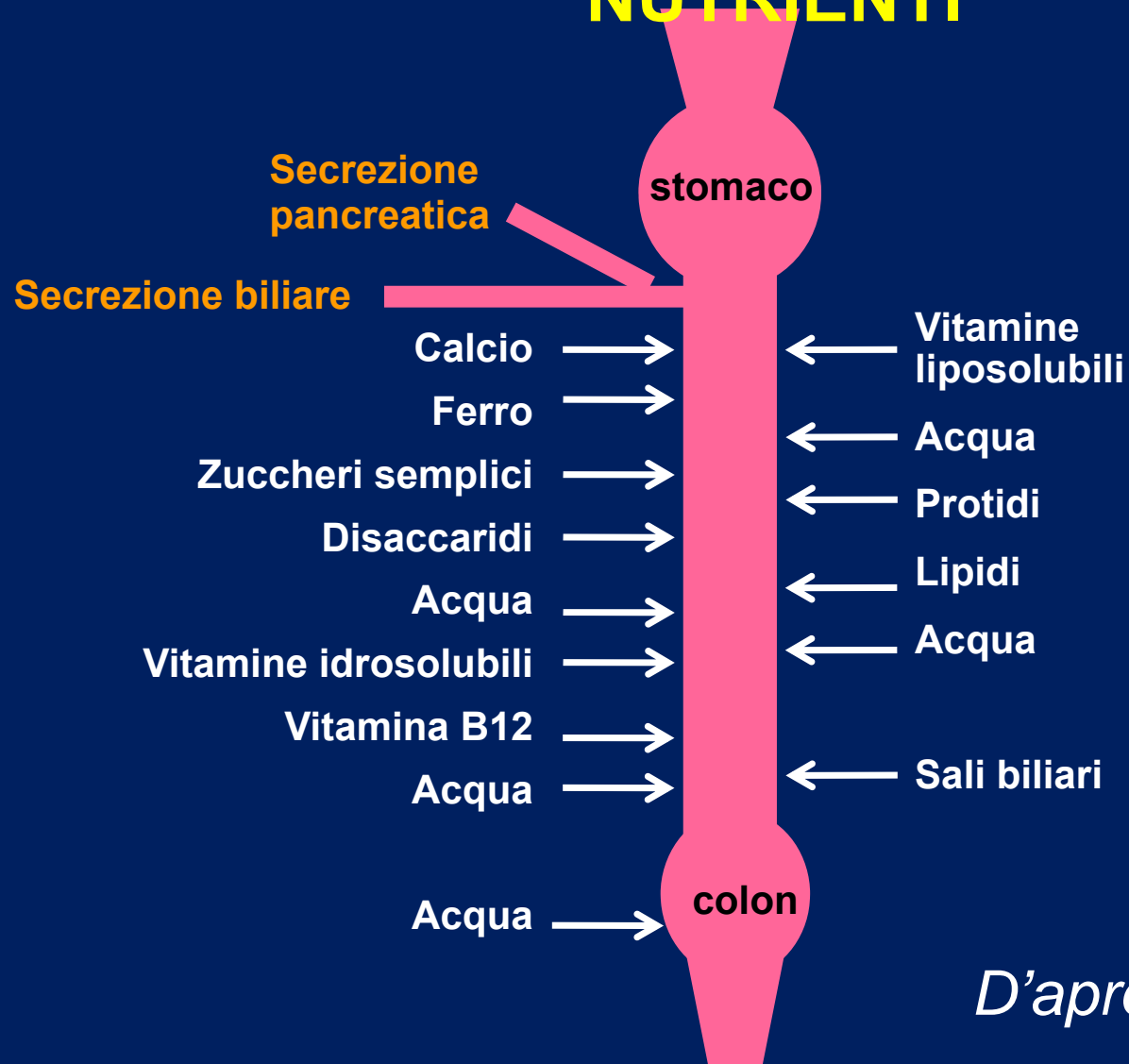


- ENTEROCYTES
- INTRAEPITHELIAL LYMPHOCYTES
- GOBLET CELLS



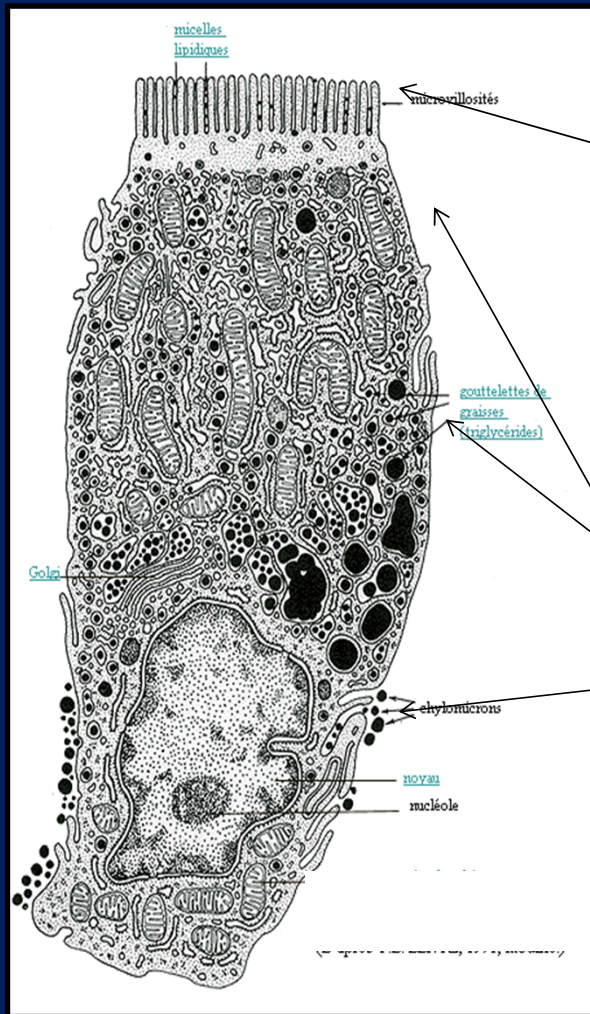
- ENDOCRINE CELLS
- GOBLET CELLS
- PANETH CELLS
- LAMINA PROPRIA LYMPHOCYTES

SEDI DELL'ASSORBIMENTO DEI NUTRIENTI



D'après C.C., 1968

Gli enterociti



- **Cellule colonnari altamente specializzate**

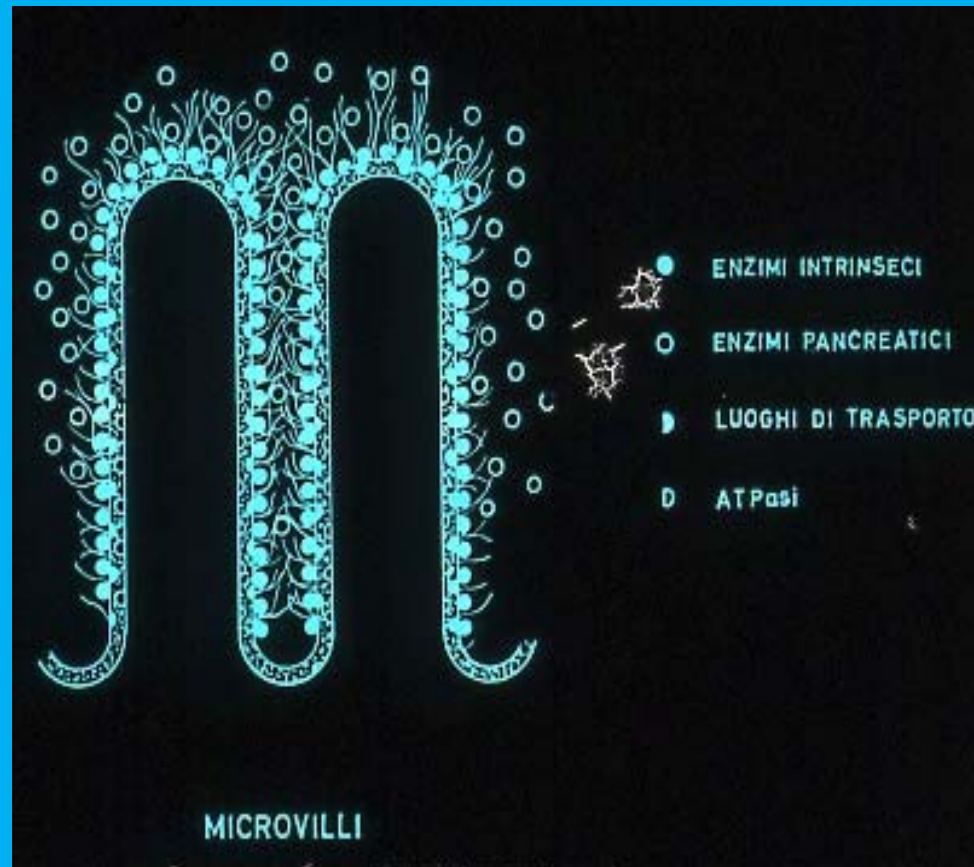
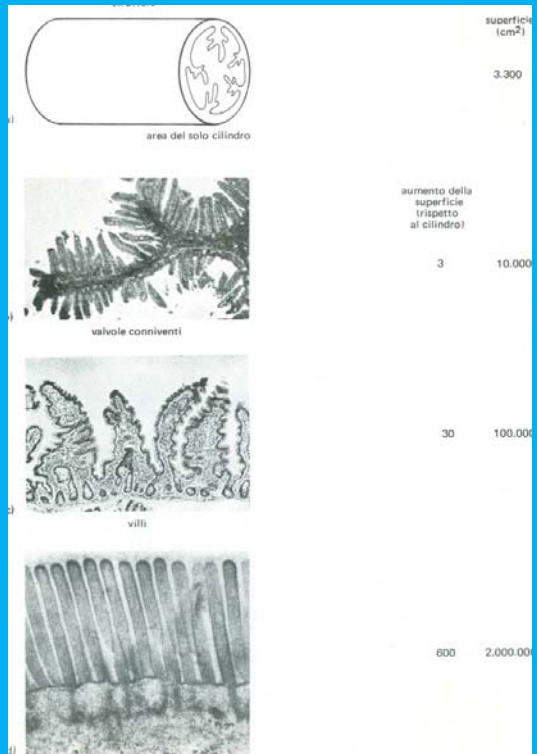
- **Membrana luminale ripiegata in numerosi microvilli che incrementano di 600 volte la superficie intestinale (brush border)**

- **Ruolo chiave nei processi di assorbimento dei nutrienti, vitamine e d elettroliti**

- **Strutture di adesione cellulare**

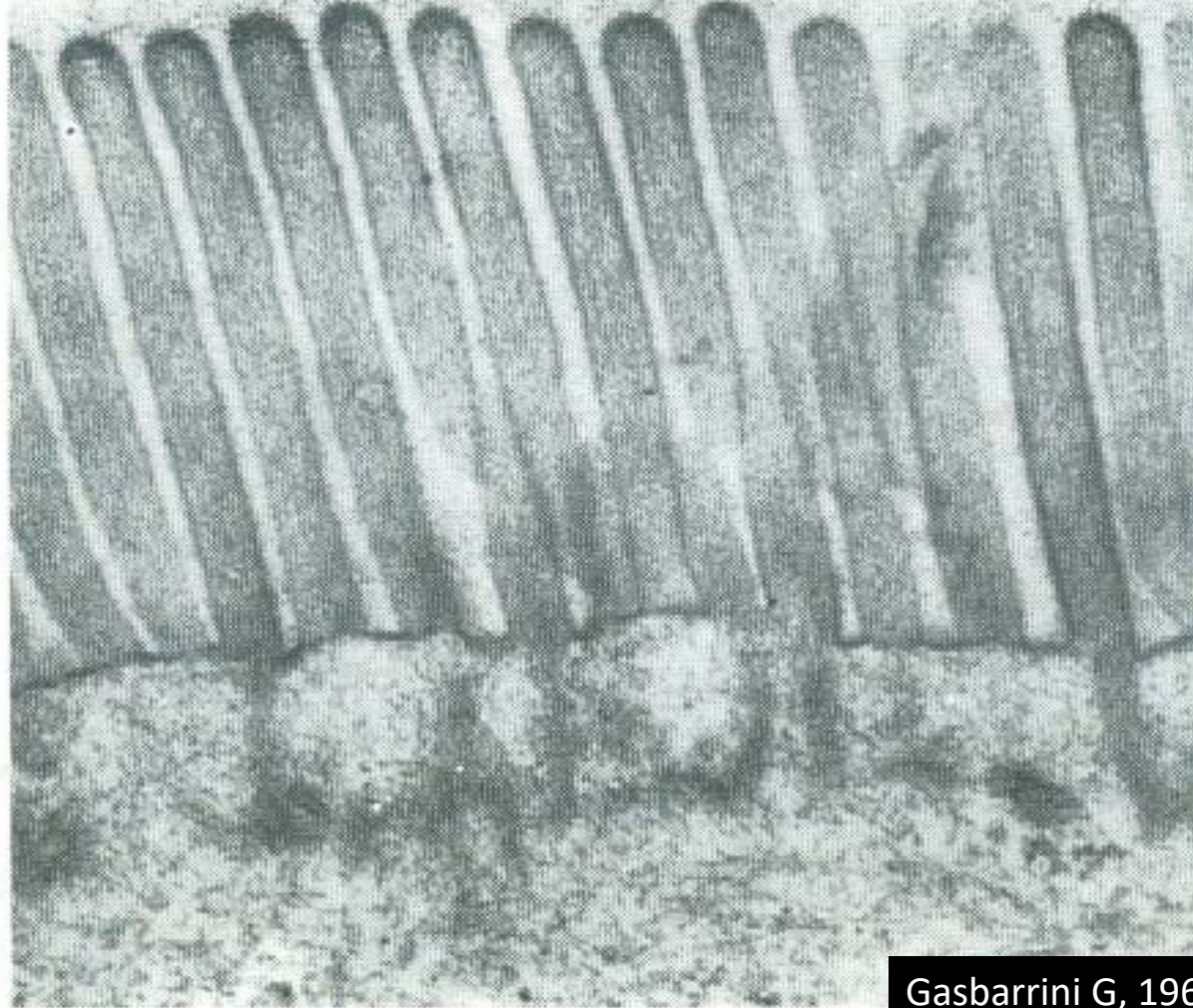
- **Recettori per ormoni e neurotrasmettitori**

- **Hanno un rapido turnover cellulare (3-4 gg) che costituisce un importante meccanismo protettivo**



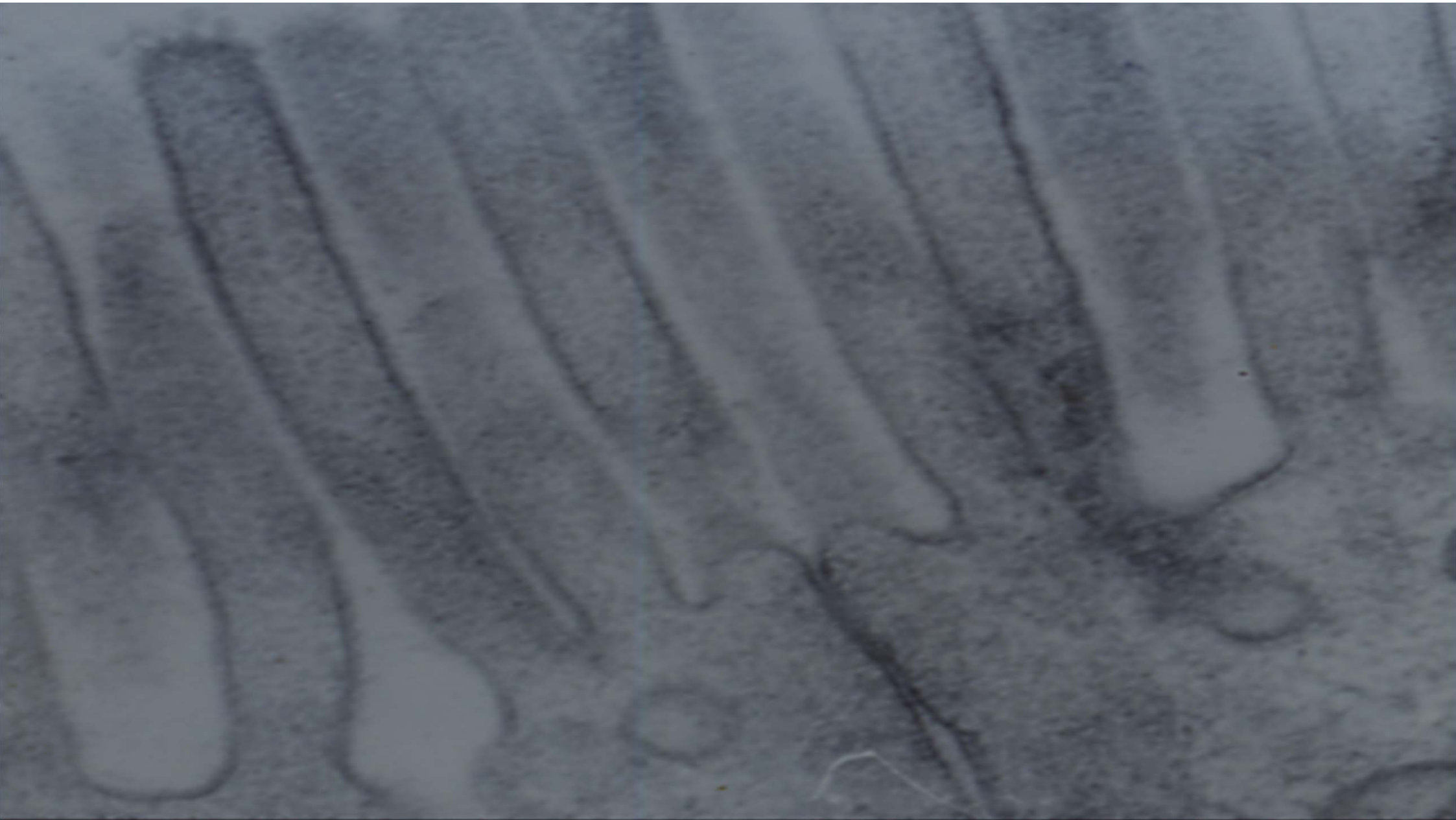
**MV
membrane
:
LIPID
BILAYER
stained by
osmium
tetroxide**

Fuzzy coat/glycocalix



d)

Gasbarrini G, 1966



CRYPT CELL



Gasbarrini G, 1966



Gasbarrini G,1966

Gasbarrini G.et al.,Int J Immunopathol Pharmacol,2009

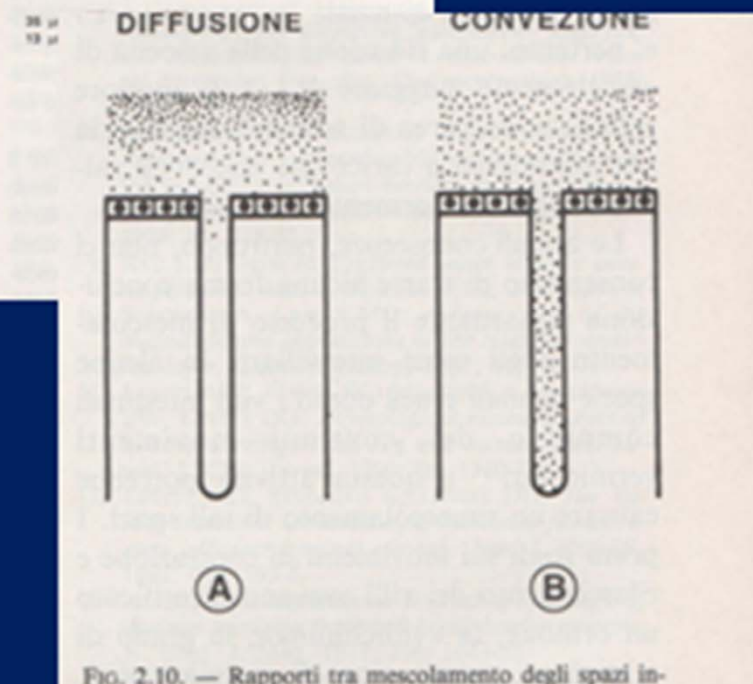
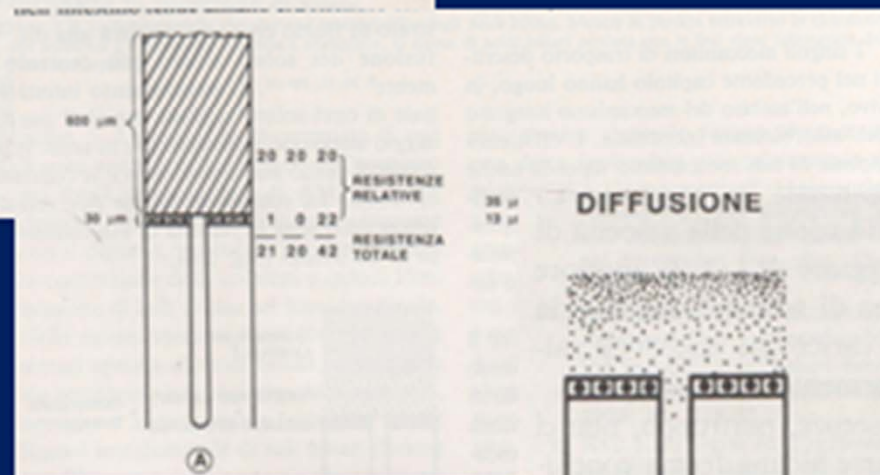
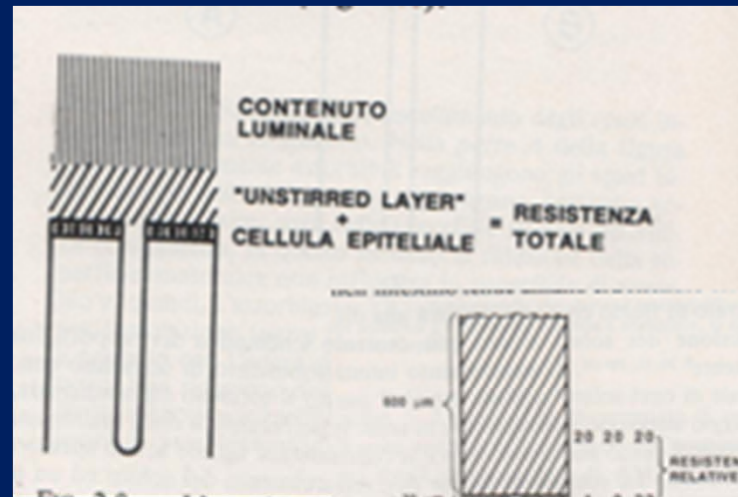
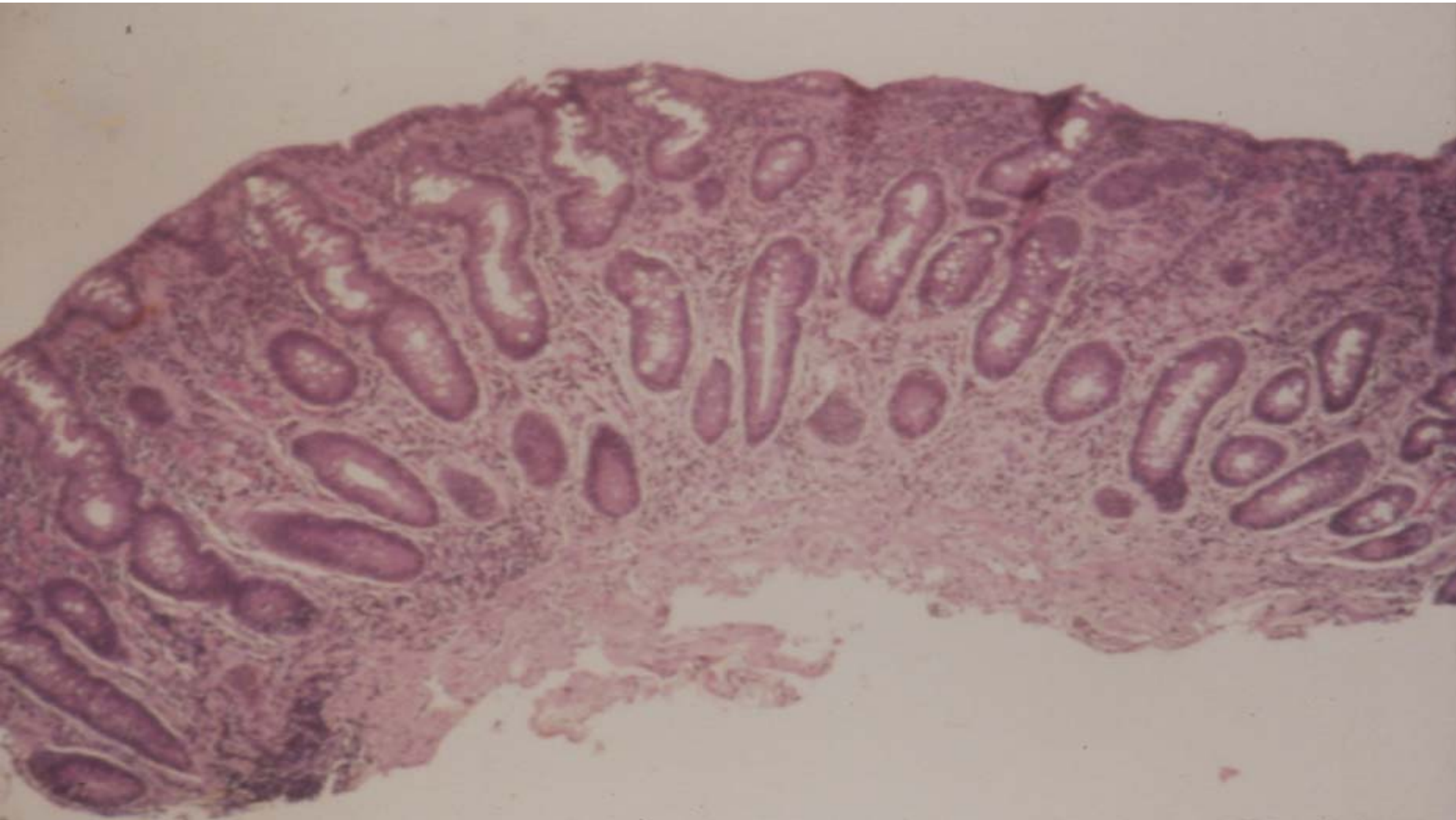


FIG. 2.10. — Rapporti tra mescolamento degli spazi in-

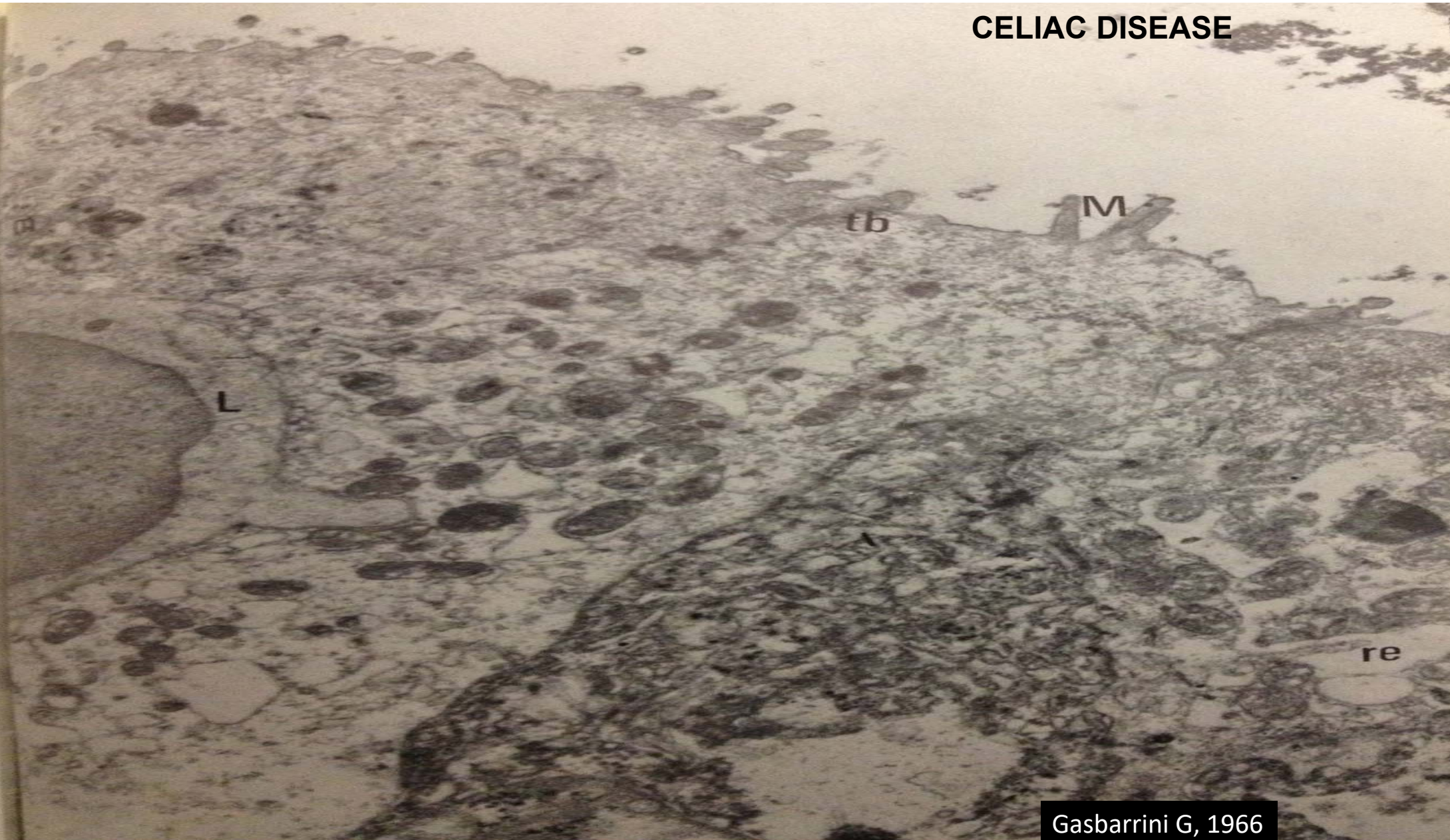
Levitt, Strocchi... Corazza, Gasbarrini, AmJGastr, 1986
 Gasbarrini, Corazza, SIMI, Pozzi Ed. 1990



BRUSH BORDER DISCONTINUOUS IN CD

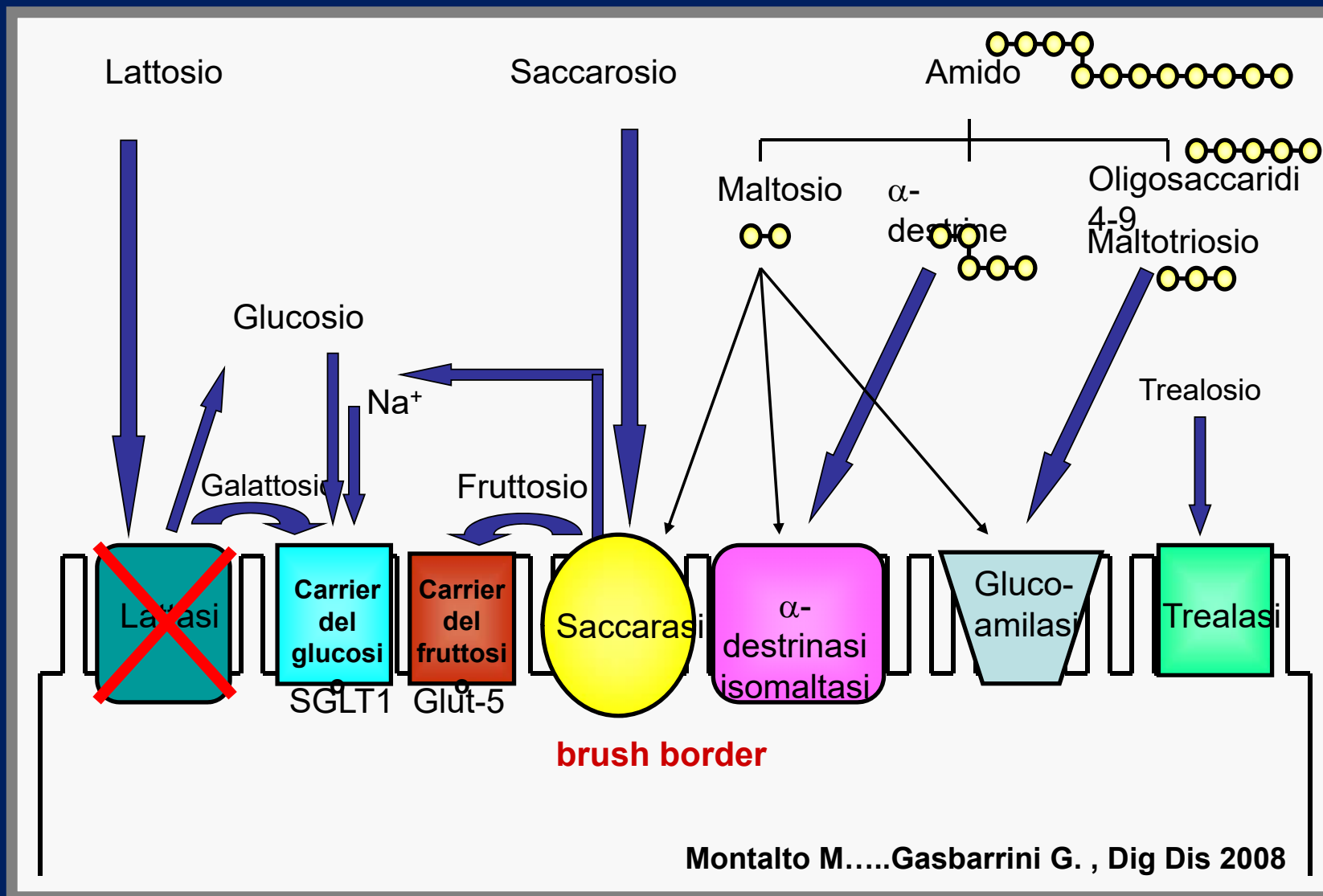


CELIAC DISEASE



Gasbarrini G, 1966

ENZIMI PER L'ASSORBIMENTO DEI CARBOIDRATI



The deficiency of enzymes of the brush border or malfunction of carriers can be the basis of selective malabsorption of carbohydrate, as in the case of the most common **lactase deficiency**



G. Gasbarrini et al, Morfologia dell'intestino tenue, RORER ED., 1995

FAILED TRANSPORT OF NUTRIENTS

A-beta lipoproteinemia

**Bassen Kornzweigh cells /
ENEROCYTES FILLED WITH
LIPIDS**

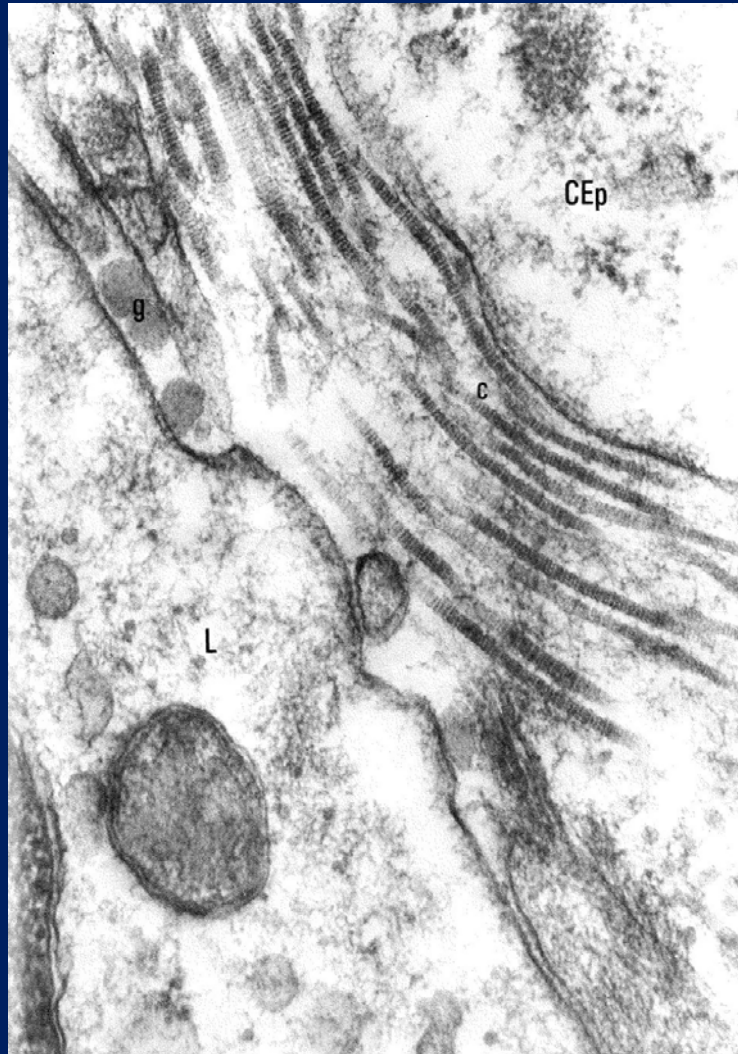


Gasbarrini G, Corazza GR,

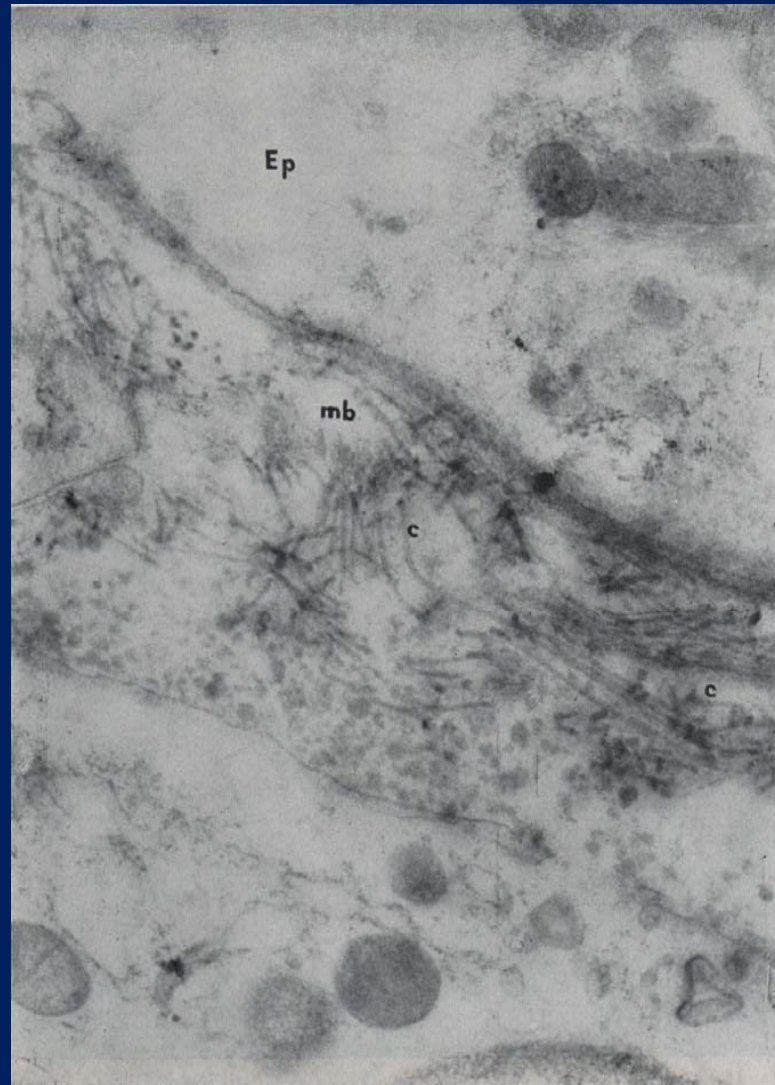
Arch. Med.Int. 1990



Laschi R, Gasbarrini G
Sperimentale, 1963



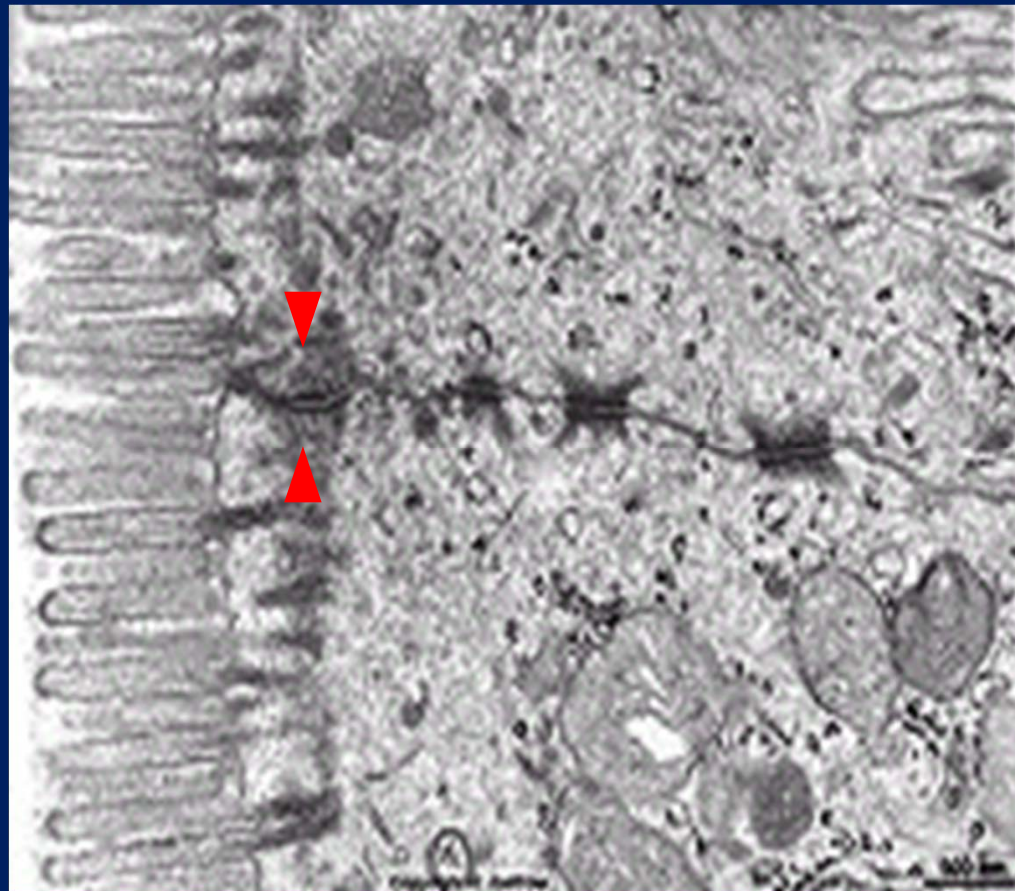
Basal membrane of intestinal mucosa in
scleroderma with collagenous sprue.
Gasbarrini G, Arch Mal App Dig. 1976

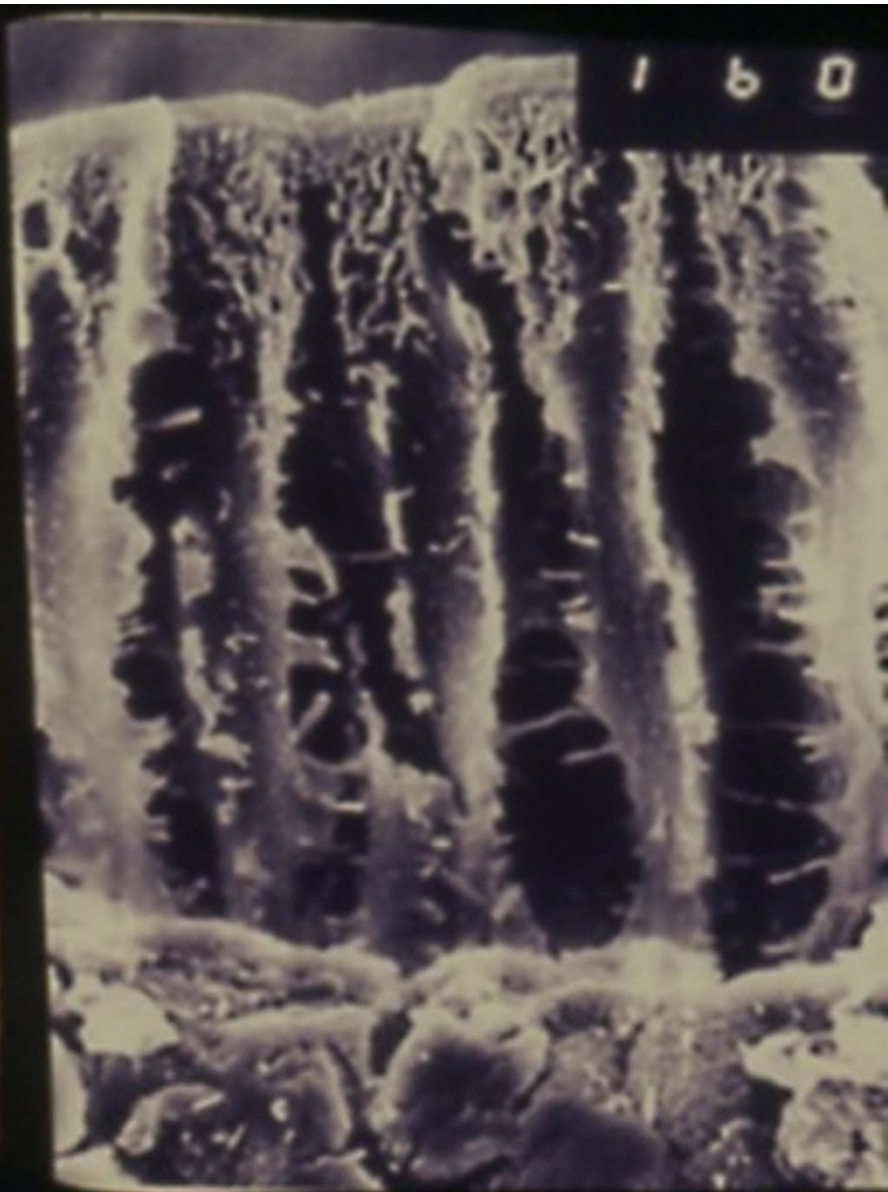
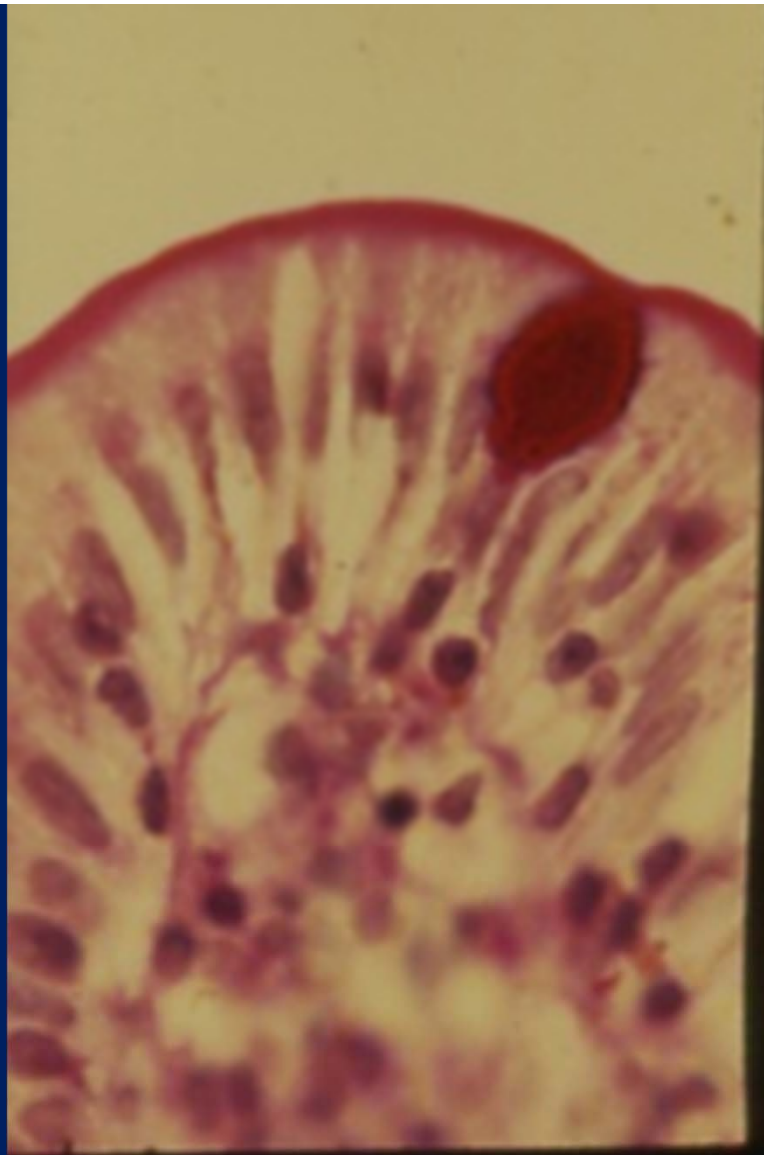


Basal membrane of intestinal mucosa
in **aging**. Gasbarrini G, Arch Mal App
Dig. 1976

Tight junction

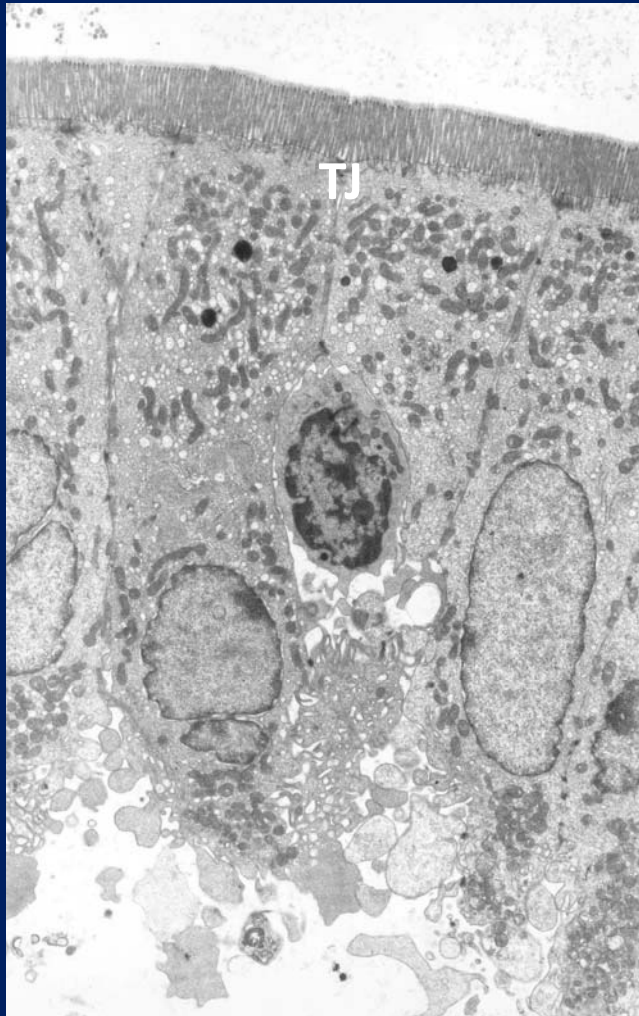
Le tight junction presenti tra gli enterociti sono strutture coinvolte nella funzione di barriera intestinale e sono formate da un complesso di numerose proteine che possono essere danneggiate nel corso di diverse malattie intestinali



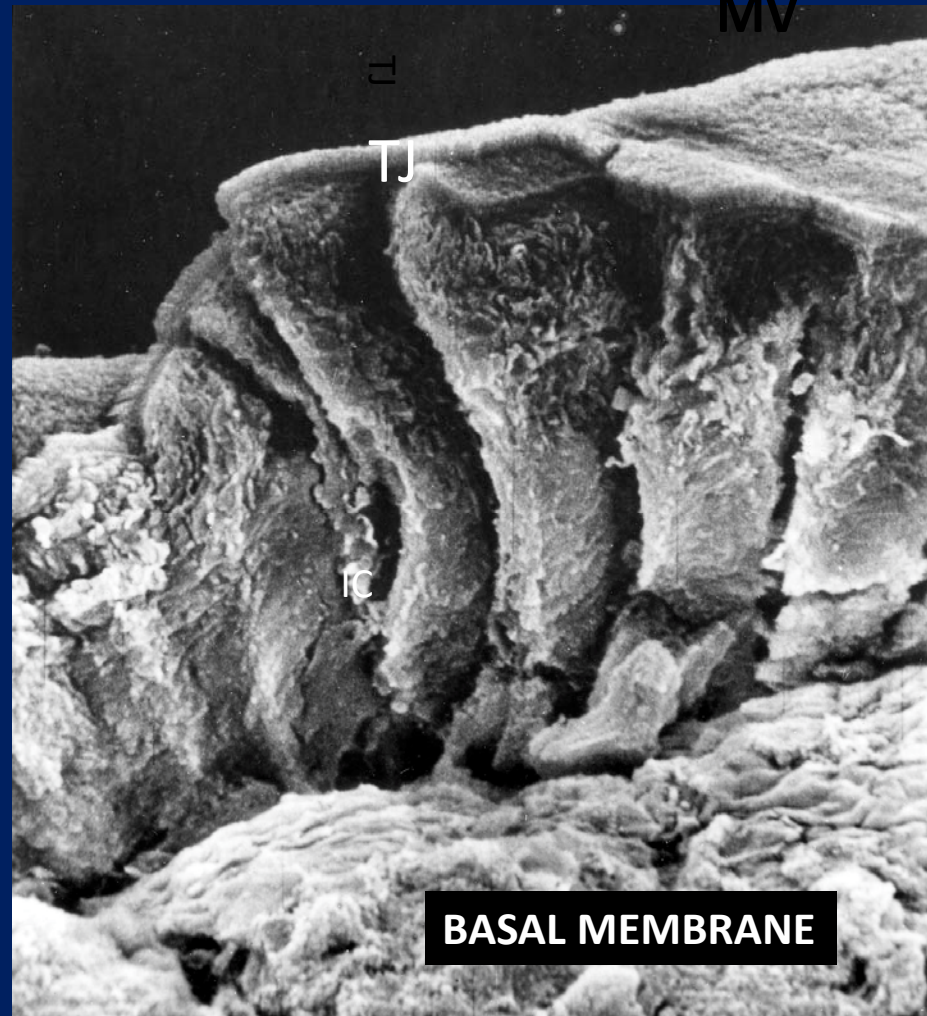


The apical junctional complex controls cell polarity and paracellular permeability

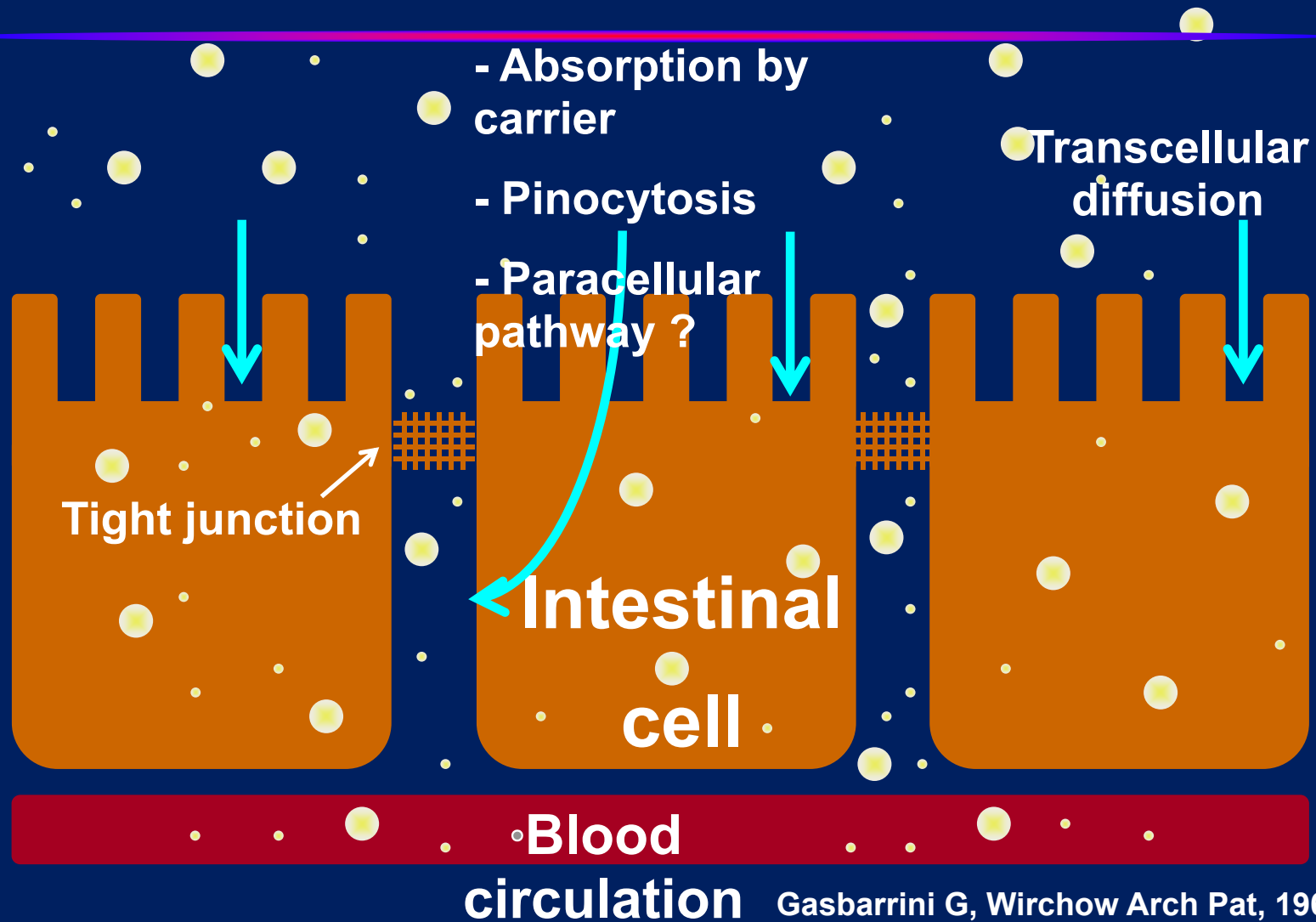
Transmission EM



Scanning EM

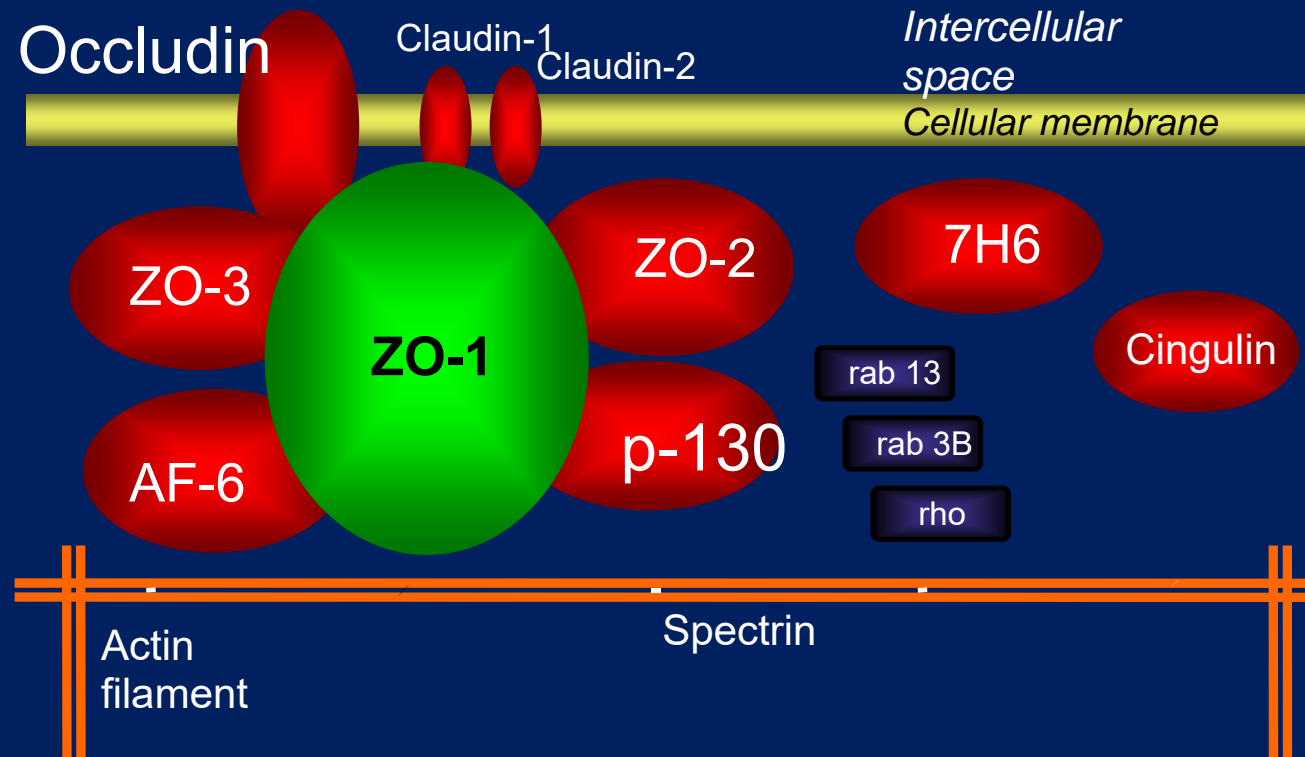


Intestinal Absorption



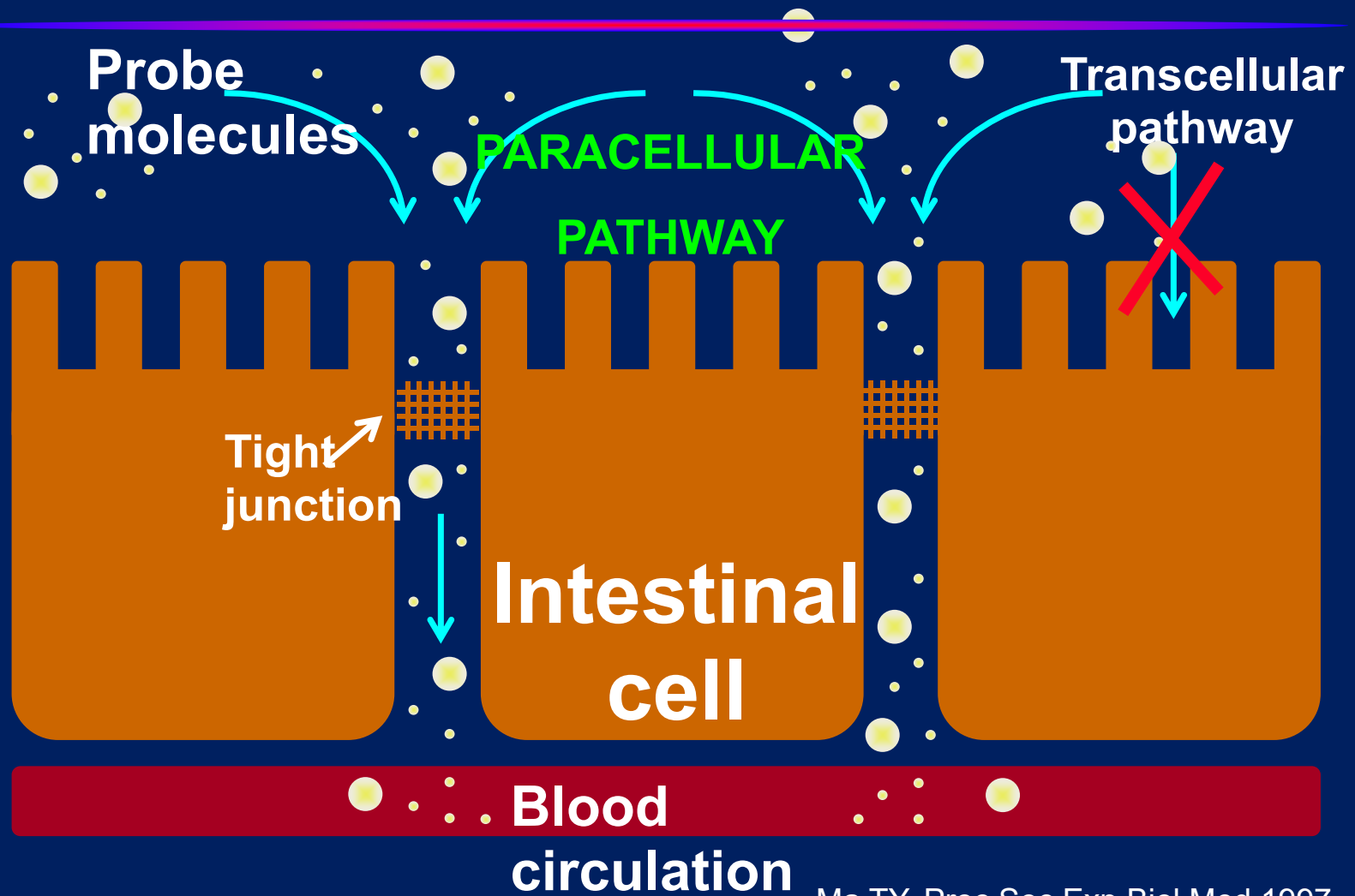
Gasbarrini G, Wirchow Arch Pat, 1963

La ZO-1 è stata la prima di tali proteine ad essere identificata; è considerata un valido marcatore dell'integrità delle tight junction ma, essendo presente anche nel nucleo, è coinvolta nei meccanismi di sviluppo e maturazione cellulare



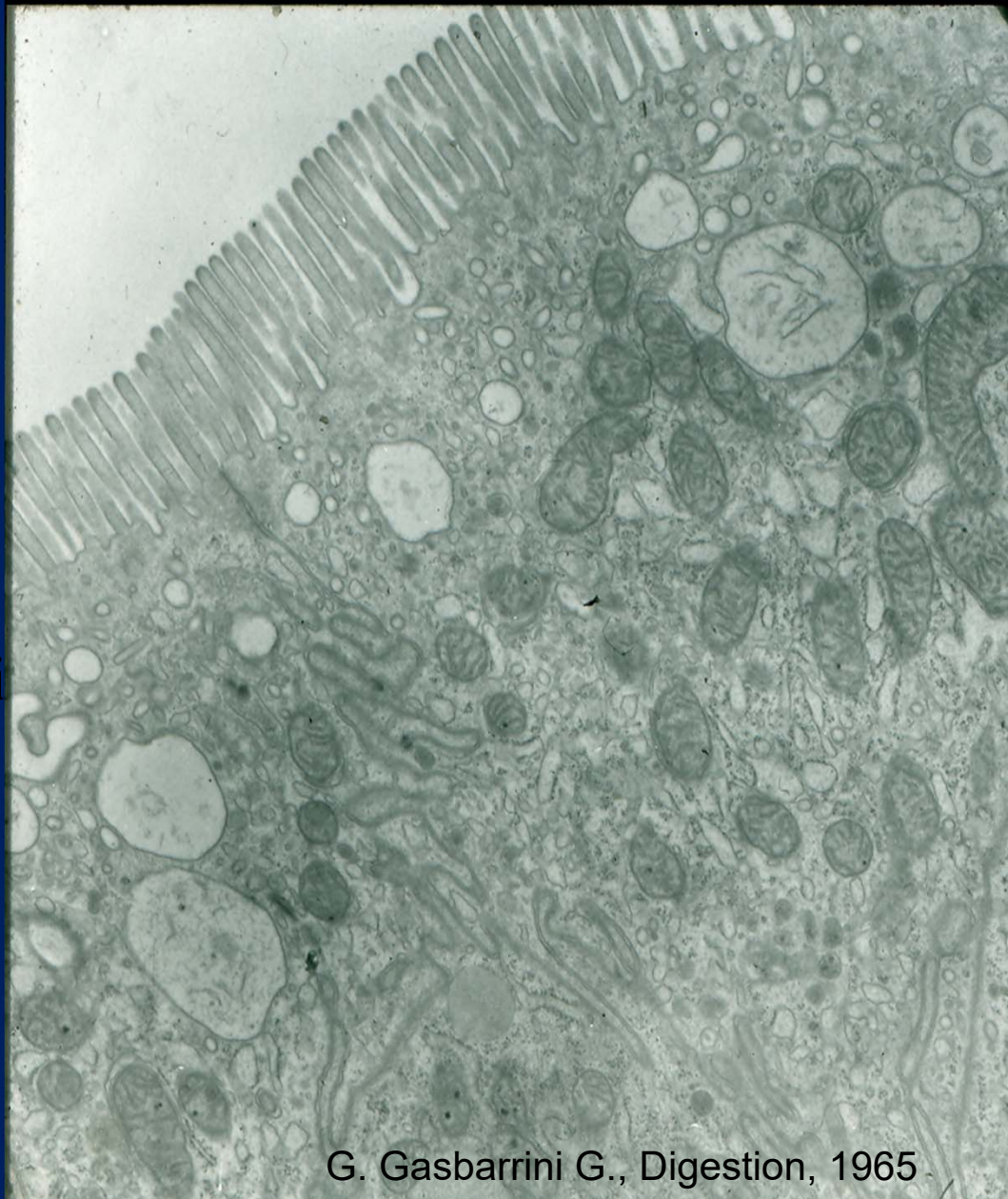
G. Gasbarrini, M. Montalto. *Ital J Gastroenterol Hepatol* 1999

Permeation pathways

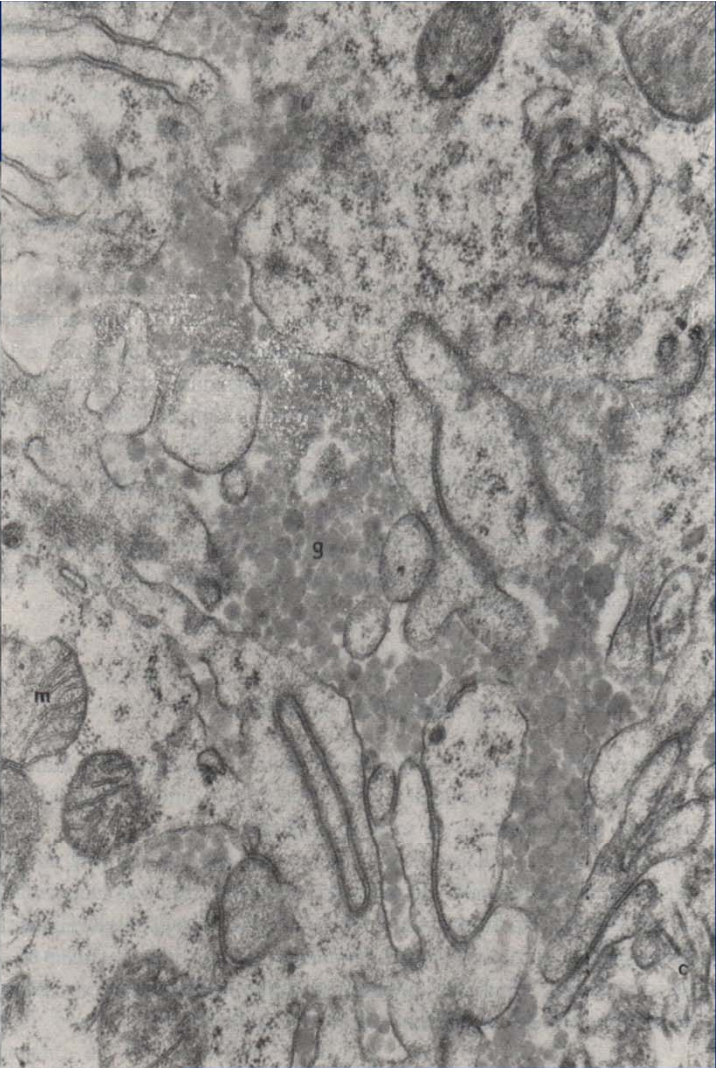
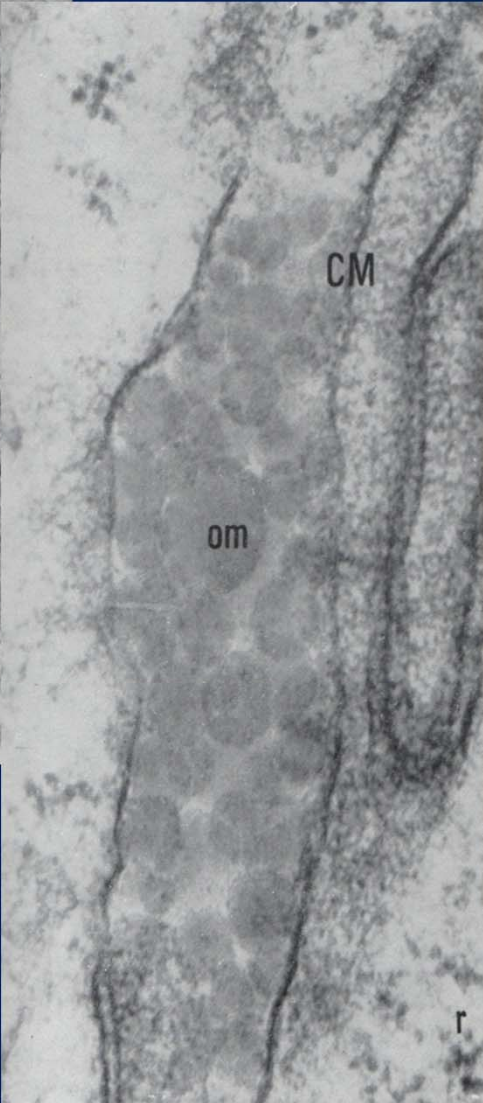
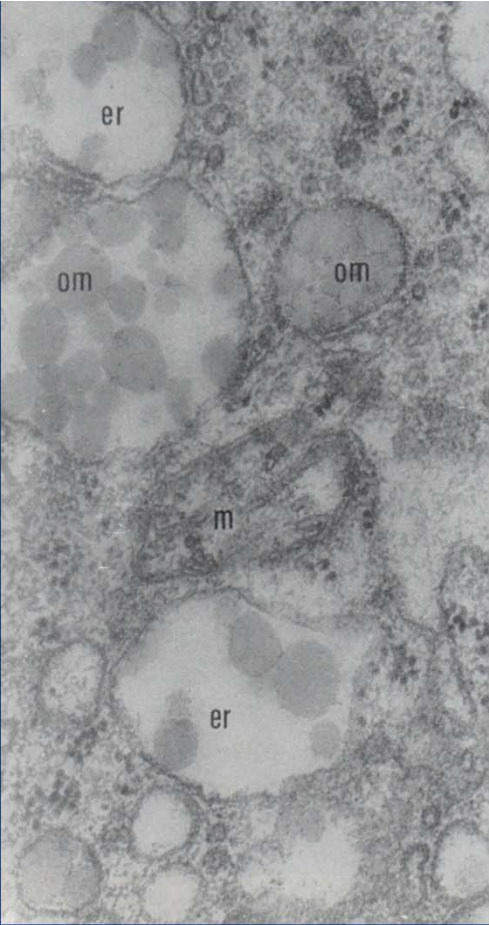




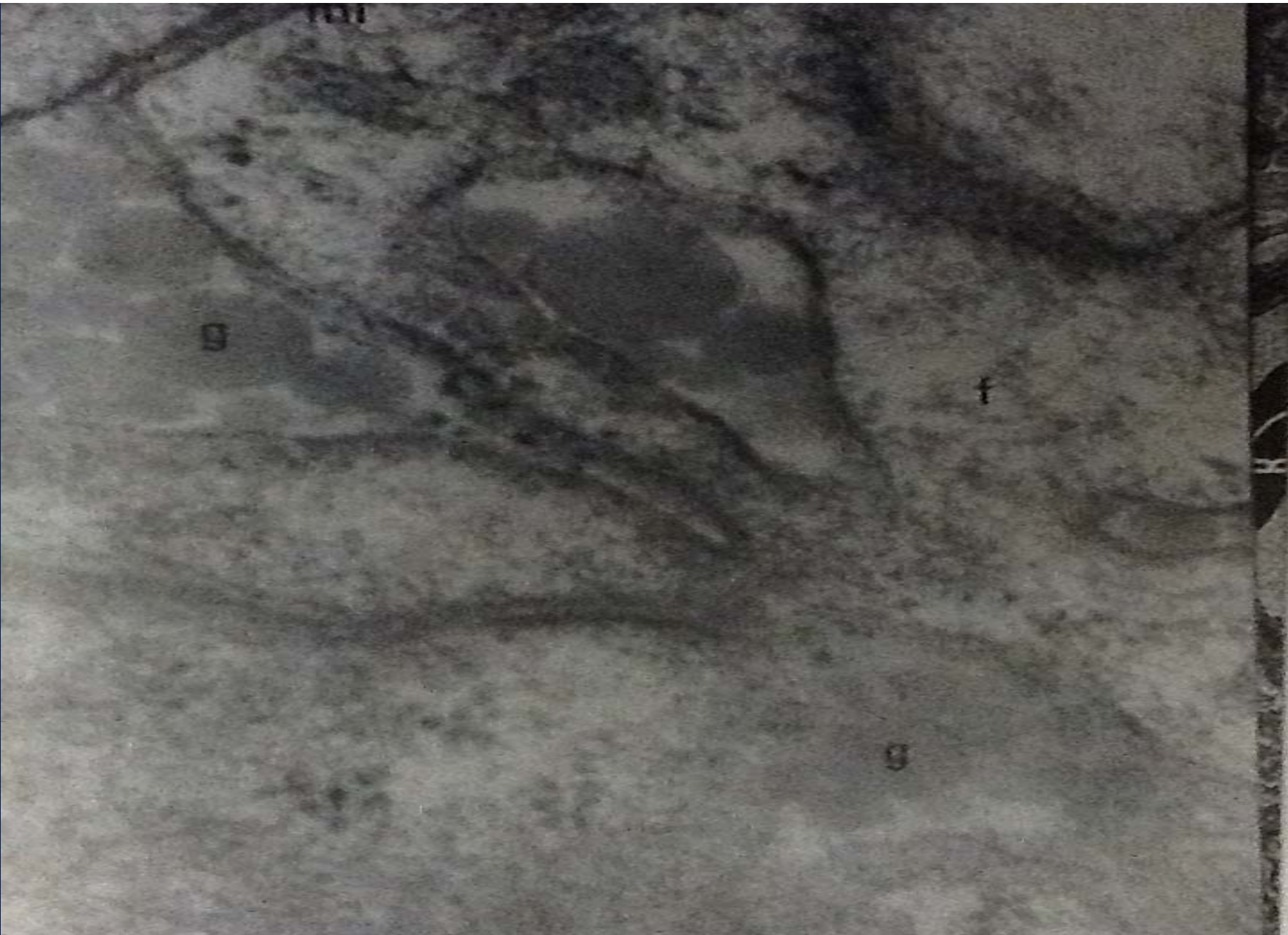
Gasbarri

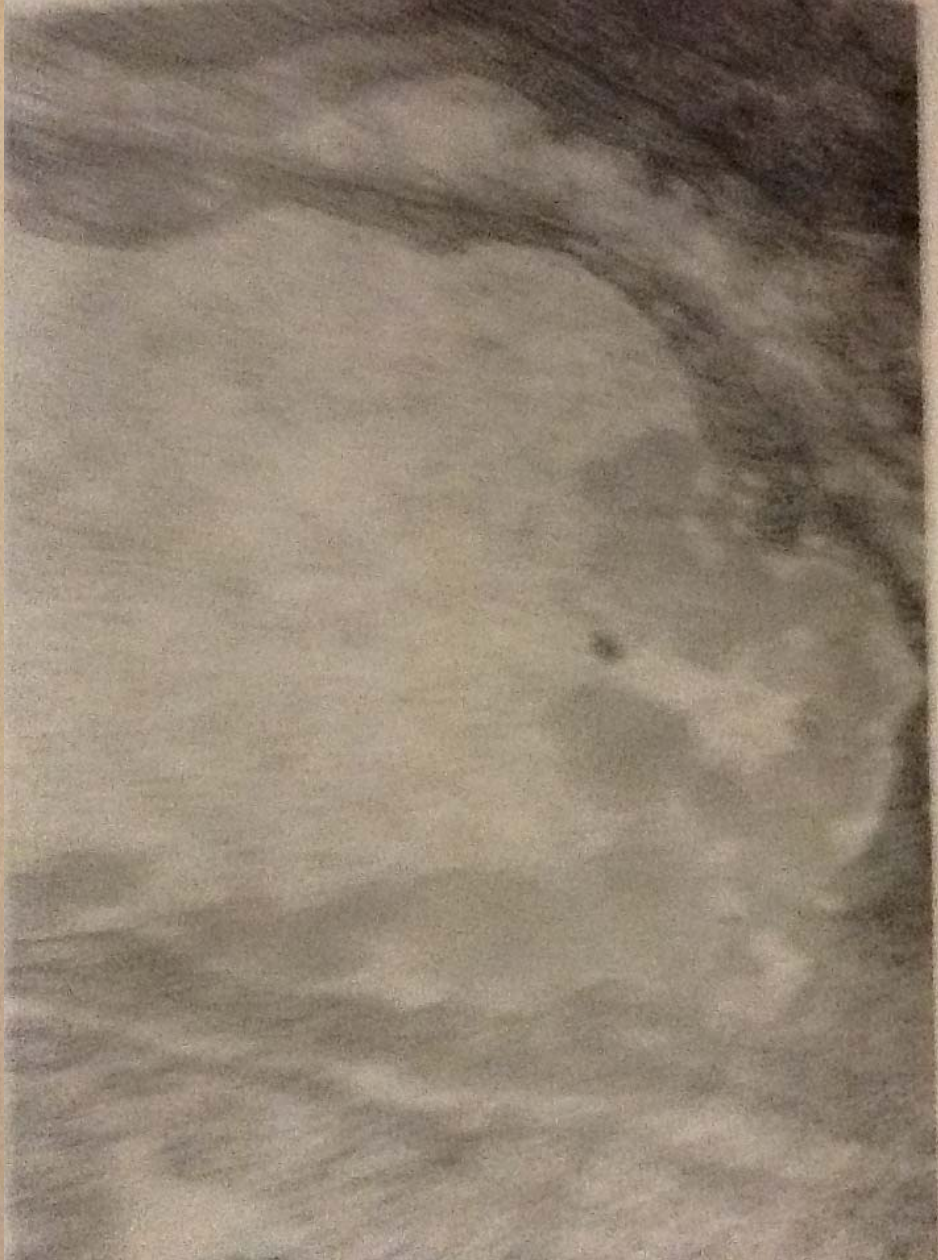
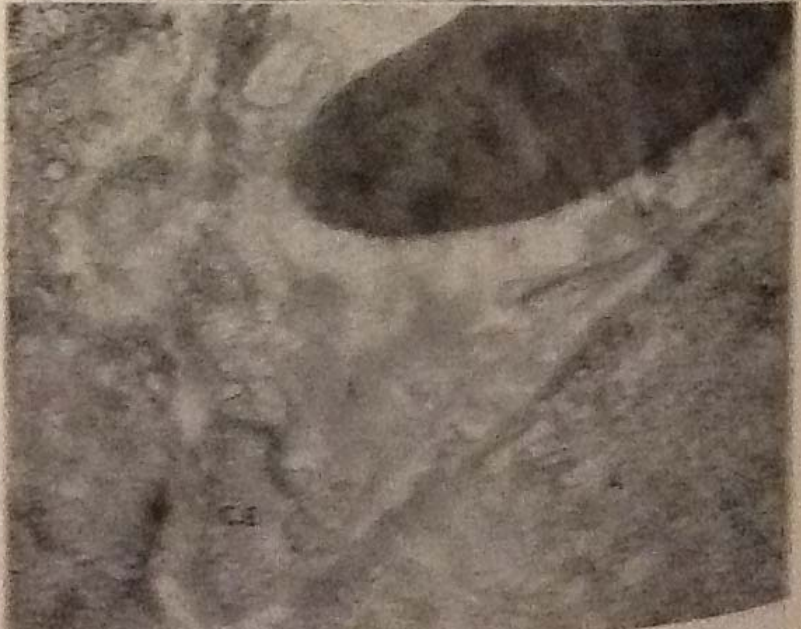


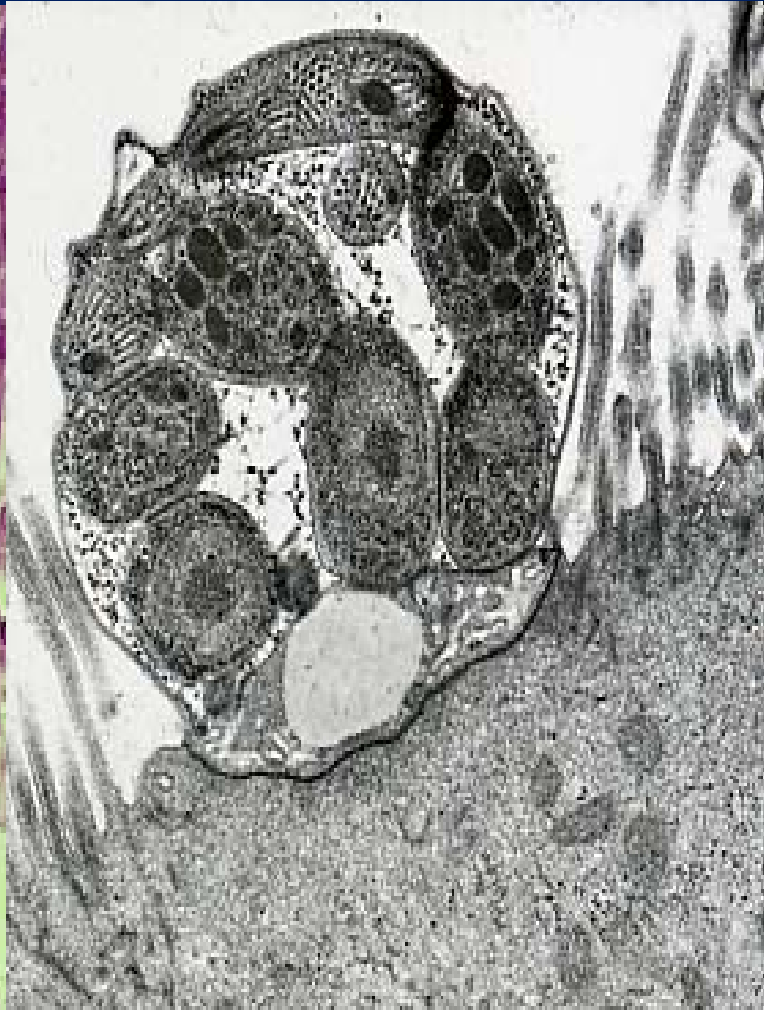
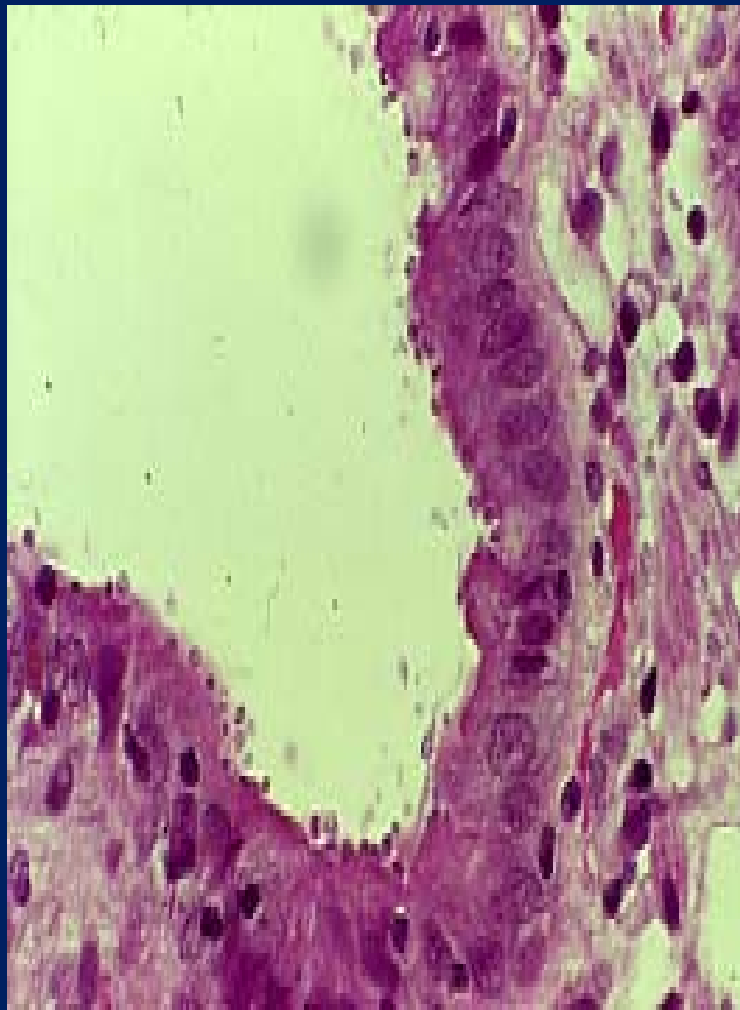
G. Gasbarrini G., Digestion, 1965







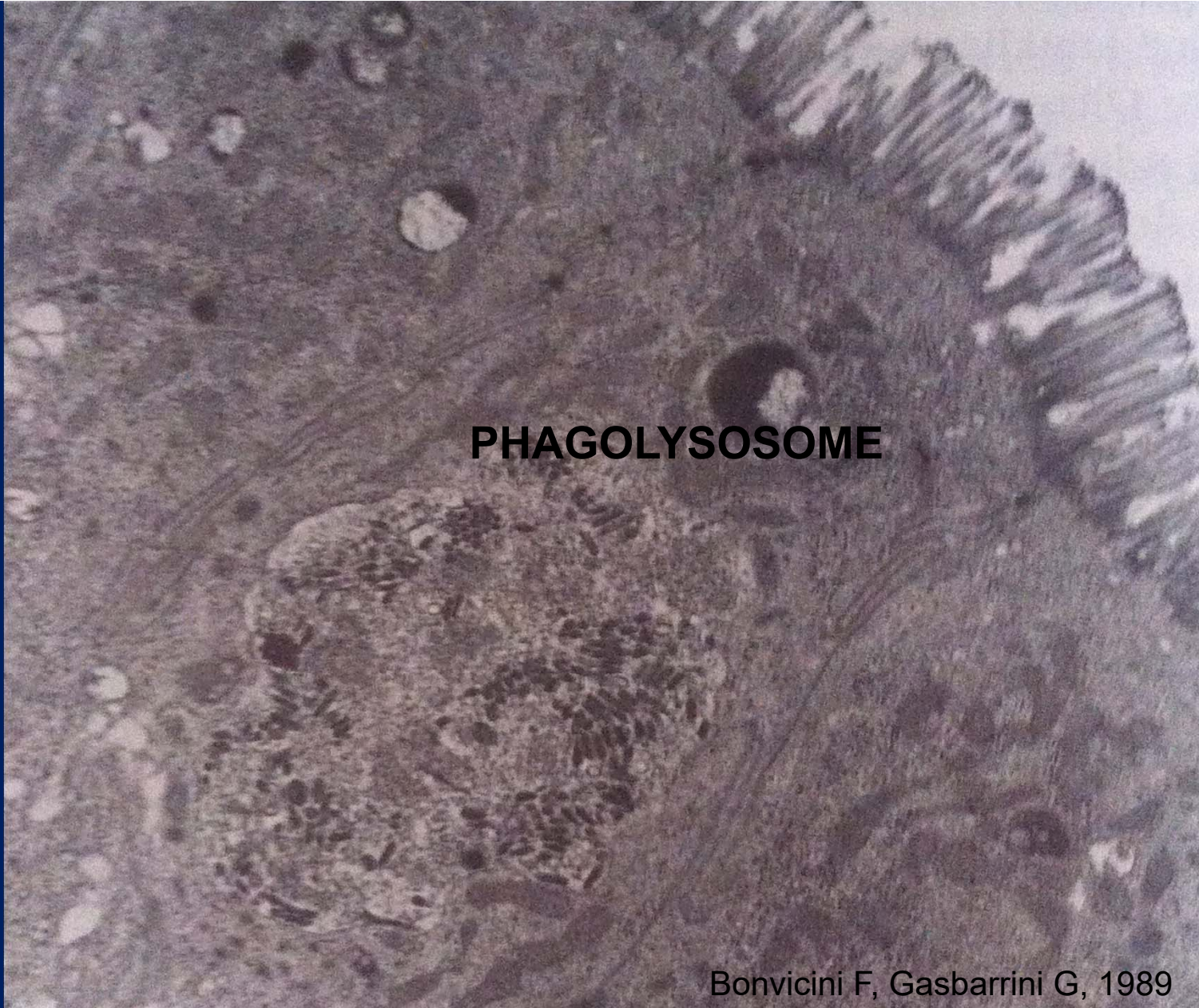




**CRYPTOSPORIDIUM ADHERES TO ENTEROCYTE PLASMA MEMBRANE
THAT SURROUNDS IT EVOKING AN IMMUNE RESPONSE**



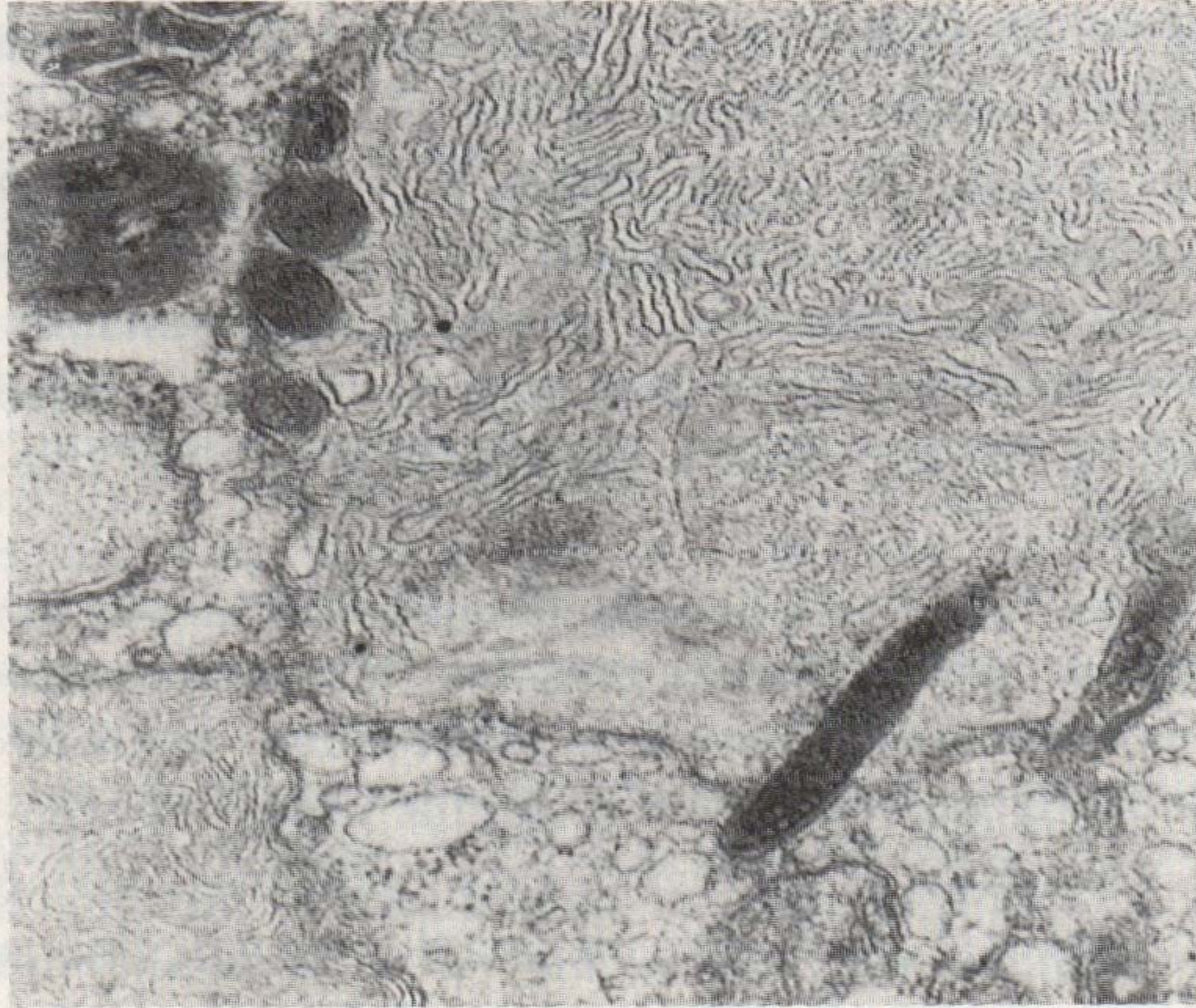
Bonvicini F, Gasbarrini G, 1989



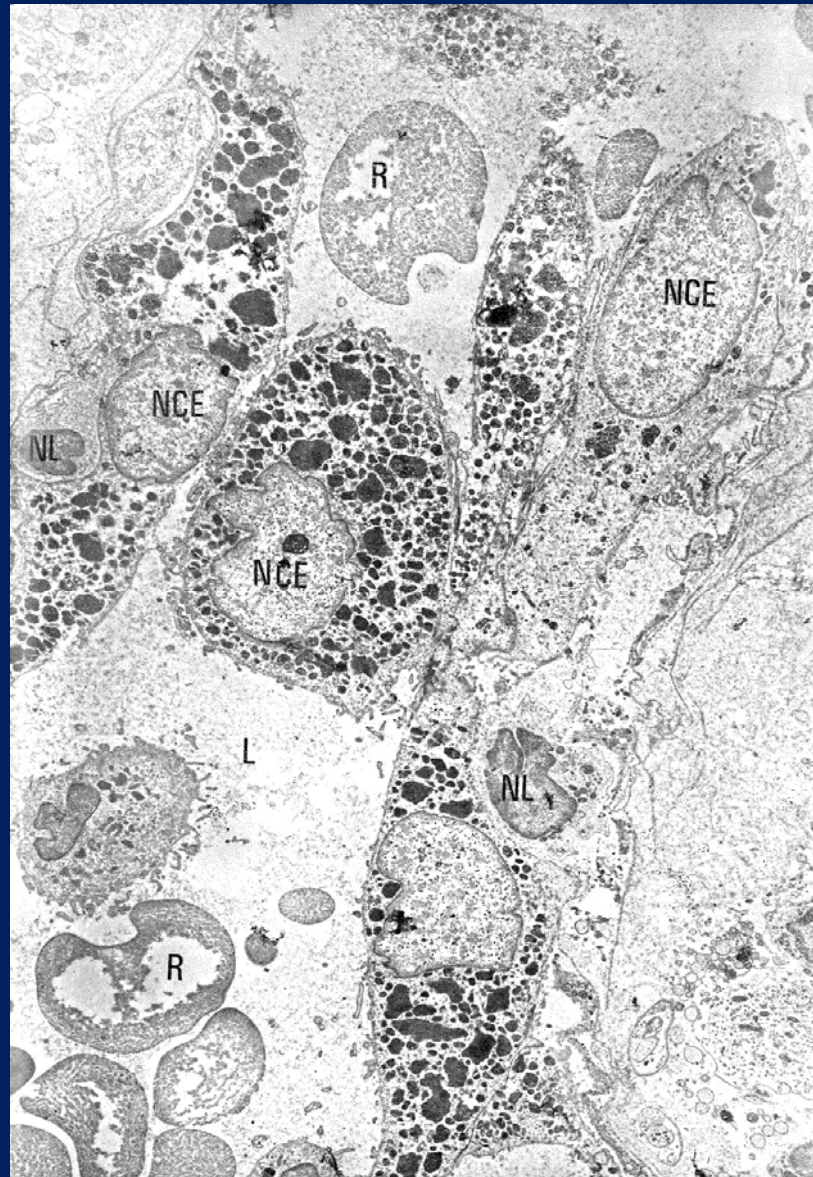
PHAGOLYSOSOME

Bonvicini F, Gasbarrini G, 1989

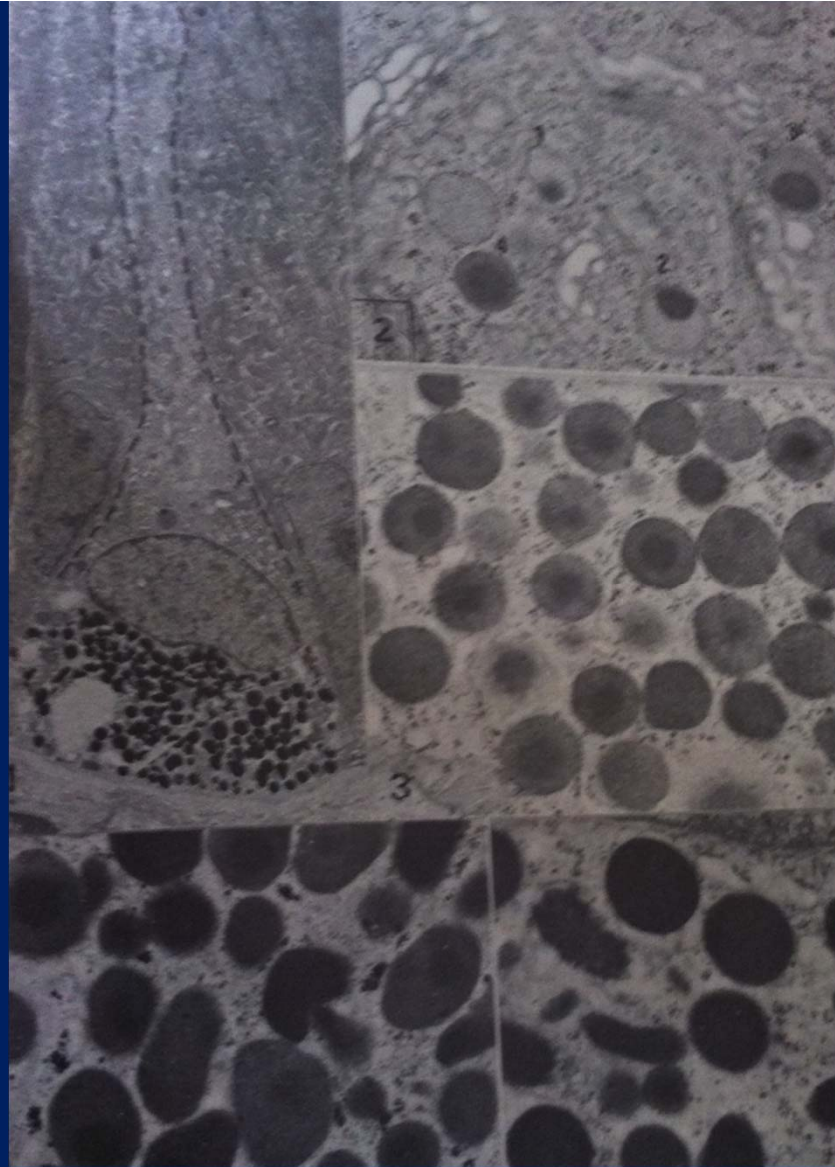
DEFICIENCY OF IMMUNE RESPONSE OF MACROPHAGES AND T CELLS IN WHIPPLE DISEASE



Gasbarrini e Coll. Bull.Sci.Med.Chir. Bo. 1972 – SIMI, Pozzi Ed. 1989



Gasbarrini G,
Sprue Celiaca
Capelli Ed. 1966



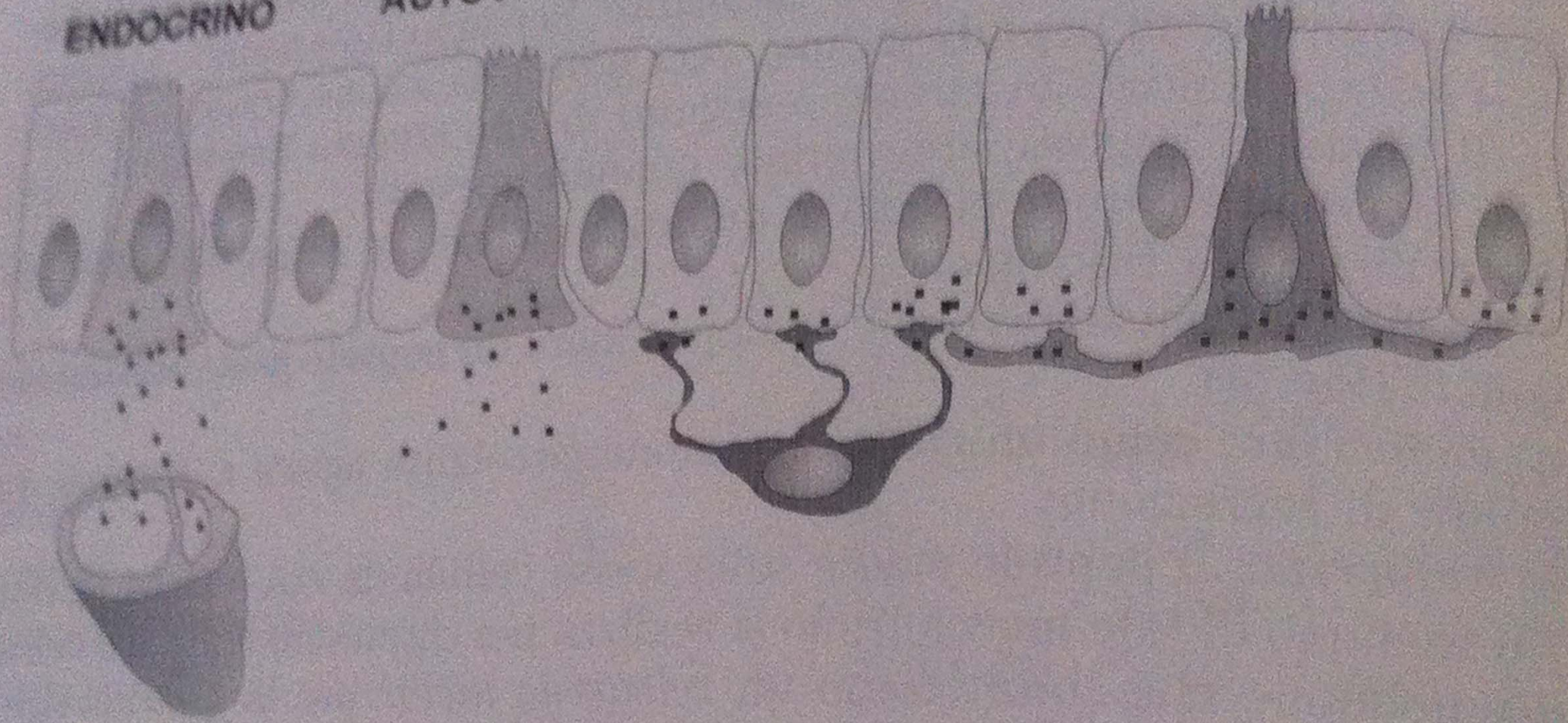
G.Gasbarrini ,1972

ENDOCRINO

AUTOCRINO

NEUROCRINO

PARACRINO



CELLULA BERSAGLIO

ORGANO ASSORBENTE

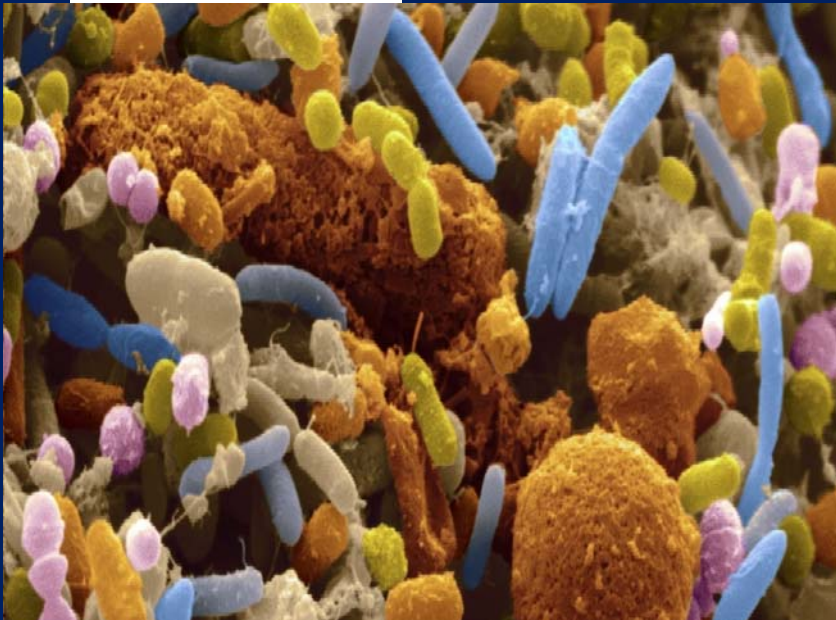
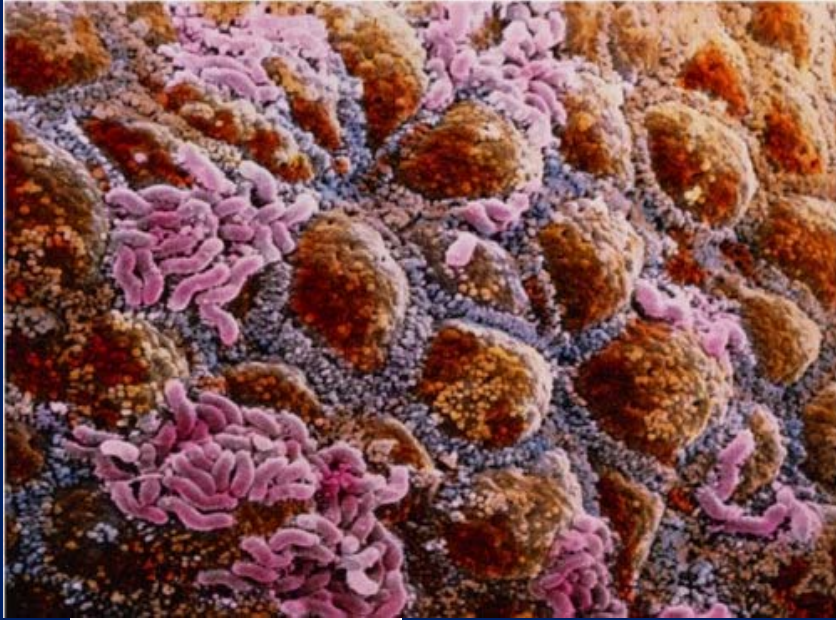
INTESTINO TENUE : condiziona il benessere di tutto l' organismo

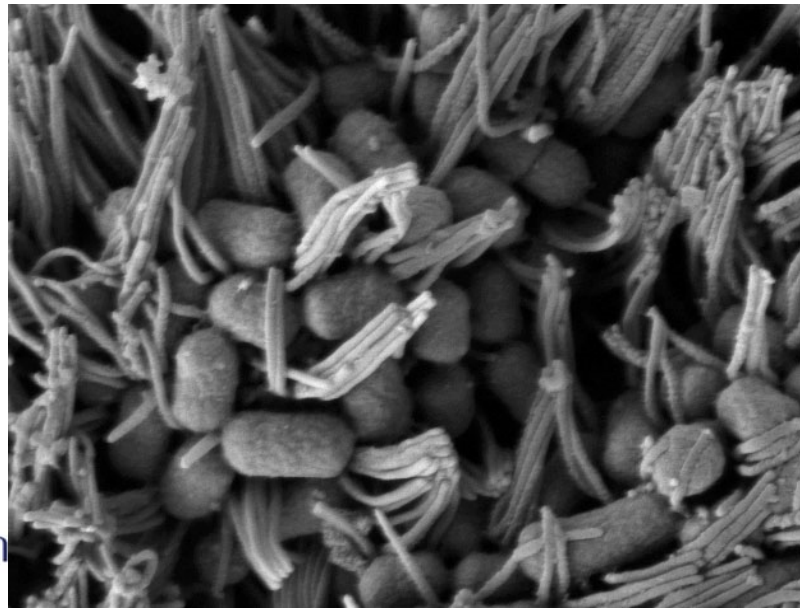
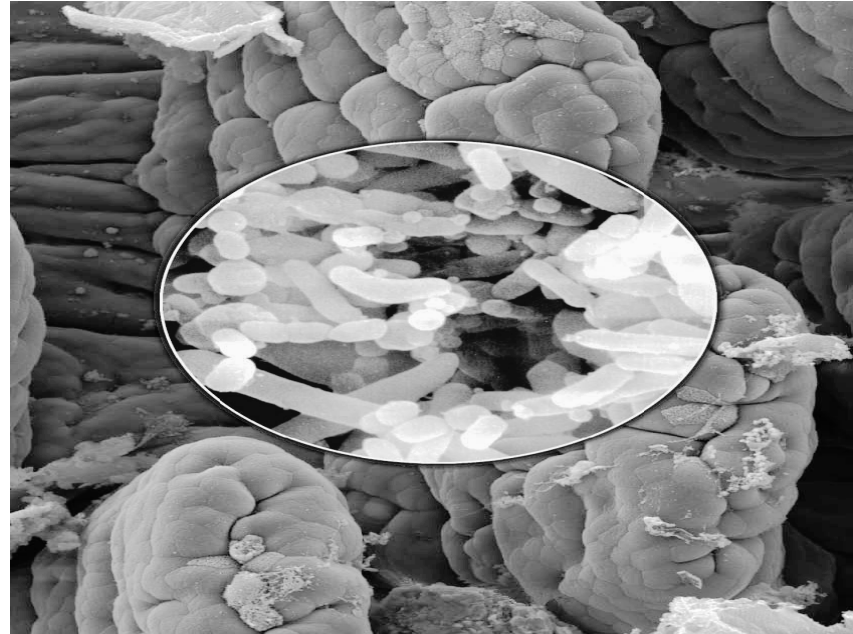
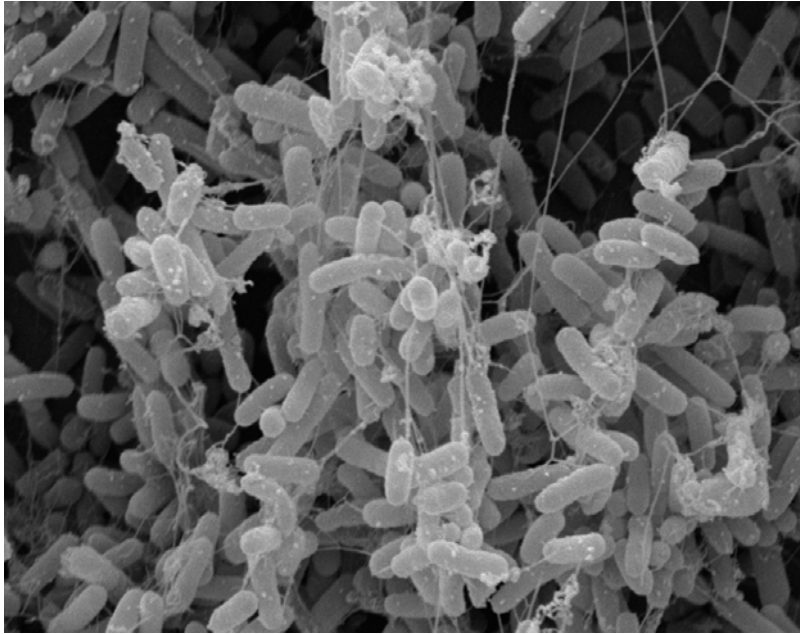
XI° ORGANO ATTIVO

MICROBIOTA INTESTINALE : induce la vita, la malattia, la morte



IL MICRIBIOTA INTESTINALE

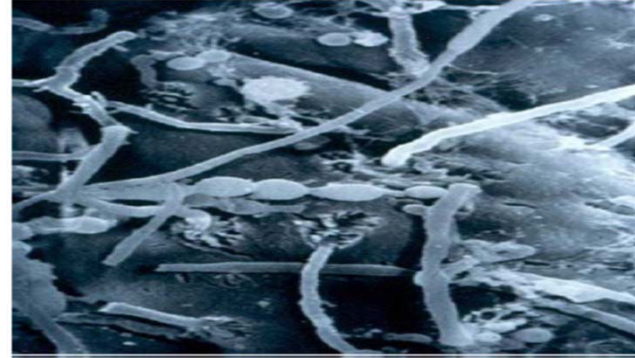




Gem

Yeast: GUT MYCOME

- Commensal to the gut at low concentrations
- In the healthy gut dominant species are:



Wallemia, Trichocomaceae, Rhodotorula, Saccharomycetaceae, Pleosporaceae, Agaricaceae, Metschnikowiaceae, Cystofilobasidiaceae, Ascomycota, Amphisphaeriaceae...

- Yeast's functions in the gut it is not clear
- Yeasts overgrowth/dysbiosis (related to host genetic and physiology, lifestyle, antibiotic usage, immune system disfunction) could be pathogenic fo the gut

Virus/phages: GUT VIROME

Berg Miller et al., Environ Microbiol 2012, 14 (1) 207-27

- *Collection of all viruses of the gut*
- *Harmful viruses are a minority compared to benign viruses*
- *Bacterial virus are called bacteriophages*

Random pyrosequencing of virus-enriched metagenomes have been isolated from bovine rumen. **In the bovine rumen have been isolated up to 28.000 different viral genotypes;** the majority (~78%) of sequences did not match any previously described virus

Pro phages outnumbered lytic phages approximately 2:1

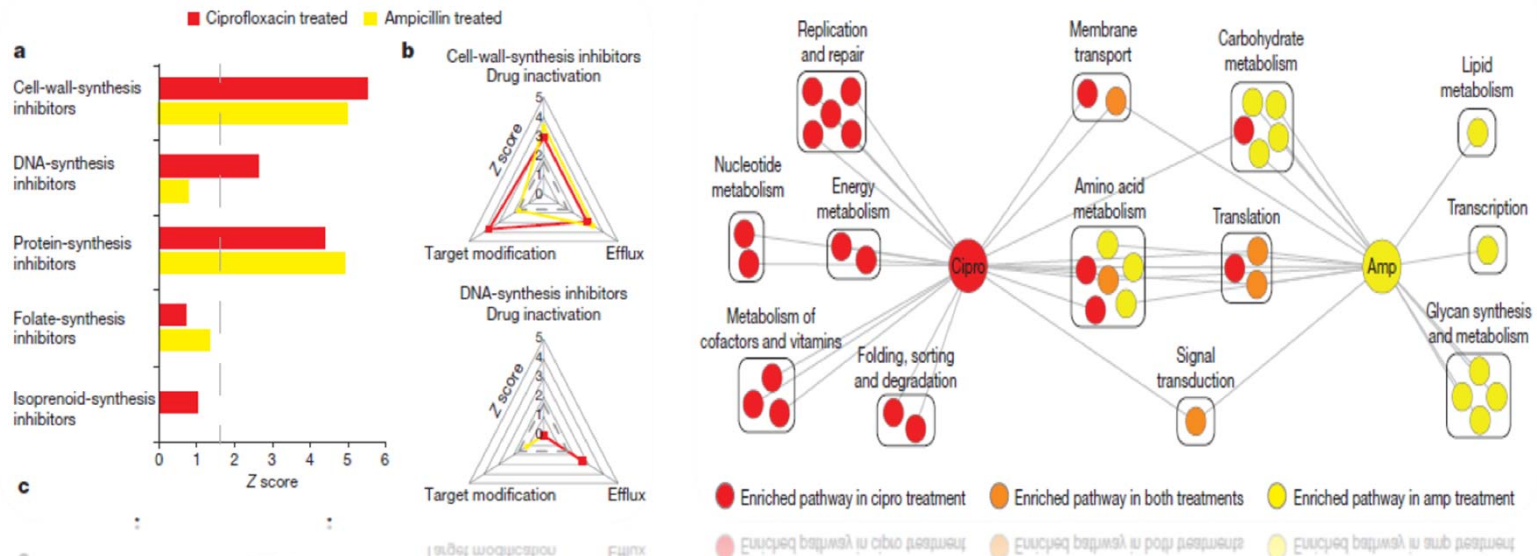
Metabolic profiling revealed an enrichment of sequences with putative functional roles in DNA and protein metabolism, but a low proportion of sequences assigned to carbohydrate and amino acid metabolism

GUT VIROME

Phage-bacteria relationships

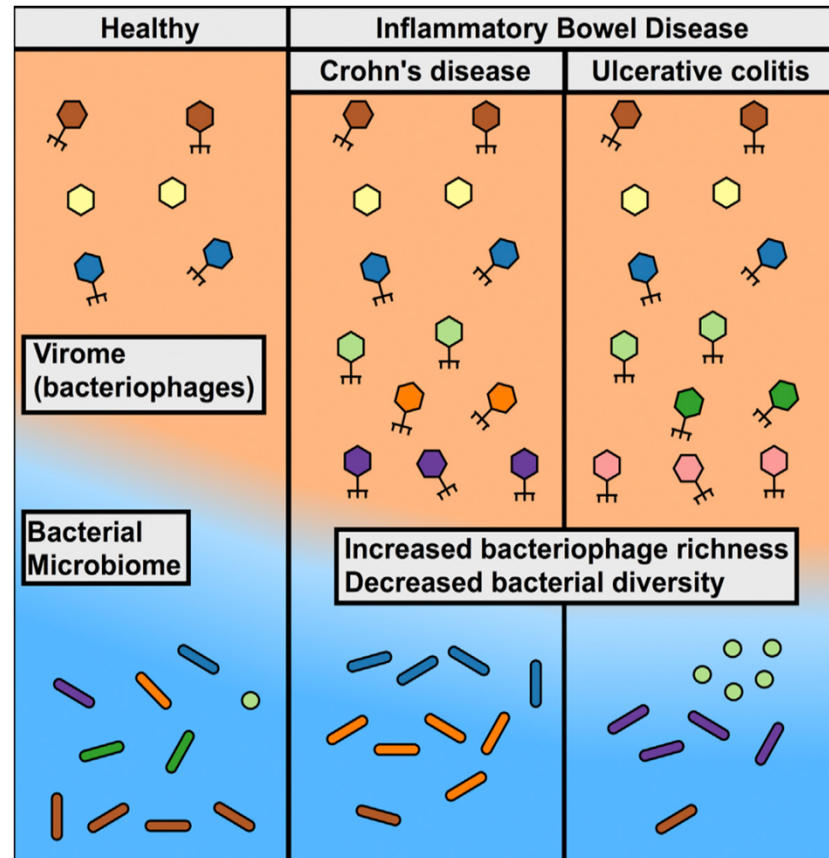
Modi SR et al., Nature 2013;499(7457):219-22

Virus metagenome is a resource for the acquisition of additional genes to maximize adaptation to the changing gut environment following antibiotic or diet-mediated perturbation



Disease-Specific Alterations in the Enteric Virome in Inflammatory Bowel Disease

- The enteric virome is abnormal in multiple IBD patient cohorts
- The enteric virome richness increases in Crohn Disease and Ulcerative Colitis
- Decreases in bacterial diversity and richness in IBD do not explain virome changes
- Virome changes in CD and UC are disease-specific



IBD patients have an altered bacteriophage abundance

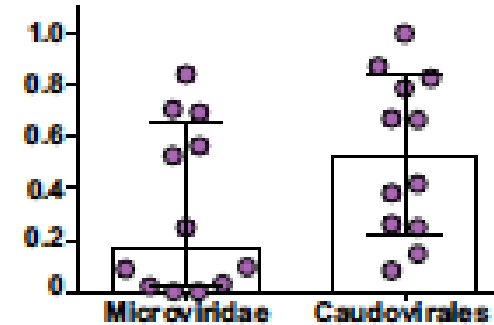
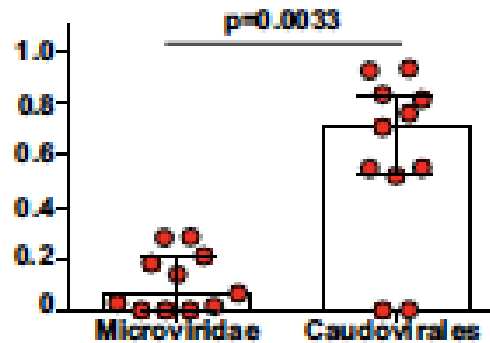
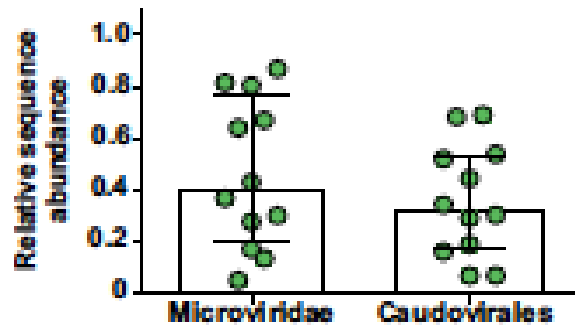


Caudovirales

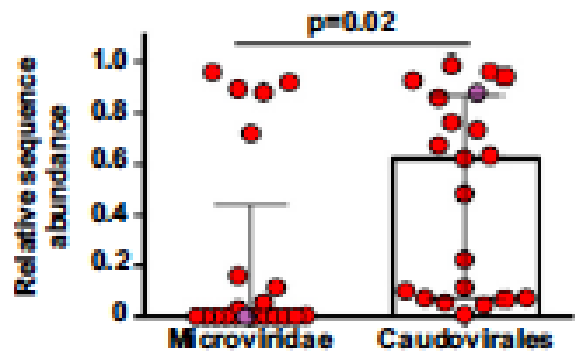


Microviridae

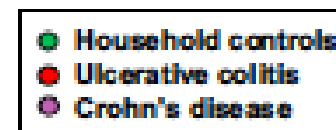
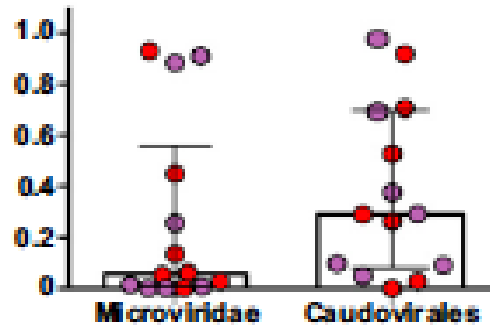
Cambridge, UK



Los Angeles, USA



Chicago, USA





Gasbarrini G. et al.
SIMI 1991



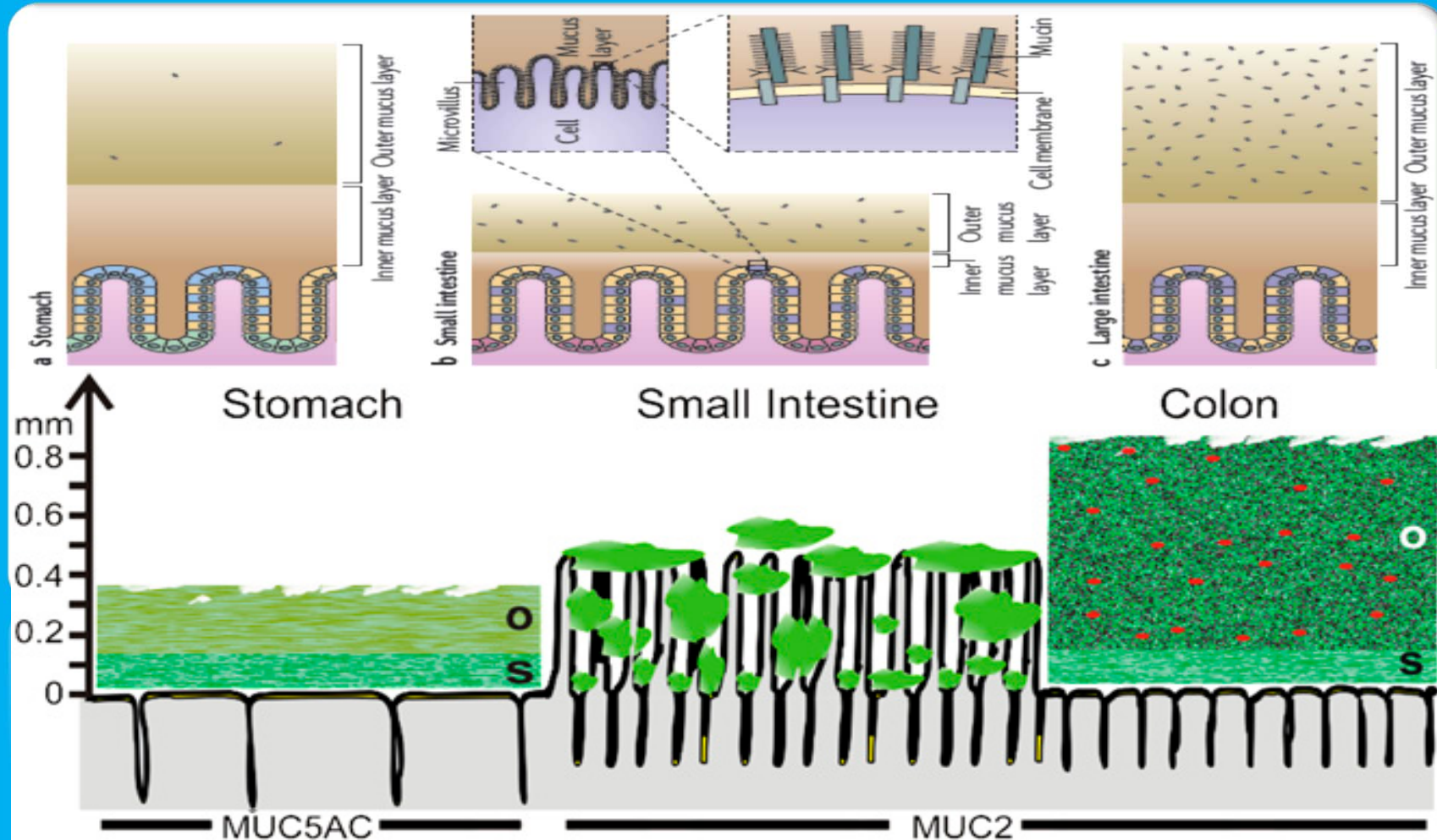
ORGANO ASSORBENTE

INTESTINO TENUE : OSPITANTE : condiziona il benessere di tutto l' organismo

XI° ORGANO ATTIVO

MICROBIOTA INTESTINALE : OSPITE : induce la vita, la malattia, la morte

MUCUS DISTRIBUTION: OUTER LAYER THIN AND PATCHY ON SMALL INTESTINE WHERE MUCOUS CELLS ARE FEWER

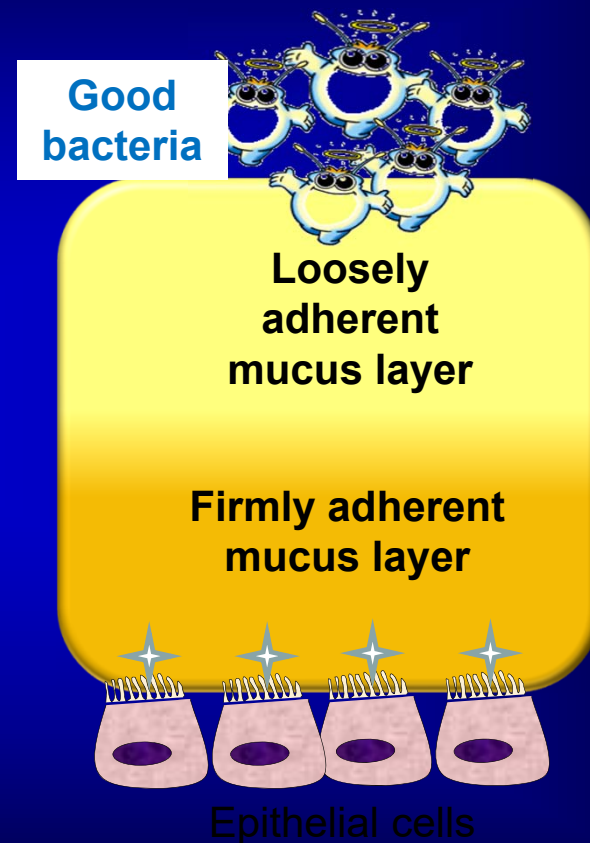


McGuckin et al, *Inflamm Bowel Dis* 2011

McGuckin et al, *Nat Rev Microb* 2010

IMPORTANCE OF THE MUCUS LAYERS

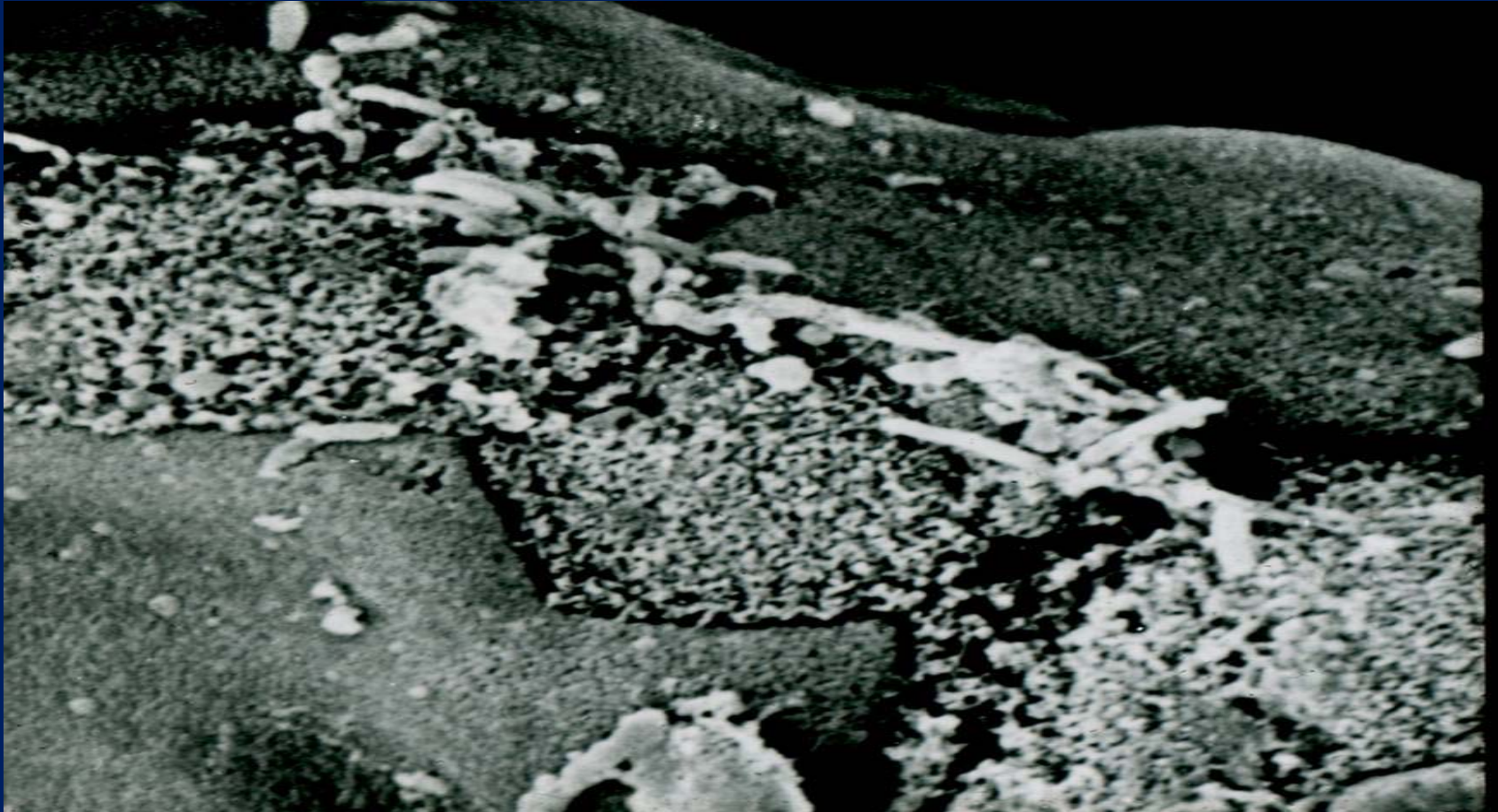
- The inner mucus layer is dense and does not allow bacteria to penetrate, thus keeping the epithelial cell surface free from bacteria
- The inner mucus layer is converted into the outer layer, which is the habitat of the commensal flora



THE ANATOMO-MICROBIOLOGICAL GUT BARRIER

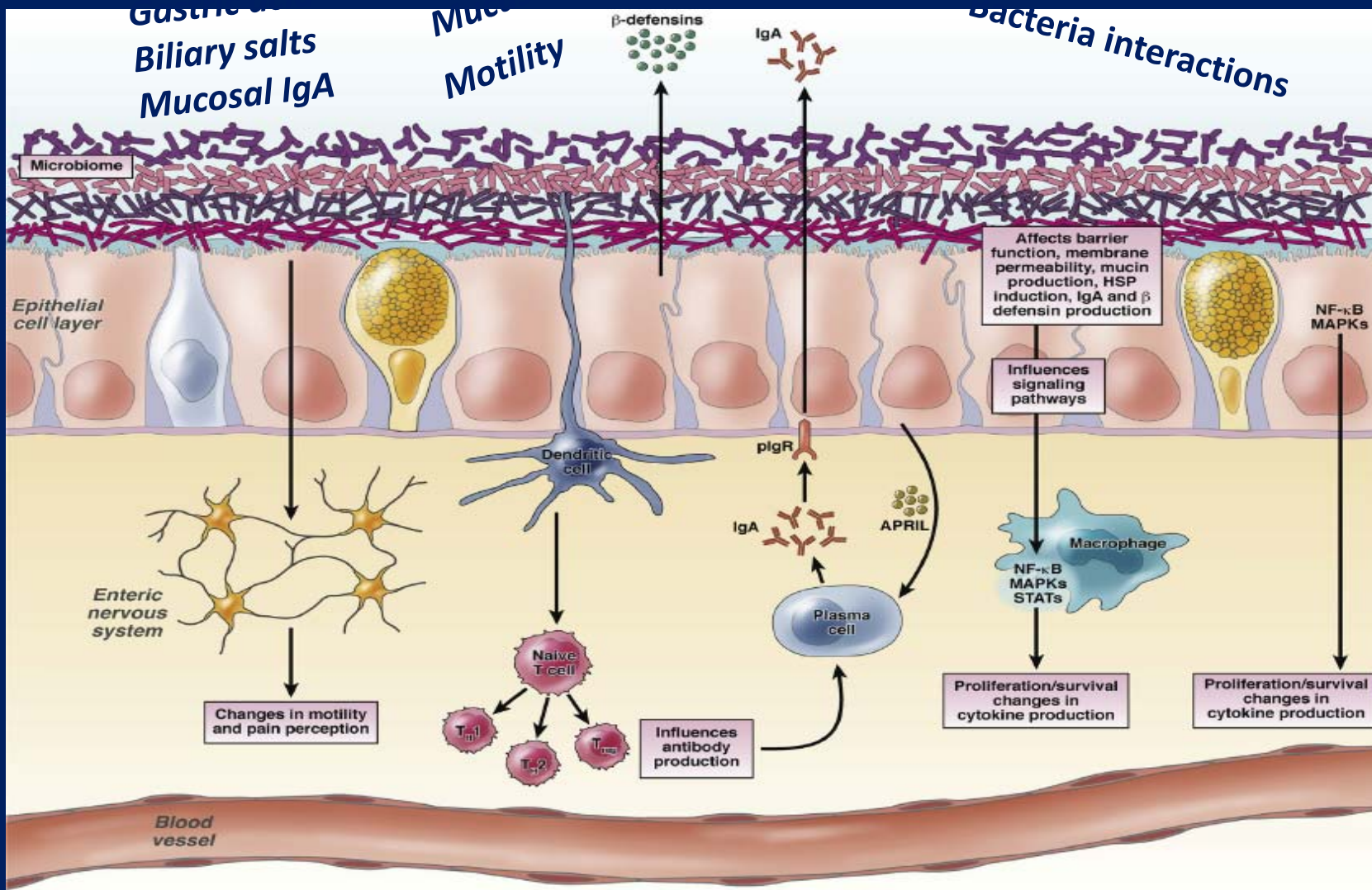
BIOTIC SURFACE

Effect of the mucolytic activity of bacteria on the surface of enterocytes

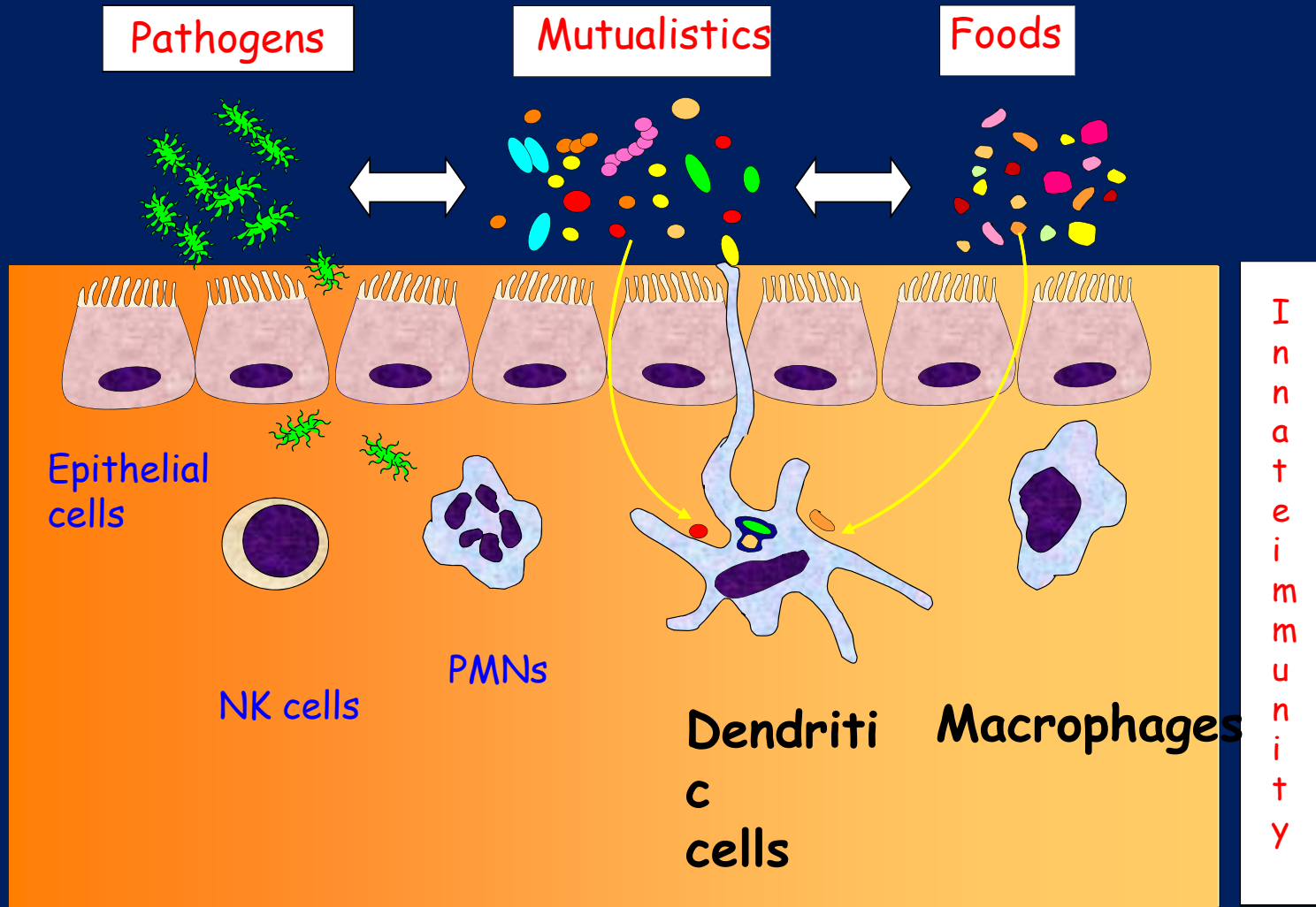


Gasbarrini G Et al., SEM, 1985

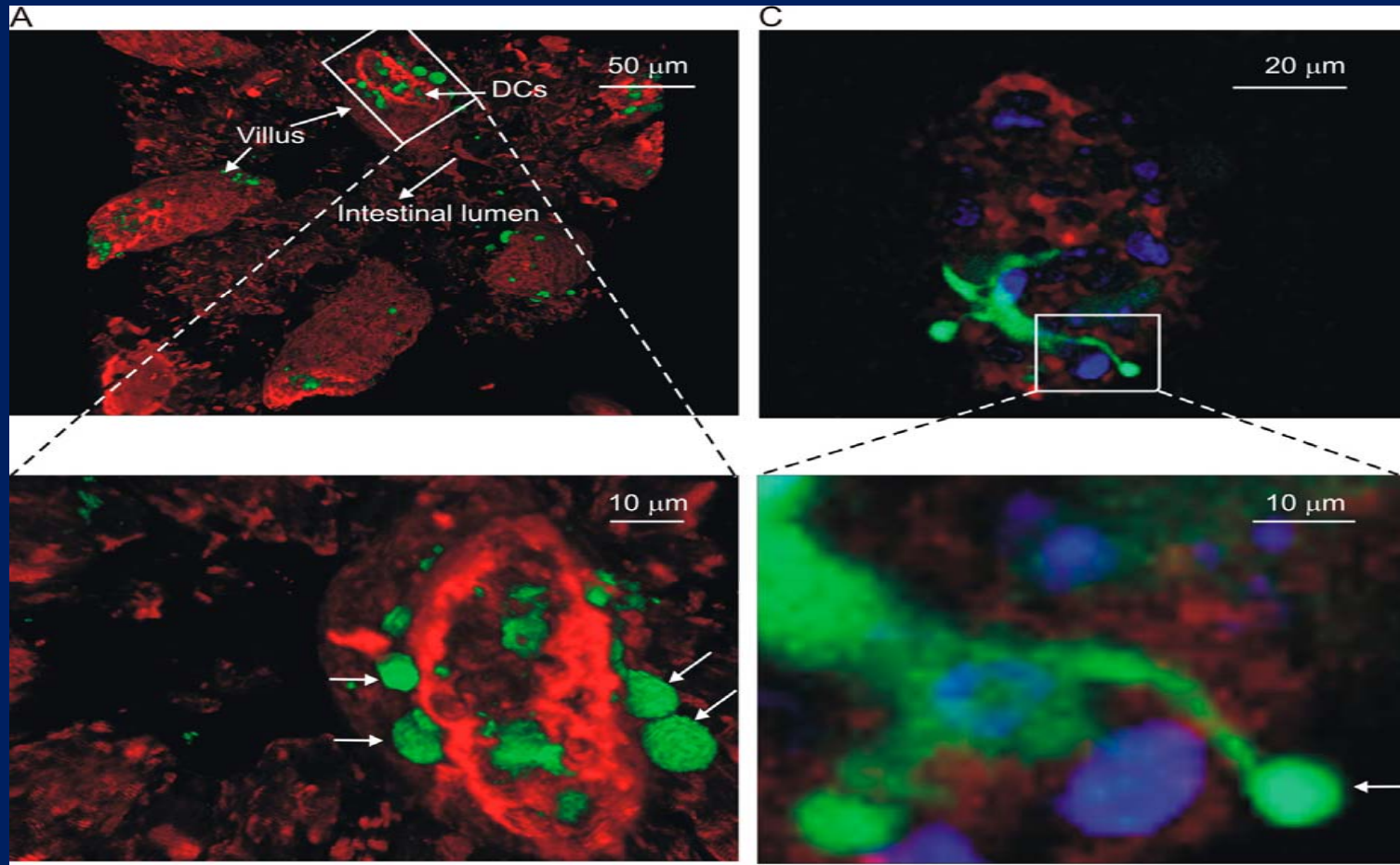
GUT BARRIER INTEGRITY



A continuous gut cross-talk



DENDRITIC CELLS form PSEUDOPODS that reach the intestinal lumen and capture dangerous molecules - Immunofluorescence



Chieppa M, JEM 2006

The intestinal epithelium is the largest of the body's mucosal surface that separates mammalian host from the external environment, and, like all the walls is attacked by enemies and is defended by friends



ROME MONUMENTS OF THE IMPERIAL FORUMS DID NOT RESIST AS...



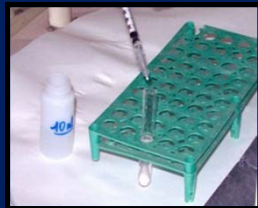


^{51}Cr -ethylenediaminetetra-acetate (^{51}Cr -EDTA)



24/hrs
urine
collection

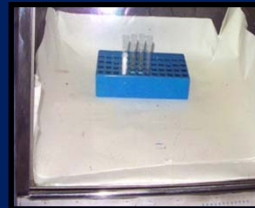
100 μCi (1.85 MBq)
 ^{51}Cr -EDTA (*Amersham Health, England*) diluted with water up to 10 ml volume



Preparation of the standard: collection of 0.2 ml (1/50) of the dose and dilution with water up to 3 ml volume



Preparation of two 3-ml urine samples



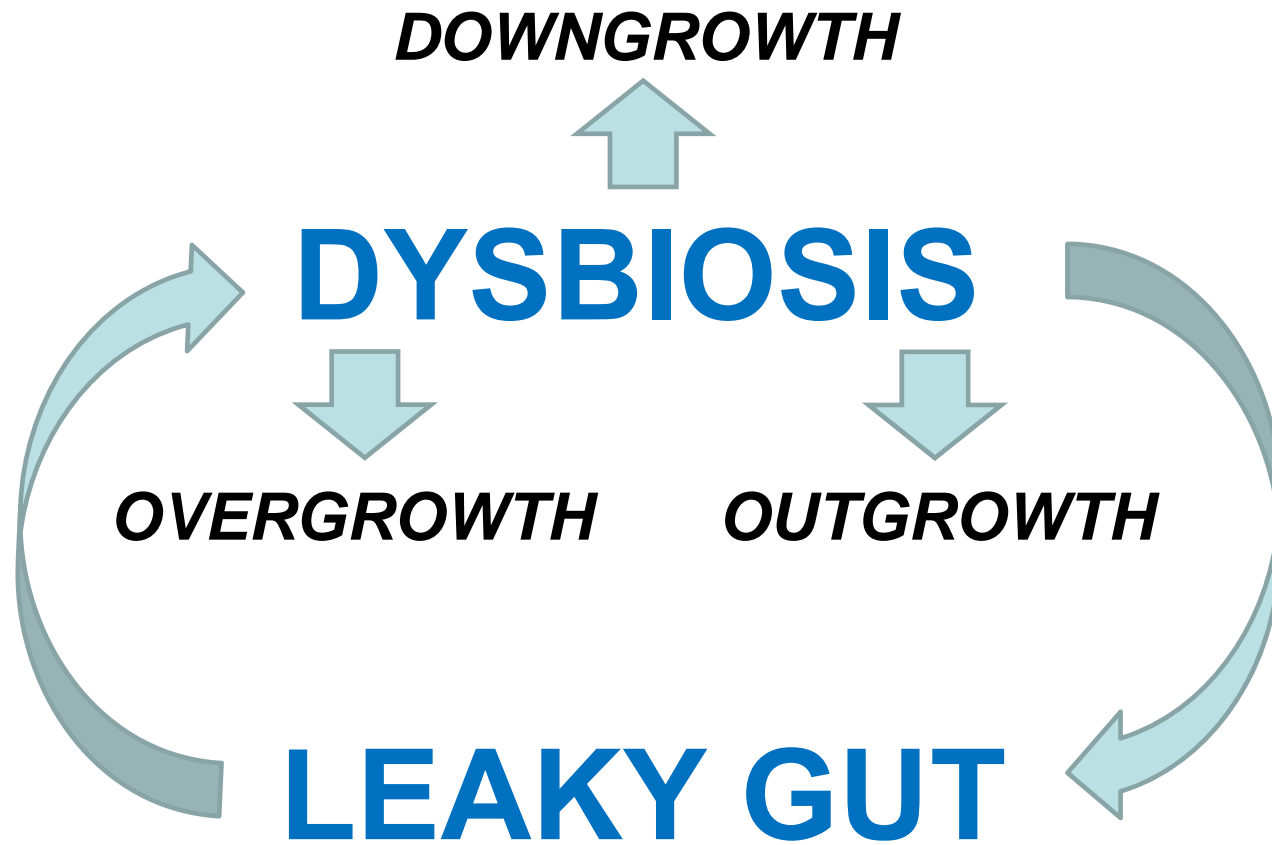
Standard, urine samples and background



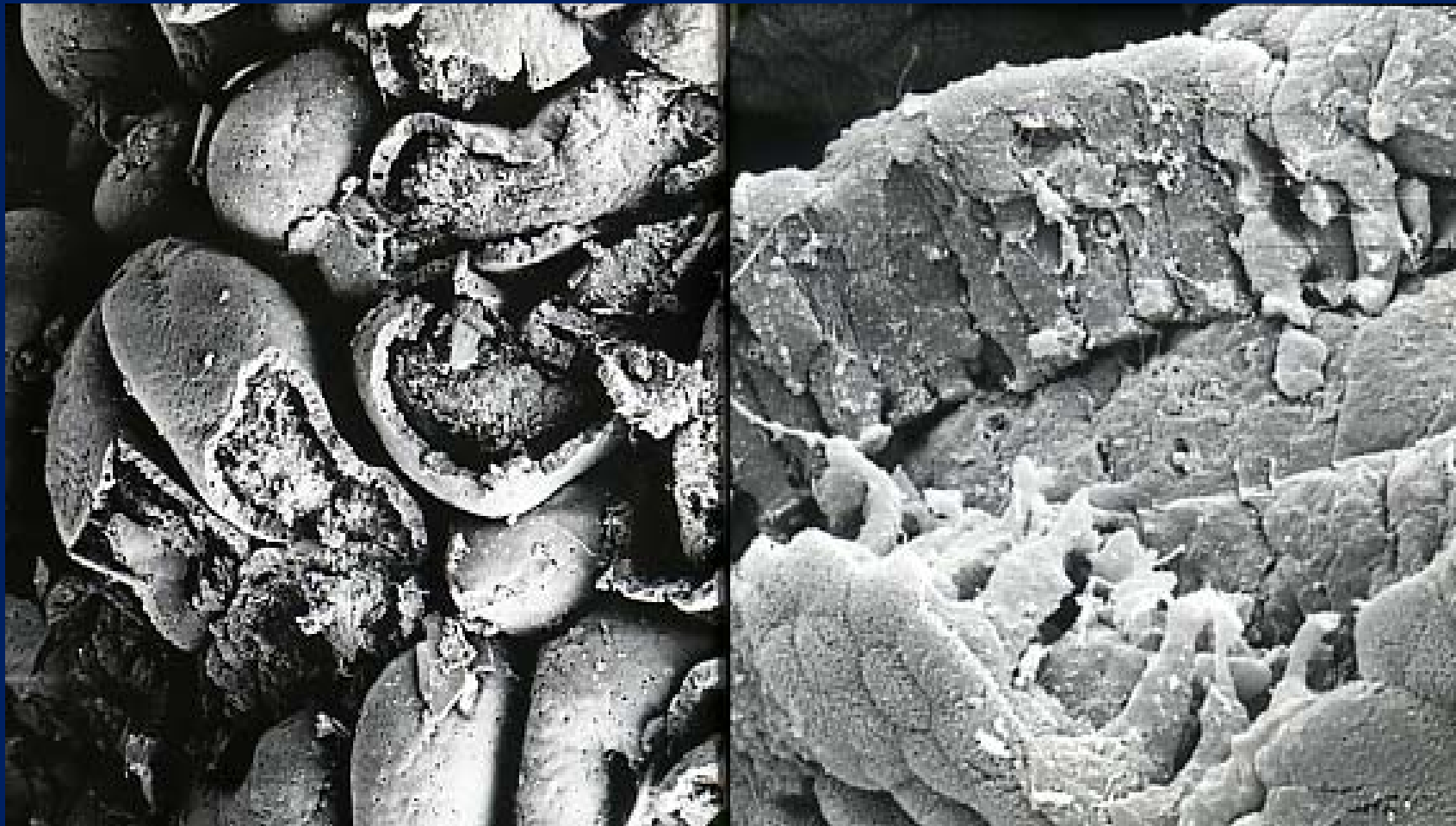
Gamma-counter counts
(*LKB-Wallac 1282 Compugamma, Turku, Finland*)



Final results expressed as percentage of administered dose according the formula:
[Mean Urinary Counts x Urinary Volume] x [Standard counts x 50]⁻¹



A NORMAL CYTOSKELETON ENABLES ENTEROCYTES TO MIGRATE AND HEAL MICROEROSIO



Gasbarrini G, Bonvicini F, SEM 1985

MANGIARE

ASSORBIRE

NUTRIRSI

**MAGREZZA DA
RIDOTTO APPORTO**



MAGREZZA DA MALASSORBIMENTO

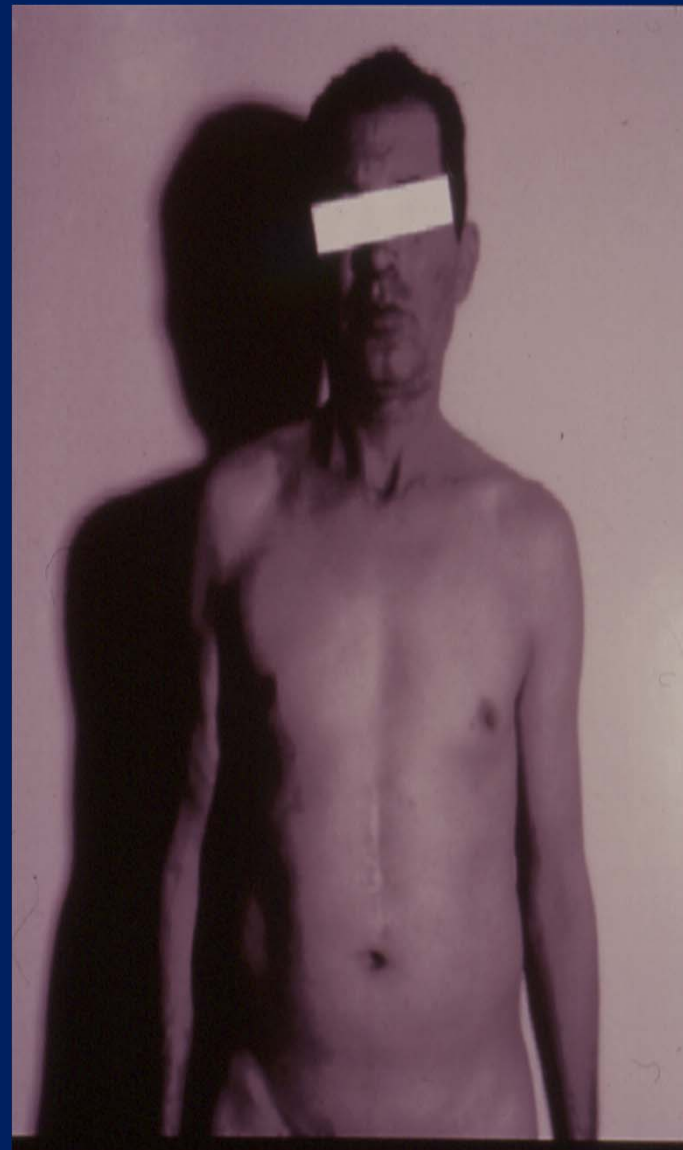
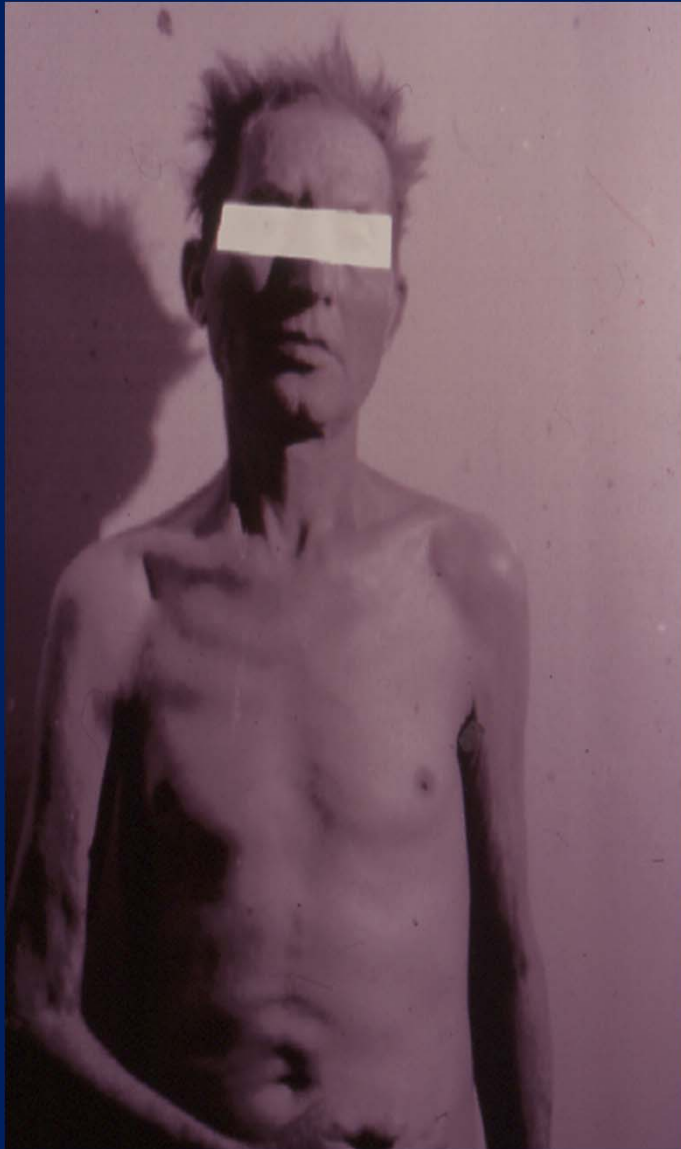




GASBARRINI G. , 1963

MAGREZZA (?) DA CONTAMINAZIONE

BATTERICA NELL'INTESTINO TENUE



Gasbarrini G., 1975

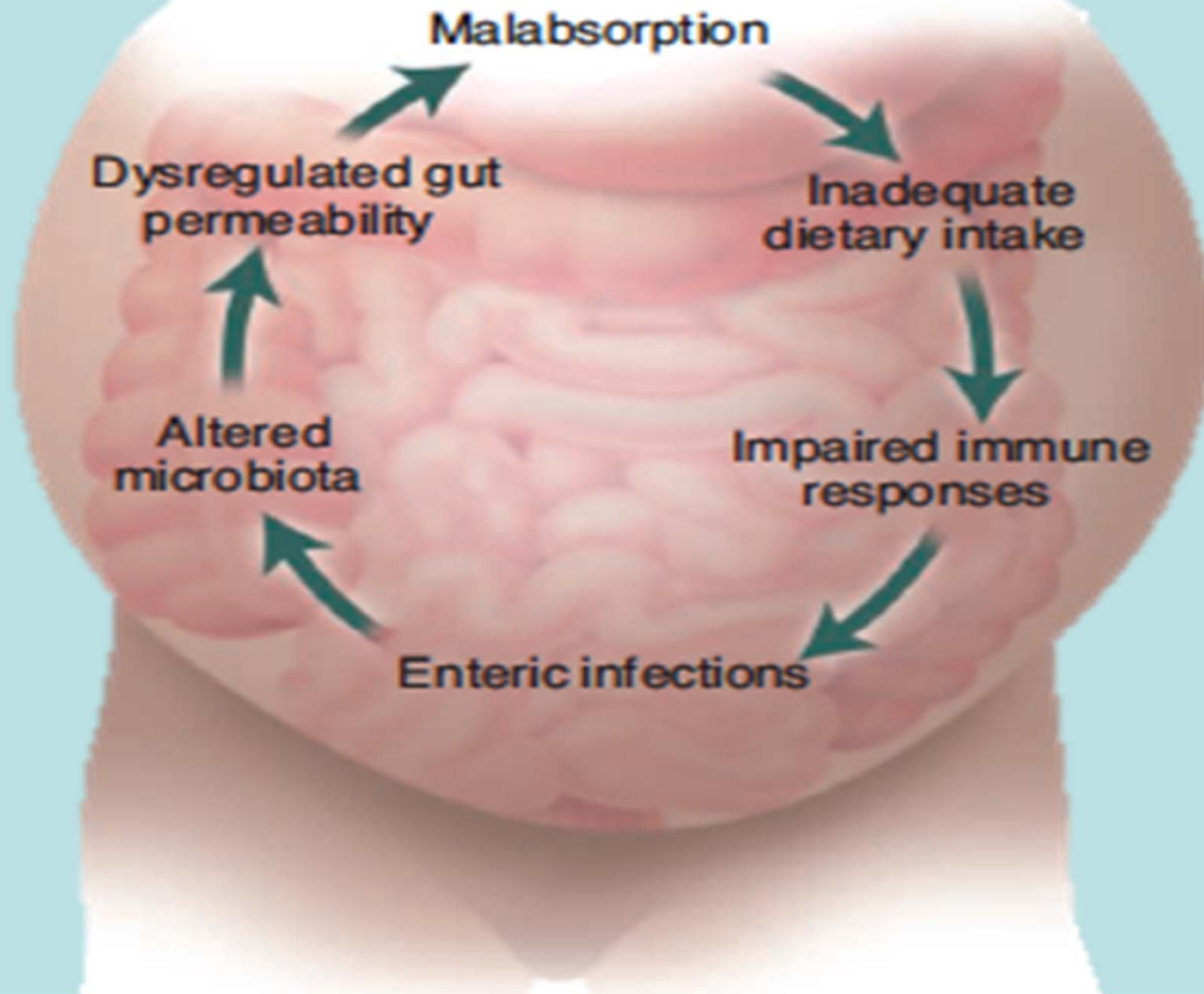




The over
microbi
that of w
increasi
There are
landscape



Vicious cycle of undernutrition

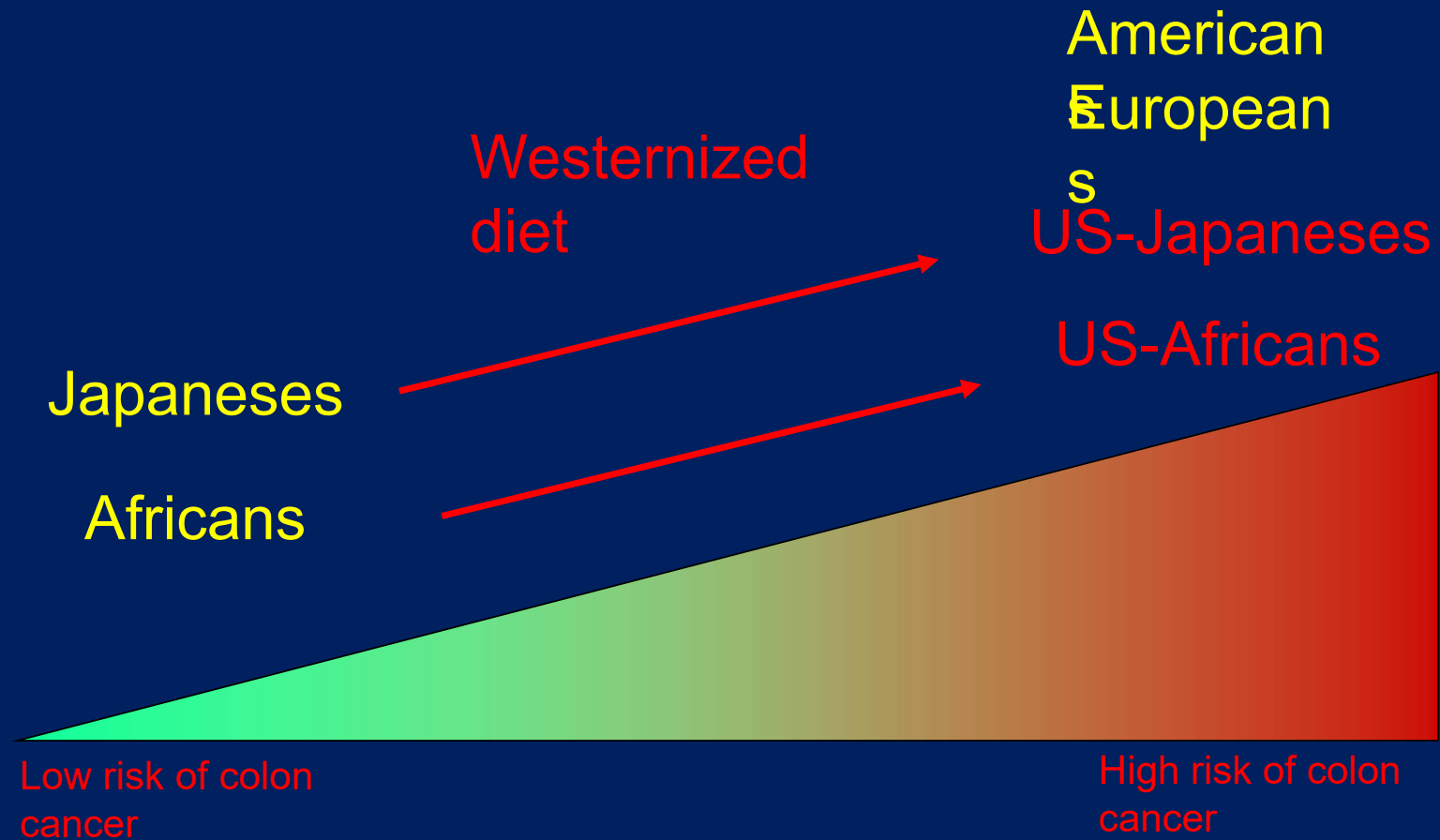


ny

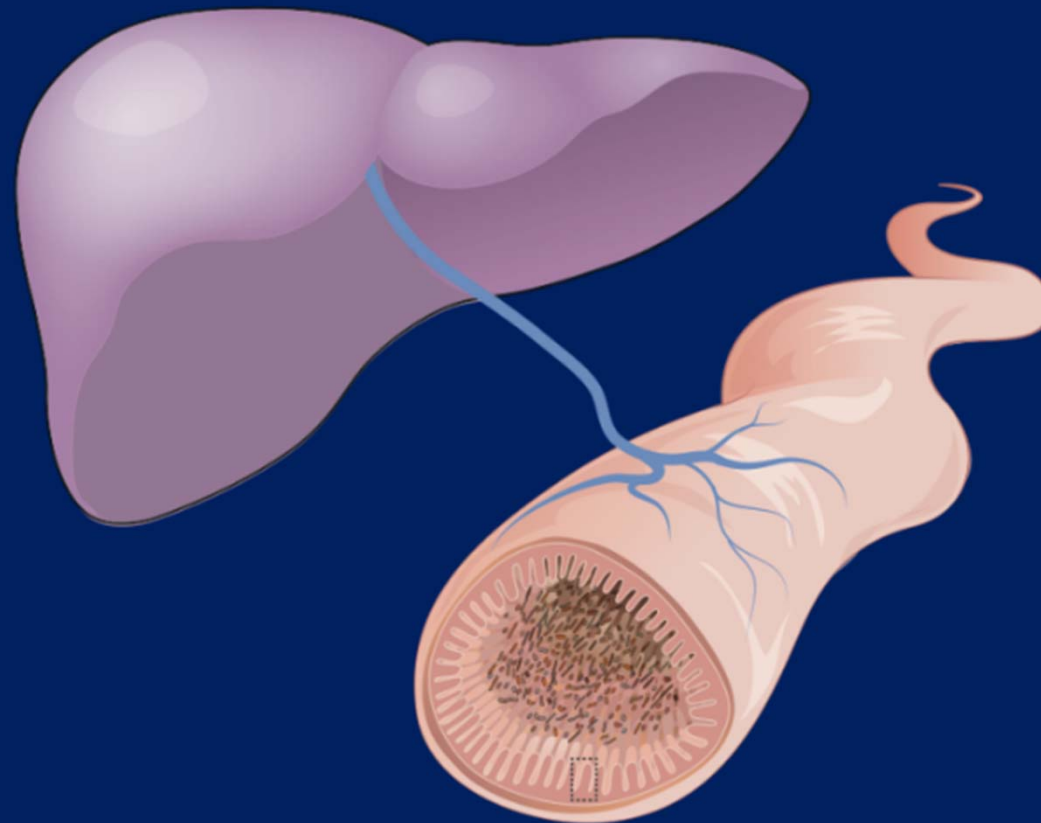
13

2

Epidemiological studies



The Gut-Liver Axis: A Busy Two-Way Street



Gut microbiota and NAFLD/NASH

**HIGH
FAT DIET**

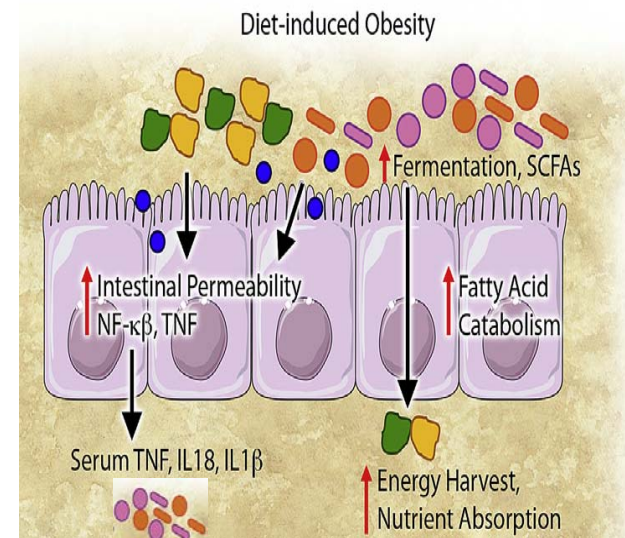


**Altered gut microbiota
(↑ Firmicutes/Bacteroidetes, ↓ diversity)
SIBO (50% of NASH pts)**

↑ Intestinal permeability



- ↓ Satiety
- ↑ Energy harvest
- ↑ Lipogenesis
- ↑ Gluconeogenesis
- ↓ Hepatic VLDL secretion
- ↑ LPL ↓ beta-oxidation=
- ↑ FFA uptake in liver/adipose tissue



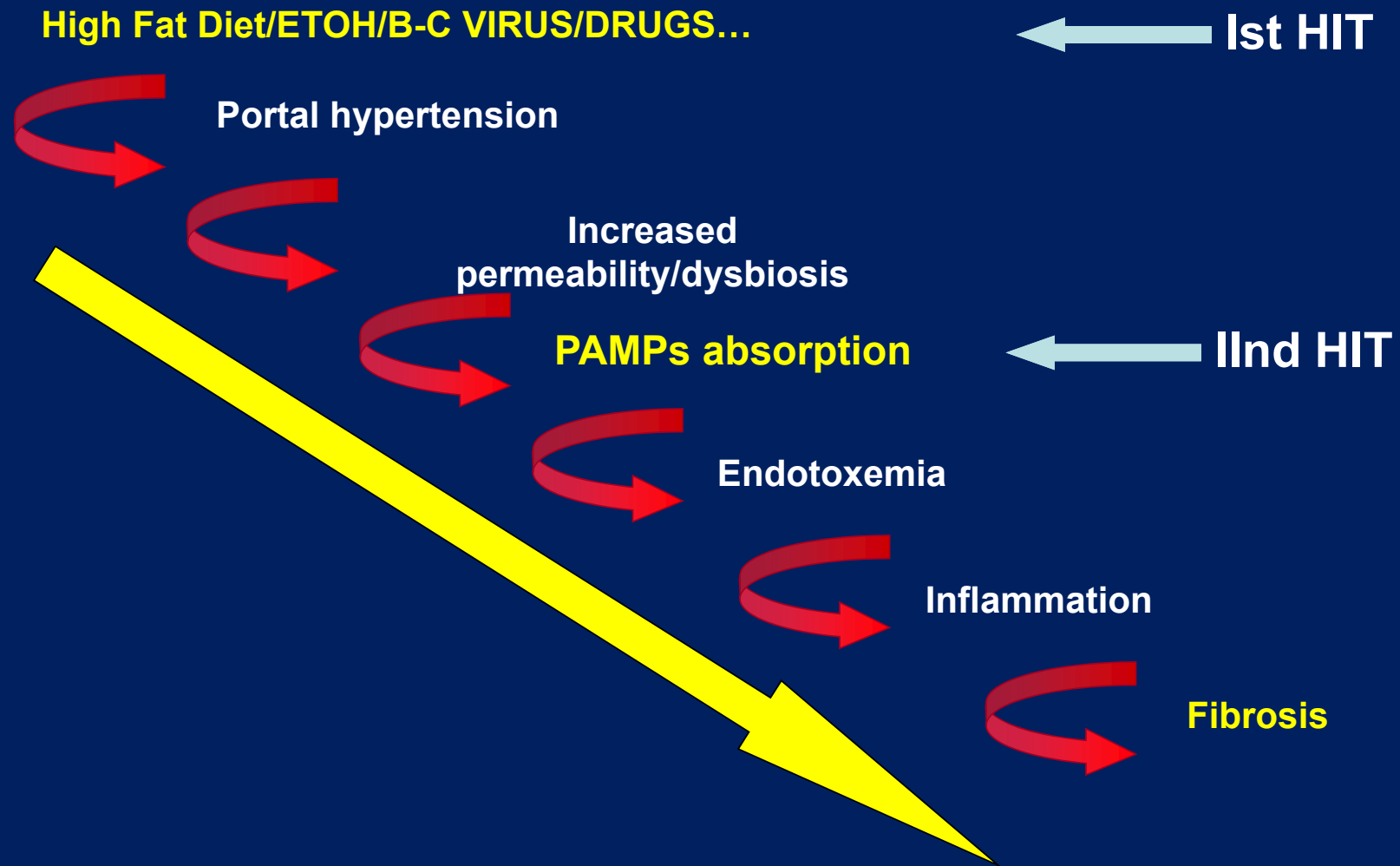
Delzenne et al., Nat Rev Endocrinol 2011

Leung DY et al. J Allergy Clin Immunol 2013

Schwabe RF et al. Gastroenterology 2012

Ponziani FR et al. Exp Rev Gastroenterol Hepatol 2015

ROLE OF MICROBIOTA IN LIVER DISEASE PROGRESSION

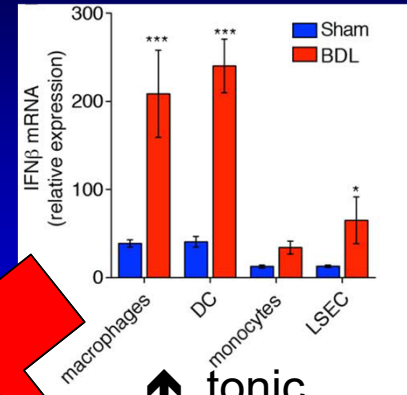


Gut bacteria translocation & immune dysfunction

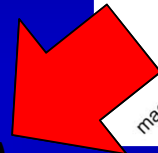
**MURIN MODEL
OF LIVER
FIBROSIS**



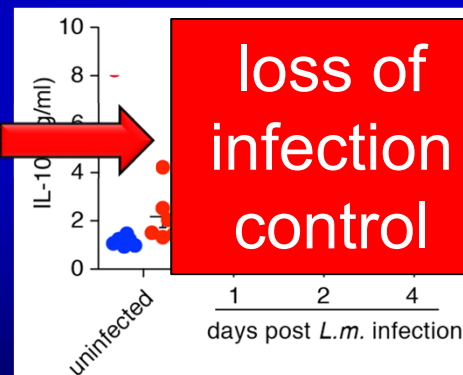
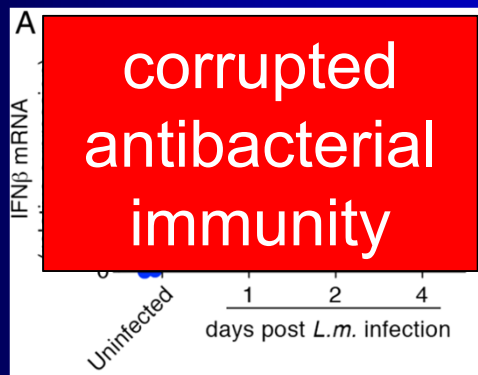
Gut microbiota
translocation



AFTER BACTERIAL INFECTION (*L. monocytogenes*)



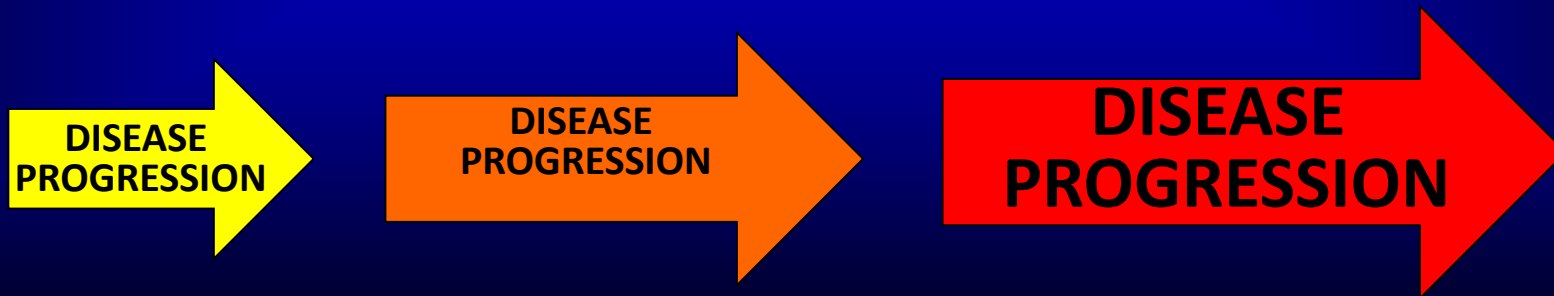
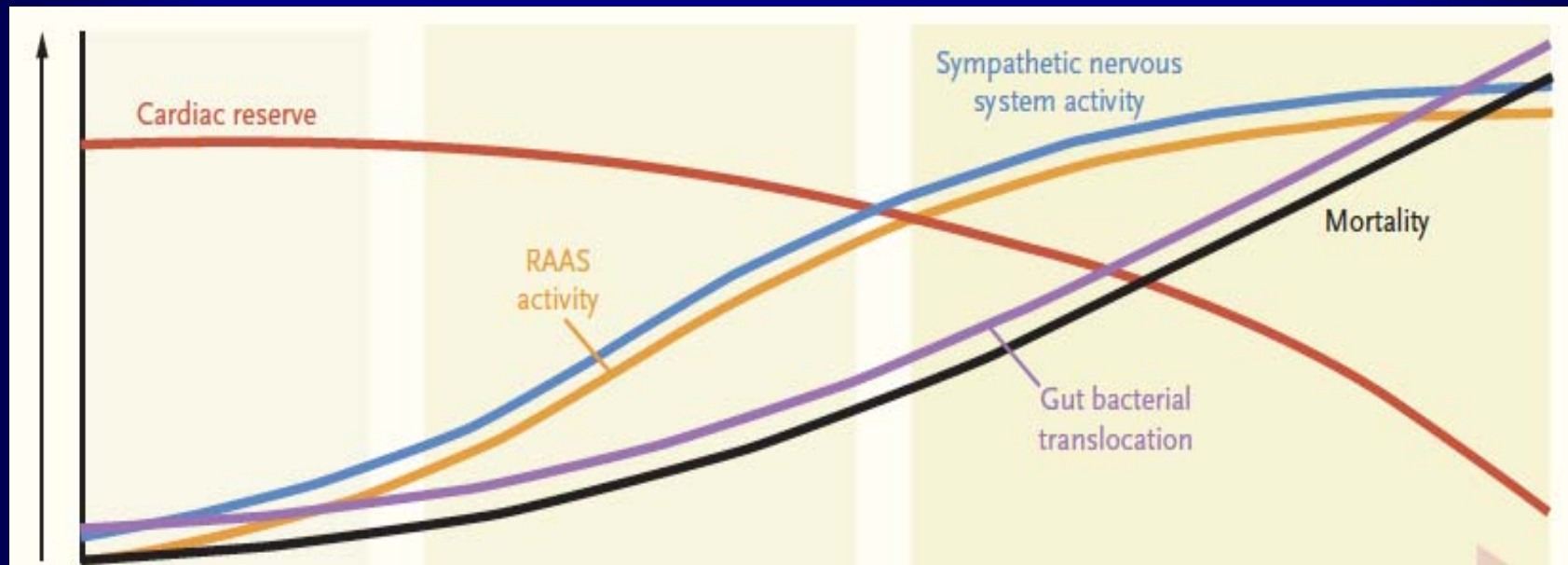
↑ tonic
type I IFN



MORTALITY

increased myeloid cells production of high concentrations of IFN and IL-10

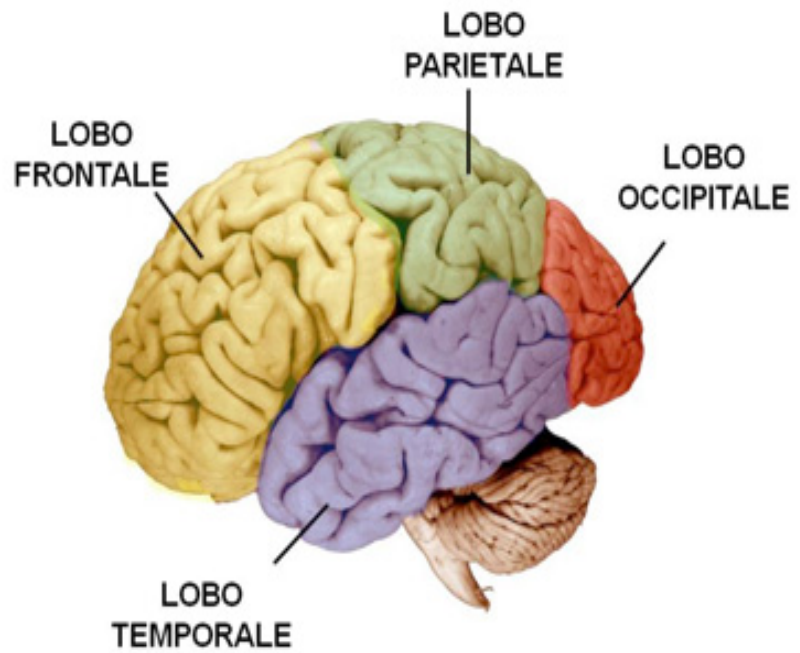
TODAY...
GUT MICROBIOTA HAS A PROGNOSTIC VALUE
IN LIVER CIRRHOSIS



MICROBIOTA INTESTINALE

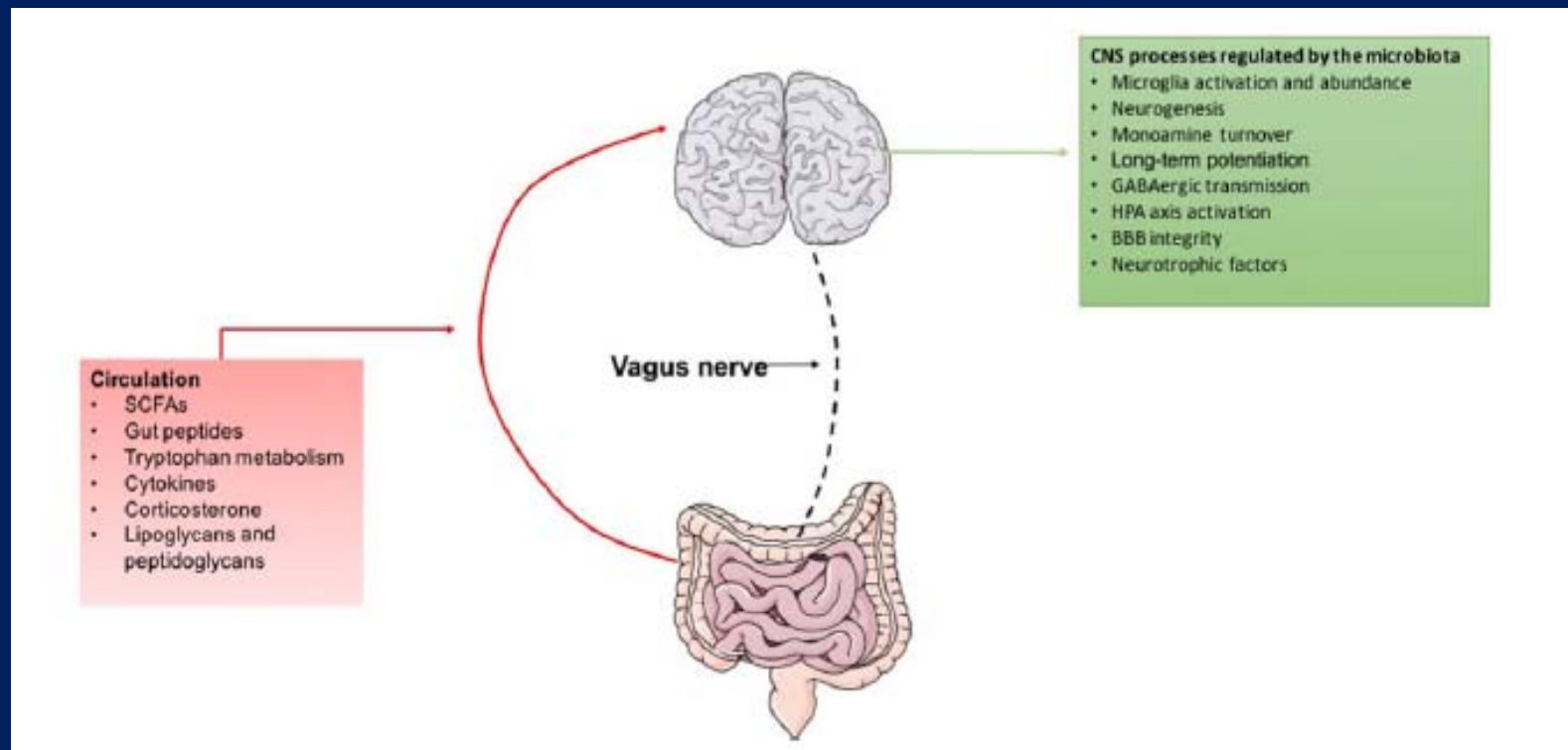


GASBARRINI G. 19



2 ⇌ ? ⇌ 1

MICROBIOTA-GUT-BRAIN AXIS



Sherwin E et al, Recent developments in understanding the role of the gut microbiota in brain health and disease. Ann N Y Acad Sci. 2017 Aug 2. doi: 10.1111/nyas.13416.

GUT MICROBIOTA

NEUROLOGIC DISEASES



- Parkinson's disease (PD)
- Alzheimer's disease (AD)
- Cerebrovascular diseases
- Affective disorders
- Alcohol addiction

- Autism spectrum disorders
- Multiple Sclerosis



Not typical of
the elderly

A scanning electron micrograph showing a dense population of Helicobacter pylori bacteria on a gastric mucosal surface. The bacteria are small, curved, and appear to be clustered together, covering the surface of the mucosa. The background shows the irregular, textured structure of the mucosal surface.

Mucosa gastrica colonizzata da un grande numero di *H. pylori*

G .GASBARRINI e F. BONVICINI, Scanning
1985

MICROBIOTA-GUT-BRAIN AXIS

- Neurotransmitters synthesis
 - Modulation of the immune system
 - Neuroactive metabolites production
 - Vagus pathway
 - Modulation of key dietary amino-acids (TRP)
- Neuroinflammation
 - Stress
 - Neurotransmission
 - Neurogenesis
 - Modulation of complex behaviors

E' IL MICROBIOTA INTESTINALE

(ospite)

O L' INTESTINO TENUE

(ospitante)

IL NOSTRO SECONDO CERVELLO ?

- CIBO E STILE DI VITA,

**- FATTORI AMBIENTALI
E GENETICI (INDIVIDUALI
E MICROBIOMA)**

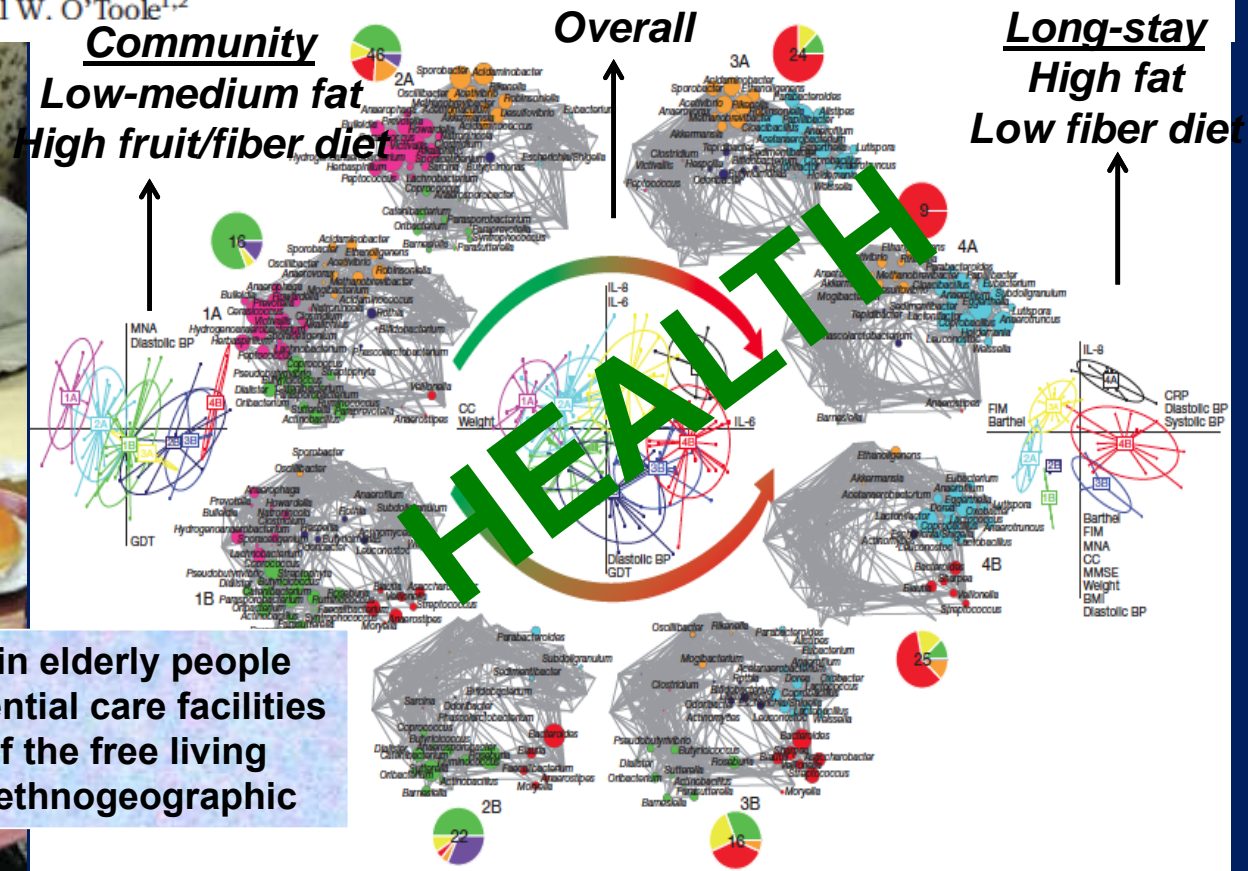
Gut microbiota composition correlates with diet and health in the elderly

178 | NATURE | VOL 488 | 9 AUGUST 2012

Marcus J. Claesson^{1,2*}, Ian B. Jeffery^{1,2*}, Susana Conde³, Susan E. Power¹, Eibhlís M. O'Connor^{1,2}, Siobhán Cusack¹, Hugh M. B. Harris¹, Mairead Coakley⁴, Bhuvanewari Lakshminarayanan⁴, Orla O'Sullivan⁴, Gerald F. Fitzgerald^{1,2}, Jennifer Deane¹, Michael O'Connor^{5,6}, Norma Harnedy^{5,6}, Kieran O'Connor^{6,7,8}, Denis O'Mahony^{5,6,8}, Douwe van Sinderen^{1,2}, Martina Wallace⁹, Lorraine Brennan⁹, Catherine Stanton^{2,4}, Julian R. Marchesi¹⁰, Anthony P. Fitzgerald^{3,11}, Fergus Shanahan^{2,12}, Colin Hill^{1,2}, R. Paul Ross^{2,4} & Paul W. O'Toole^{1,2}



Microbiota composition in elderly people living in long-stay residential care facilities was different from that of the free living elderly, within the same ethnogeographic region.



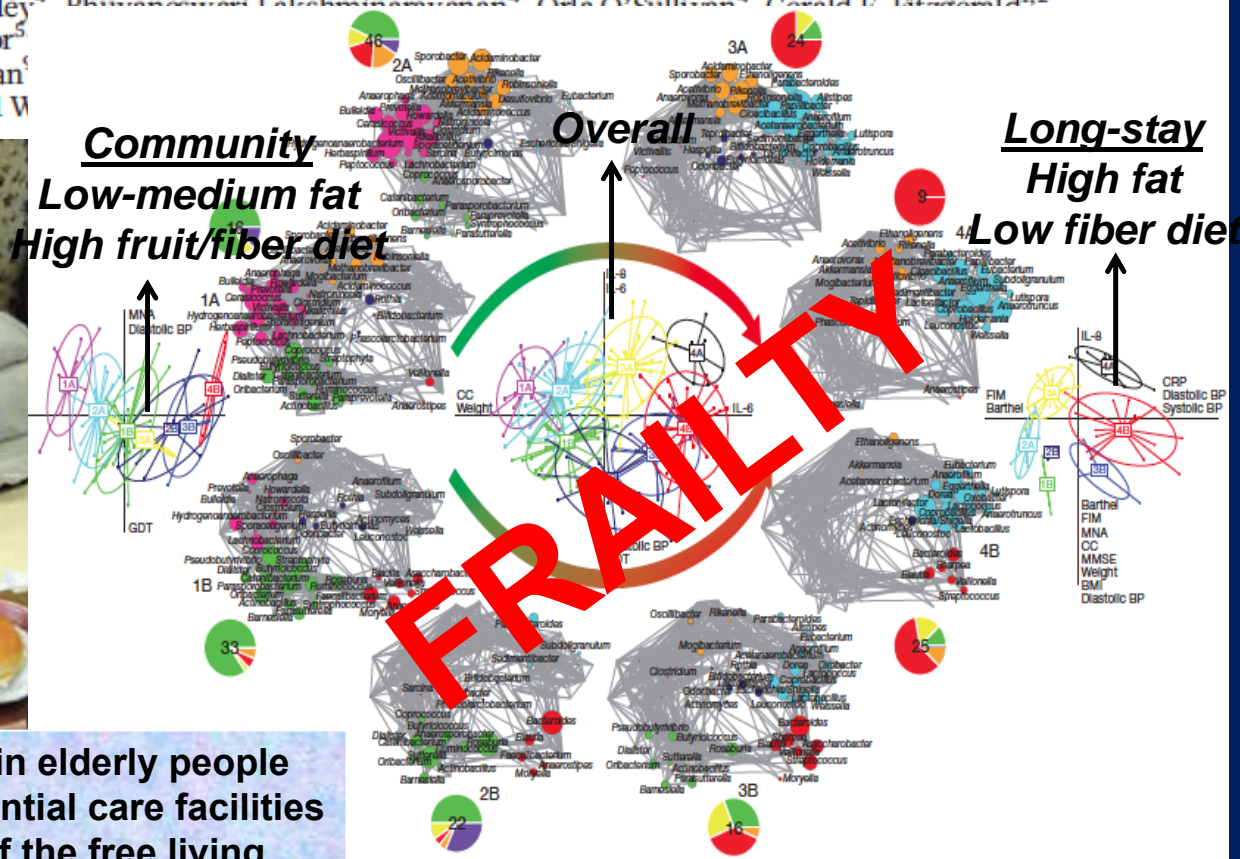
Gut microbiota composition correlates with diet and health in the elderly

178 | NATURE | VOL 488 | 9 AUGUST 2012

Marcus J. Claesson^{1,2*}, Ian B. Jeffery^{1,2*}, Susana Conde³, Susan E. Power¹, Eibhlís M. O'Connor^{1,2}, Siobhán Cusack¹, Hugh M. B. Harris¹, Mairead Coakley⁴, Phumwanwari Lalchamvongwan⁴, Orla O'Sullivan⁴, Gerald E. Fitzerald^{1,2}, Jennifer Deane¹, Michael O'Connor⁵, Martina Wallace⁹, Lorraine Brennan⁶, Colin Hill^{1,2}, R. Paul Ross^{2,4} & Paul W.



Microbiota composition in elderly people living in long-stay residential care facilities was different from that of the free living elderly, within the same ethnogeographic region.



The Gut Microbiota of Rural Papua New Guineans: Composition, Diversity Patterns, and Ecological Processes

Asaro and Suasi (Papua Nuova Guinea populations):

-live in traditional settings

-no sewage, wastewater, or drinking water treatment facilities exist, drinking water is derived primarily from rivers, streams, or rainwater and is mainly consumed without boiling or any other treatments

-both communities rely on subsistence agriculture for their food supply, with households having their own gardens

-under-nutrition is rare in PNG, as carbohydrate sources are generally available.

-staple foods are sweet potato, taro, and plantain, which are traditionally cooked in open fires and meat-derived protein (principally pork and fish) is consumed less frequently

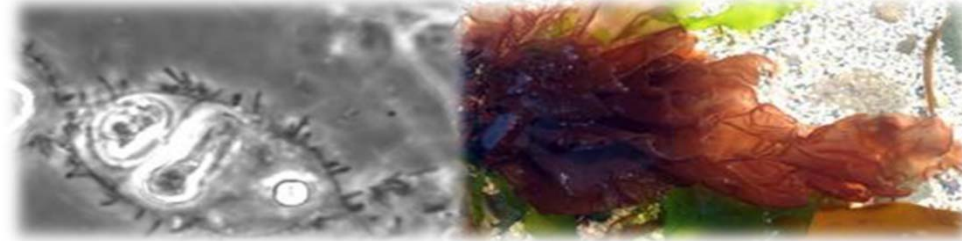
-antibiotic use is high due to the high burden of infectious diseases, poorly regulated administration, and the lack of diagnostic capacity, which leads to empirical treatments.



Martinez I et al. Cell Press 2015

Diet and gut bacteria

“A special gift for sushi eaters”



Zobellia galactanivorans is a marine Bacteroidetes able to metabolize the polysaccharide porphyran from marine red algae. Metagenomics revealed that porphyranases were common in the Japanese population but absent in North American individuals.

In Japan, the genome of the gut bacterium Bacteroides plebeius revealed presence of a porphyran utilization locus upstream of genes for conjugative DNA transfer, acquired by horizontal gene transfer from sea-weed-associated bacteria found in sushi.



Heheann JH et al. Nature 2010

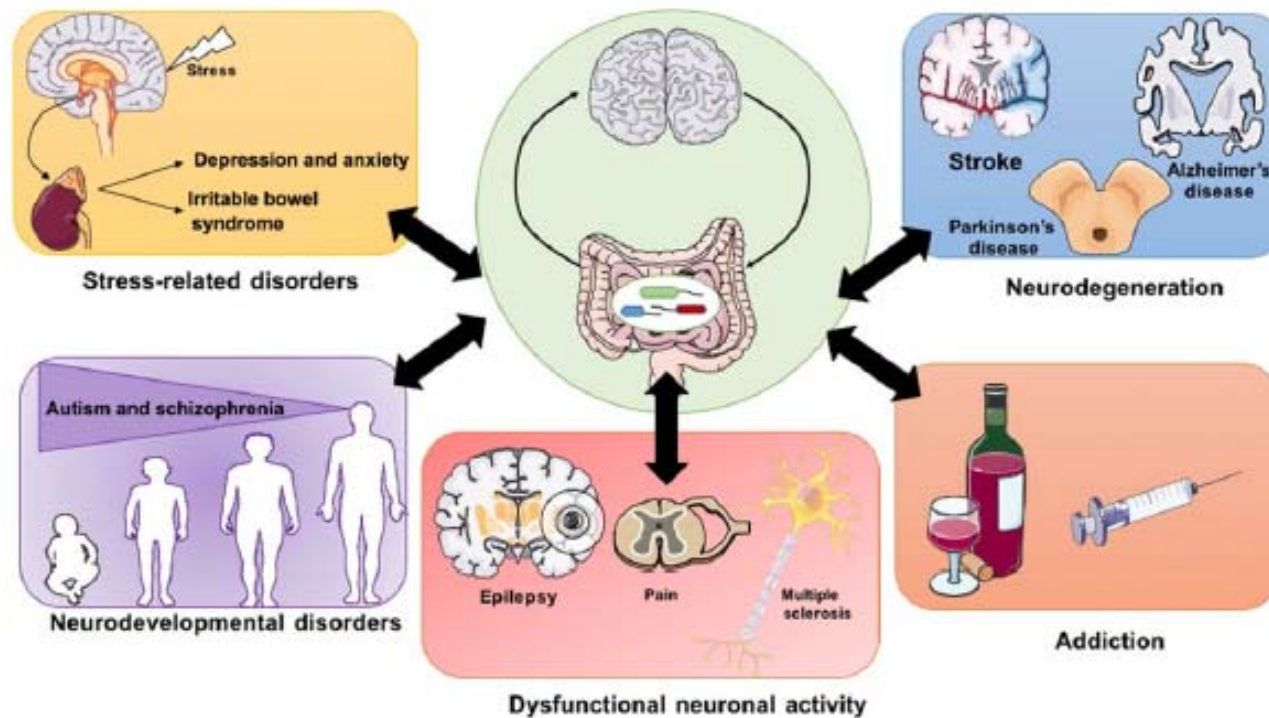
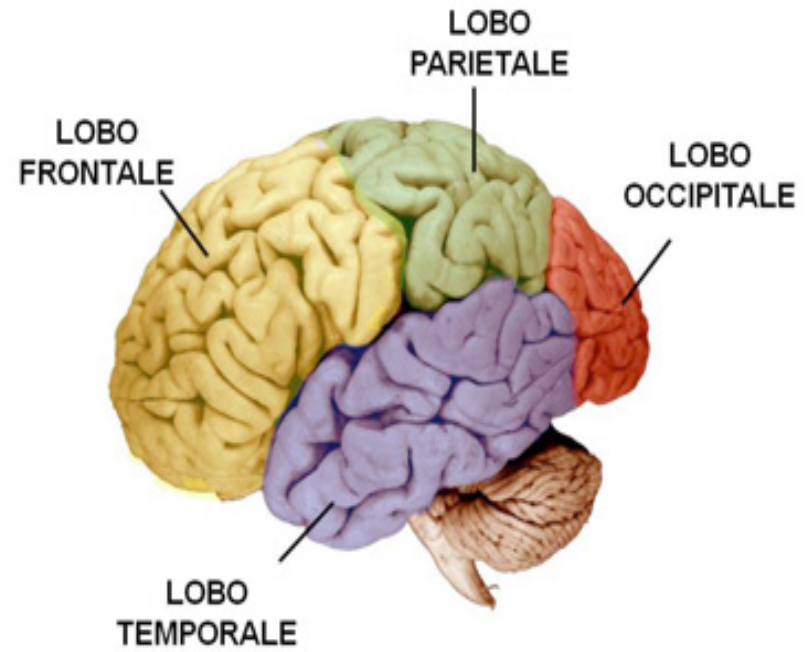


Figure 3. Overview of the gut–microbiota–brain axis in neurology and psychiatry. Evidence now suggests that the microbiota–gut–brain axis is involved in a variety of neurological and psychiatric conditions, such as depression, addiction, stroke, and Parkinson’s disease. Moreover, modulating the microbiota in these conditions using probiotics, prebiotics, or through diet has displayed efficacy in preclinical studies, with some clinical studies also demonstrating efficacy. However, a greater understanding of how the intestinal commensals are affected in these various conditions will allow for the rational development of microbiota-based therapies in these various disorders.

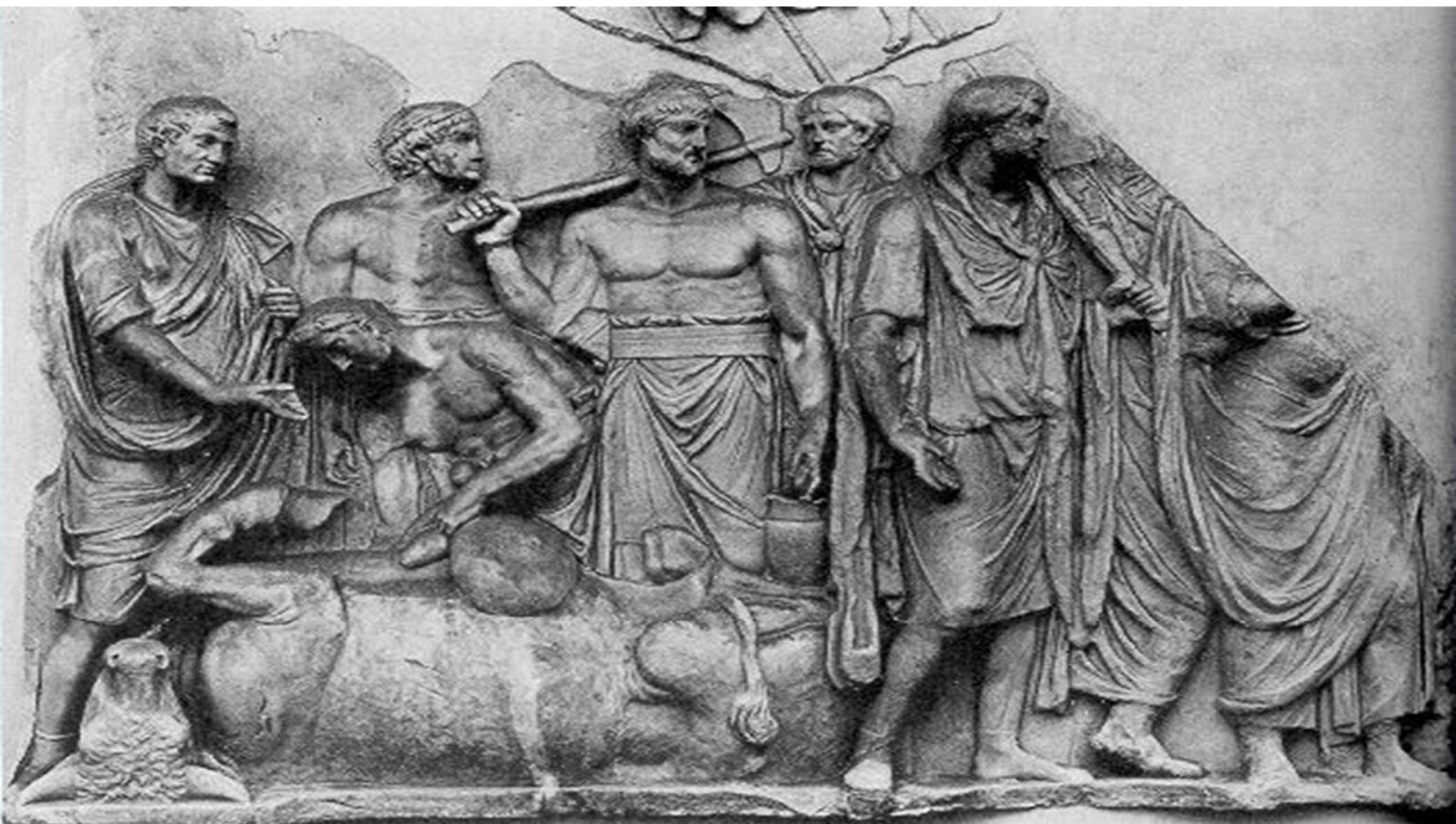
MICROBIOTA INTESTINALE

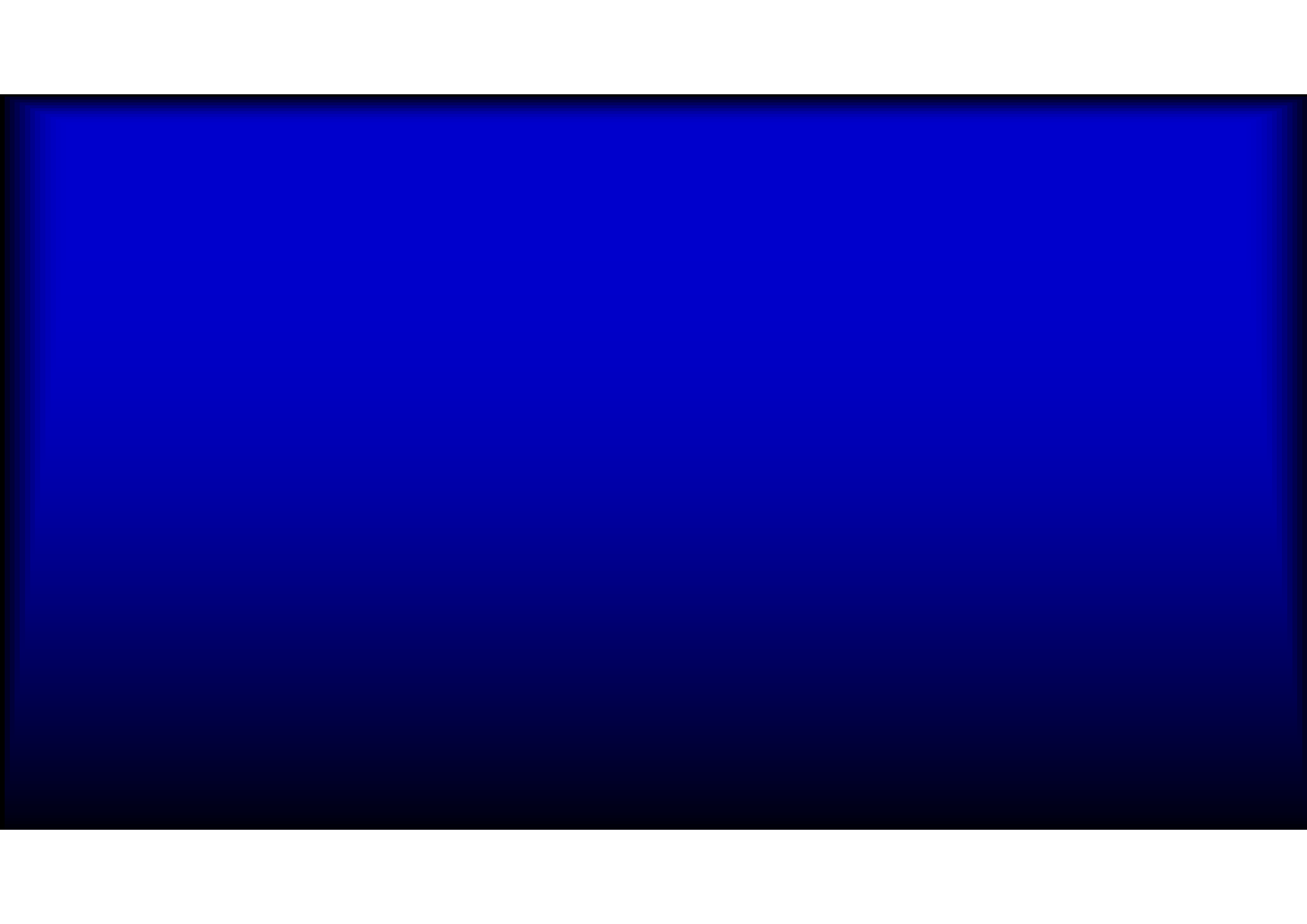


GASBARRINI G. 19



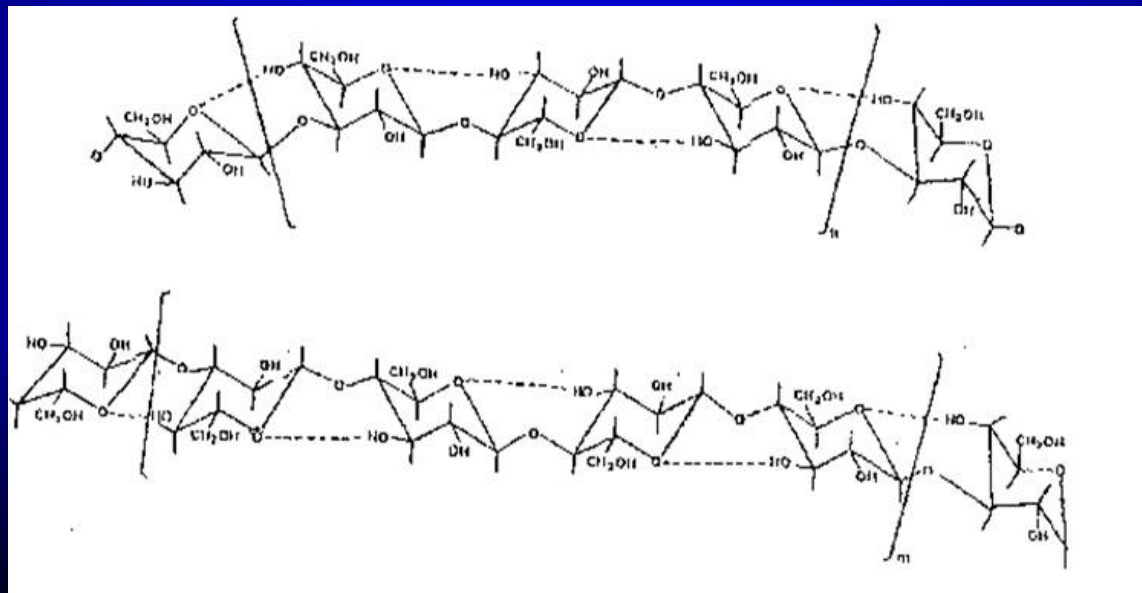
2 ⇌ ? ⇌ 1





Beta-Glucano

- Il Beta-glucano modula la risposta immunitaria riducendo l'attivazione della cascata citochinica e l'attivazione delle cellule NK
- Riduce, inoltre, la permeabilità intestinale









ORGANO ASSORBENTE

INTESTINO TENUE : condiziona il benessere di tutto l' organismo

XI° ORGANO

MICROBIOTA INTESTINALE : induce la vita, la malattia, la morte

ATTIVO

E' IL MICROBIOTA INTESTINALE O L' INTESTINO TENUE

(*ospite*)

(*ospitante*)

(

IL NOSTRO SECONDO CERVELLO ?

ED E' PROTAGONISTA O GREGARIO (« SERVITOR CORTESE

QUELLO CENTRALE ?

